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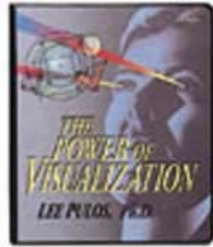
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### The Power of Visualization

Lee Pulos, Ph.D.



CDs or Cassettes, Workbook

#### Seeing is Achieving

[Listen](#)  
(Requires [Windows Media Player](#))

**Visualization** has helped millions of people achieve goals. And it can be the most powerful tool for achievement you have ever used.

It gives you the power to identify and **obliterate roadblocks** to progress.

It makes your path to success so real that you can almost feel it, hear it, smell it, as well as see it in the mind's eye.

Testimonials from those trained in visualization come from all walks of life. From salespeople whose bottom lines have improved year after year. From managers whose professional standings have continued to rise. And from athletes whose championship dreams have come true.

But knowing the many benefits of visualization—hearing the inspiring stories of achievement and glory—does not translate into doing it for yourself...**seeing your own successful future.**

Training in visualization has only been available from experts in sports psychology and personal trainers. It has never been available in any **easy-to-learn self-training system.** Until now.

In this ground-breaking audio program, Dr. Lee Pulos demonstrates and explains this amazing technology for personal change.

Here are the keys to making it work in goal achievement, sales, sports, or even in maintaining your health—wherever personal challenges need to be met.

Listen as Dr. Pulos instructs you how to:

- Utilize the **six types of visualization**
- Discover the power of **"image streaming"**
- Boost your energy
- Increase your capacity for self-healing
- Raise your self-esteem
- Create a **spiral of success** in your life

Whether it is for decision making, problem solving, heightening creativity or controlling a specific behavior, [The Power of Visualization](#) can transform your life. Let Dr. Lee Pulos teach you that, truly, seeing is achieving.

[Click here to find out more.](#)



**Author bio:** Lee Pulos, Ph.D., is a master educator on mental training to achieve peak performance, a leading authority on corporate and personal development, a stress-management counselor, and an astonishingly successful entrepreneur. A clinical psychologist who has worked with Olympic athletes and Team Canada, Dr. Pulos has conducted clinics for coaches throughout North America. Profiled on radio and television programs worldwide, he is also the author of two books, *Miracles and Other Realities* and *Beyond Hypnosis*, and a Nightingale-Conant audio program, *The Power of Visualization*. Dr. Pulos majored in psychology in UCLA and earned a doctorate in clinical psychology at the University of Denver.

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