

SAINT LOUIS UNIVERSITY

Ignatian Passion: The Challenge of the Cross in the 21st Century

JULY 24 – 27, 2008 – St. Louis, Missouri



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Track A Workshops

For those relatively new to Ignatian spirituality, presented in a lecture format

A1. The Inner Dynamic of the Spiritual Exercises

Friday, 3:00 to 4:15 p.m. Carol Auditorium in Ritter

Presenter: Marian Cowan, C.S.J., has taught courses on the Spiritual Exercises at Creighton University, Aquinas Institute of Theology and in the Bridges Program in St. Louis. She has mentored directors in the Exercises in St. Louis, Denver, Manresa, Spain and Indonesia. She is co-author (with John Futrell, S.J.) of *Companions in Grace: A Handbook for Directors of the Spiritual Exercises of St. Ignatius of Loyola*.

When introduced to the possibility of making the Spiritual Exercises of St. Ignatius, many persons shudder at the thought, because the only thing they know about the Exercises is that there is a strict structure to them, especially in the 30-day retreat that appears quite formidable: four or five prayer periods a day, 30 days of silence.. What they need to know is that this extended period of structured prayerfulness in their lives has an inner dynamic that is designed to open them more and more to a deepening relationship with God. During his long convalescence after a battle injury, St. Ignatius came to realize that his own conversion followed a pattern that actually could be quite universal. Testing his theory in the years that followed, he eventually formulated the Spiritual Exercises, which have endured to this day.

It is the inner dynamic of the Spiritual Exercises that we will explore in this workshop, noting the connections to the outer structure. The process will include lecture and discussion.

A2. Out of the Darkness, Into the Light: Suffering and the Life of Ignatius

Friday, 11:00 to 12:15 p.m. Kelly Auditorium

Presenter: Madeleine Lane, S.S.N.D., is director of The Family Center, a center for counseling and spirituality, located in St. Louis. A spiritual director, family therapist, guest speaker, and retreat director, she is currently adjunct faculty for Aquinas Institute of Theology and teaching for Prayer Companions and Bridges. She taught ten years in the Creighton Spirituality Program.

During the Third Week of the Exercises, we look at the depth of commitment in light of suffering, moving us to a deeper, loving relationship with God. The journey follows Jesus to the cross and the meaning of despair and loneliness as well as compassion. Looking at the life of Ignatius, one of thirteen children with many family stories, we explore an understanding of the meaning of suffering in his life. He had a passion for loving and wanting to be loved, was troubled by gambling, scruples, suicidal tendencies, and many illnesses. We'll consider the question: If Ignatius came to you for spiritual direction today; would you believe he might need psychological help?

The Exercises are a good source for dealing with emotions and feelings that help us become aware of the movement of the Spirit in our lives, truly a grounding and source of affirmation in suffering. We

will discuss the ways of suffering in our world rooted in images from the Exercises as well as the role of the women in the passion, and the powerlessness of one who suffers. We'll also address several questions: Do men look at suffering from a different light than women? What needs to die in me in order to really live? How did the suffering in the life of Ignatius call him into a greater love relationship and companionship within his mission? Is suffering in my life an invitation to a greater sense of loving and mission?

A3. Some Reflections on the Coherence Between the Third Week of the Exercises and the Graces Desired of the Other Weeks of the Exercises

Saturday, 1:30 to 3:45p.m. Baer-Fuller in Kelly Auditorium

Presenter: Edward C. O'Brien, S.J., is a staff member of White House Retreat in St. Louis. Over the years of his priestly ministry, he has served as a high school theology teacher, a pastor, a master of novices, and on the staff of a retreat center in Kenya.

The workshop will involve a textual reflection of the Third Week colloquies, directions, and graces desired. In this we will also consider the cohesion and the relationship of the cross to the Principle and Foundation, indifference, the graces desired in the first week, the Call of the King, and then to key components of the Second Week. The latter includes the graces of intimate knowledge of Christ, the love and desire to serve him; the Second Week colloquies especially the Triple Colloquy of the Two Standards; the Three Classes and the Three Degrees of Humility. Finally, how all of this pertains to the wounds in the body of the risen Christ and to the surrender in the Take Lord and Receive.

A4. Figure It Out: A Review of the Rules for Discernment for the First Week

Friday, 3:00 to 4:15 p.m. Kelly Auditorium

Presenter: Jack Callahan, S.J., is assistant for pastoral and spiritual ministries for the Jesuits of the Missouri Province, and director of the Center for Ignatian Spirituality in St. Louis.

This workshop will introduce those relatively new to the Spiritual Exercises to the Ignatian text itself (##313-327). The Rules for Discernment are key to making a decision according to God's will. They answer the question, "How do I know God's will for me?" After a preliminary presentation on the place and purpose of the Rules for Discernment for the First Week, a review of the 14 rules will follow. Topics to be addressed are movement of the spirits, spiritual consolation, and spiritual desolation.

A5. A Review of the Annotations

Saturday, 1:30 to 3:45p.m. Ritter 222

Presenter: Jack Callahan, S.J., is assistant for pastoral and spiritual ministries for the Jesuits of the Missouri Province, and director of the Center for Ignatian Spirituality in St. Louis. This workshop will introduce those relatively new to the Spiritual Exercises to the Ignatian text itself (Annotations 1-20 and the Presupposition). The Annotations are the first paragraphs in St. Ignatius' Spiritual Exercises. They were placed even before the title of the work. The purpose of the Annotations is to provide preliminary help to both the person who is "giving" the Exercises and the person who is "receiving" the Exercises. Topics include the general goal of the Exercises, the role of the one giving the Exercises, different forms of the Exercises, attachments, desolation, and consolation.

A6. Exploring the Online Ministries Website

Friday, 11:00 to 12:15 p.m. Ritter 211

Presenters: Andy Alexander, S.J., is vice-president for University Ministry, Creighton University and Maureen McCann Waldron, is associate director of the Collaborative Ministry office, Creighton

University

Learn to explore and take advantage of this powerful tool for faith development and ministry. Those looking for fundamental resources for prayer as well as those seeking a deeper intimacy with God will find great help here. Daily Reflections, Weekly Guide for Daily Prayer, Audio Retreats, Advent and Lent Resources and much more. See why this site receives over 20 million hits a year from more than 130 countries. Online Ministries is a great help for spiritual directors, parish pastoral ministers, RCIA teams, and people who live alone. The workshop will include a brief preview of the Online Retreat and how even very busy people can experience the Spiritual Exercises.

Track B Workshops

For those more experienced in Ignatian Spirituality, presented in an interactive format

B1. Navigating the Storm: A Discussion of Third Week Gifts and Challenges as Viewed Through the Lens of the Clergy Abuse Scandal

Friday, 11:00 to 12:15 p.m. Ritter 30

Presenter: Kathleen Coffey-Guenther, Ph.D., is associate director of the Faber Center for Ignatian Spirituality at Marquette University. Kathy has a doctorate in counseling from Marquette University and a certificate in spiritual direction from the Aquinas Institute of Theology. She has worked as a psychotherapist and spiritual director specializing in treating sexual abuse survivors for 15 years. She currently serves as co-chair of the Community Advisory Board on Clergy Abuse Issues in the Archdiocese of Milwaukee.

Although our Church provides numerous ways to experience the passion and suffering of Christ, most notably perhaps by way of the Stations of the Cross, St. Ignatius invites us to a deeper sense of presence and participation in his teachings on the Third Week of the Spiritual Exercises. Through the contemplations of the Third Week, Ignatius challenges us to stay with the deepening experience of suffering, injustice, physical, psychological and spiritual harm, torture and pain, humiliation, fear, and the despair of Jesus' passion. Ignatius asks us to pray for the gifts of sorrow, anguish and grief with Jesus during his journey from Gethsemane to the physical limits of the cross. Ignatius challenges us to have the courage to stay with His beloved disciples and witness the truth of this moment in human and Christian history.

While not pretty or comfortable, Ignatius teaches us about the importance of staying present as witnesses to painful and often ugly truths in our human world. Ignatius reminds us of the painful consequences of sin on a personal and global level. Additionally, Ignatius reminds us that although the experience of the Third Week is often difficult for many of us, the grace and depth that accompanies such testimony can offer deeper freedom and peace in our spiritual foundation and formation.

What does this mean in light of the current controversy of scandal and brokenness in the Catholic Church in North America today?

Participants in this discussion will be asked to reflect on their own experience of standing in solidarity with those affected by our contemporary Church crisis of clergy abuse. How do we all stay present as witnesses to this suffering of survivors, of family members and loved ones of survivors, of clergy, of bishops, of other ministers in our churches, of our brothers and sisters – people of faith in the pews – and of our brothers and sisters who may have lost faith, who are no longer in our pews? How do we process our own feelings of sorrow, anguish, grief, anger, shame and despair? How do we stay anchored to the light of Christ's resurrection and redemption in the presence of such darkness? In other words, how do we move fully through this Third Week experience in order to be fully present to the call of the Fourth Week?

B2. Group Supervision 101: How Your Group of Spiritual

Directors Can Supervise Yourselves and Why You'd Want To

Friday, 3:00 to 4:15 p.m. Ritter 119

Presenter: Ellen Tomaszewski, is a writer, and spiritual director in the Spiritual Exercises Program in Richland, Wash. Ellen has been a director for twenty years with the Spiritual Exercises in Everyday Life (19th Annotation) and also the program director for Spiritual Exercises in Everyday Life – Tri-Cities. The workshop will explain the benefits of group versus individual supervision for spiritual directors; list ethical considerations especially for small groups; explain how to create group dynamics that promote effective supervision; define the process of group supervision, including templates, meeting agenda, questions to get you started, how to formulate the focus question; and provide strategies for avoiding common errors that groups make during group supervision.

B3. The Creation Spirituality of Ignatius: Still Pertinent for Life on a Fragile Planet

Presenter: Dennis Hamm, S.J., is professor of New Testament, Creighton University.

Friday, 3:00 to 4:15 p.m. Baer-Fuller in Kelly

This workshop will focus on Ignatius' vision of God's presence in creation and the place of the human creature among fellow creatures as related to "our Creator and Lord," in the Trinitarian way Ignatius uses that term. The workshop will help those already familiar with Ignatian spirituality appreciate the fact that Ignatius' vision of Creator and creation, though necessarily developed within the worldview of the early 16th century, is still valid in the 21st century. Indeed, the contemporary understanding of a 14-billion-year cosmic story of an expanding and evolving universe provides an exciting new context for the still-viable creation theology of Ignatius.

Hamm will focus first on the *Contemplatio ad amorem*, and then show how other parts of the Spiritual Exercises illuminate and are illuminated by the vision embedded in the *Contemplatio*—especially Annotations 15-16, the *Fundamentum*, comments on "swearing correctly" (SpEx 39:5-6), the prayer to the crucified Creator (SpEx 53), the cry of wonder (SpEx 60-61), the Incarnation, life death and resurrection of Christ as the ultimate labor of God within creation (SpEx 116), and Ignatius' teachings on humility, reforming one's life through simplicity, and his tips on eating.

Hamm also will attempt to situate Ignatius' understanding of creation within his own setting as heir of the robust theology of the Middle Ages and also within our own confusing and confused discussions about "creationism," "Intelligent Design," and neo-Darwinism (atheistic and theistic).

B4. Living with the Challenge of the Cross in our Sense of Diminishment: Christ Suffers with Us

Saturday, 1:30 to 3:45p.m. Ritter 29

Presenter: Margaret Wheeler, spiritual director, Sacred Heart Jesuit Retreat House, Sedalia, Colo.

This workshop will focus on the Spirituality of Diminishment. All of us experience diminishment in some manner; some live with chronic illness, some with the loss of a loved one, others with unfulfilled dreams. This experience of diminishment is denied by our culture, which seems to focus more on success and accomplishment. For us to live in a spiritual manner we each have some understanding of God. For some this means we have a relationship with the Mystery of God. God meets us where we are, God accepts us as we are, and still invites us to grow. The invitation to grow has a deeply spiritual meaning. It is not what I can do for God; it is how I am in God. As a person living with Parkinson's disease, the chronic progression of the disease can seem frightening. Wheeler speaks from personal experience when she shares of reaching the point where she must adapt to physical and mental challenges. God has a part in our

creation at birth and in our on-going creation each day. Our unique personhood with God remains even as we face diminishment in our lives. The workshop will provide time for sharing life stories, focusing on our spirituality in union with Christ on the cross. The cross is not only for Jesus who suffered, but for the Christ who continues to suffer with those in pain, or with those living with diminishment.

B5. Discernment: The Heart of the Supervision Process

Friday, 11:00 to 12:15 p.m. Ritter 119

Presenter: Sister Patricia McDermott, IHM, is director of Loyola Retreat House, Faulkner, Md. She has been involved in supervision for the last fifteen years, and has also supervised in spirituality programs at Creighton University, Chestnut Hill College, and Neumann College.

This workshop on supervision will focus on discernment as the foundation for the supervision process. It will address certain assumptions and purposes of supervision, as well as describe the dynamics of the supervision process itself. Participants will be asked to share their experiences and challenges with others in the group.

Most formation programs for spiritual directors today provide supervision as an integral part of the practicum experience. In these programs, supervision is considered vital for the director's total development. Although supervision of spiritual directors has some similarities with supervision of psychological and pastoral counselors, it is unique in that it maintains a contemplative outlook and focuses on discerning interior movements in directors. Discernment, then, is at the very heart of the supervision process.

B6. The Pierre Favre Program: Training to Give the Spiritual Exercises of St. Ignatius

Saturday, 1:30 to 3:45p.m. Ritter 30

Presenters: Anne Hennessy, CSJ, and Bernie Bush, S.J. Hennessy currently is a spiritual director and a lecturer in Ignatian spirituality, and the impact of that spirituality on the foundational history of the Sisters of St. Joseph. From 1989 -- 2000 she was the assistant director of "Living Water," a Jesuit-run Scripture and prayer center, near Tiberius, Israel. From 1992 – 2000 she served as an assistant professor of spiritual theology at the Gregorian University in Rome.

Bernie Bush is a spiritual director and psychotherapist at The Jesuit Retreat Center in Los Altos, Calif. From 1977-87, he was the director of the House of Affirmation, a residential clinical center for emotionally and mentally troubled clergy and religious professionals. He also served for five years in the Diocese of Norwich, Conn. as director of the Office for the Development of Ministry Personnel.

The Jesuit Retreat Center in Los Altos, Calif., is conducting the Pierre Favre Program, a training program forming lay partners to give the Spiritual Exercises of St. Ignatius. It is a three-year program, with classes on Sunday afternoons twice a month during the academic year. This workshop will present the goals of the program, curriculum and content, faculty, and methods of instruction and training. It will invite response and discussion.

The goals of the Pierre Favre Program are that the participants: a. Become completely familiar with the text and context of the Spiritual Exercises; b. Become skilled in using the Sacred Scriptures in giving the Exercises; c. Become familiar with companion Ignatian sources: Autobiography, Spiritual Diary, Selected Letters; various Directories, and the Constitutions of the Society of Jesus, d. Learn to direct the Exercises in the spirit of Ignatius, prayerfully, skillfully, and confidently.

B7. Embraced by Darkness, Covered by the Light: The Case of Mother Teresa

Friday, 11:00 to 12:15 p.m. Ritter 29

Presenter: Kevin Gillespie, S.J., Ph.D., is associate professor of

pastoral counseling, Loyola College in Maryland.

This workshop will explore some of the psychological and spiritual issues that Mother Teresa faced throughout much of her life. As revealed in her letters, Mother Teresa experienced a great amount of darkness, yet manifested to the world an amazing witness of Christ's love and light. How could this have happened? Relying on the letters published after her death and published in the book "Come Be My Light," Gillespie will explore how aspects of her "darkness" may be seen in light of Ignatian dynamics. In the presentation he also will seek to distinguish the phenomena of "desolation" from "dark night," and from "clinical depression." The presentation may add clarity to the ways in which psychological and spiritual methods of understanding both coalesce and differentiate.

B8. Carl Jung and the Spiritual Exercises of Ignatius Loyola

Friday, 11:00 to 12:15 p.m. Baer-Fuller in Kelly

Presenter: Anthony T. Moore, Ph.D., is special assistant to the president, Georgetown University, Washington, D.C.

What do a twentieth-century Swiss psychoanalyst and a sixteenth-century Spanish mystic have to say to each other? This workshop is based on the premise that Carl Jung offers a uniquely compatible psychological framework for understanding the dynamics of the Spiritual Exercises of St. Ignatius Loyola.

It will begin with an overview of the structure of the psyche according to Jung. The Jungian framework will then be applied to the Spiritual Exercises. Some of the themes covered will be: the archetypal imagery in Ignatius' account of his conversion experience at Loyola; discernment of spirits and the movement of the Self toward wholeness; the Principle and Foundation and the desires of the authentic Self; connecting to unconscious psychic energy and hearing the Call of the King; the practice of Jungian active imagination and Ignatian contemplation.

The purpose of this workshop is primarily to convey information for training and continuing education. It presumes a basic understanding of the dynamics of the Spiritual Exercises.

B9. Going Deeper with God: A Lightworks Retreat – A Six-Week Guided Retreat In Christ-Centered Everyday Living

Saturday, 1:30 to 3:45p.m. Ritter 223

Presenters: Dick and Judy Williams are active members of St Andrew's Presbyterian Church in Newport Beach Calif. Dick and Judy have given these retreats twice a year for five years. Dick is a financial consultant and a devote Christian, presently serving as an Elder with the church, and is active with a variety of church programs. Judy is an attorney in the area, a devote Christian, and introduced the Exercises at her church about six years ago.

Information will be provided on how to adapt Lightworks to a Six-Week Retreat, as used in a Protestant setting. The Exercises, even in a shorter Lightworks retreat, can lead all believers to a deeply rewarding and spiritually fruitful experience.

The content of the workshop will include: (a.) Suggestions on how to introduce Lightworks Retreat to the Adult Education programs of any congregation; (b.) sample materials and review of subjects covered during a Six-Week Retreat; and (c.) demonstration of a "centering" activity and model of a guided Bible passage experience.

B10. Ignatian Third Week: Joyful Participation in the Suffering of the World

Saturday, 1:30 to 3:45p.m. Ritter 217

Presenters: Kuruvila and Lois Zachariah: are both teachers, biologists, members of Christian Life Communities of Canada and members of the Spiritual Heritage Education Network. Through the

use of Ignatian Spiritual Exercises, meditation and skills with group dynamics, they work to promote the well being of Earth's living networks.

In the Third Week of the Spiritual Exercises, Ignatius asks us to participate in the sufferings of Jesus. So in the contemplations on the Passion we are to see what the retreatants are doing and listen to what they are saying. We desire to "ask for sorrow with Christ in sorrow, anguish with Christ in anguish, tears and deep grief because of the great affliction Christ endures for me."

In this workshop, we practice two communal processes for living which bear a harvest of strong energy flow and decisions for action. These processes are two silent communal meditations in the sorrow, anguish, tears, grief and affliction of Earth's wars, earthquakes, floods, and the devastation of creatures and ecosystems. Afterwards, we share our stories in the rituals of the First Round and the Second Round. The power of Story, symbol and ritual move our hearts to seek planetary healing through communion.

The presenters request that, at some time before arriving at the conference, intending participants view the videos "An Inconvenient Truth" (Al Gore) and "Why We Fight" (BBC).

B11. Election 2008: Essential Ignatian Discernment for the Campaign Season

Friday, 3:00 to 4:15 p.m. Ritter 222

Presenter: James Hug, S.J., is president, Center of Concern, Washington, D.C., and did his doctoral studies in Christian theology, specializing in social ethics.

This workshop will focus on the use of Ignatian contexts and processes of discernment as presented in The Spiritual Exercises in approaching the issues and campaigns of the 2008 election season. The process will be interactive, with small-group and large-group collaborative work, and will make use of PowerPoint graphics.

The workshop will review the context of discernment in the Exercises (First Principle, First Week, Kingdom Meditation, Two Standards, Second Week, Types of People, etc.) in light of the contemporary social situation in the U.S. and the larger world.

Participants will then reflect in small groups on the various campaign issues and the major positions on those issues as presented by the presidential candidates. In the spiritual context of the Exercises, using processes of Ignatian discernment, they will attempt to discern how they are being called. Together the participants will explore how Ignatian discernment could help various communities served by Ignatian-related institutions make wise, faith-inspired decisions in the 2008 elections.

B12. The Spiritual Exercises: Foundation for a Contemporary Social Spirituality

Saturday, 1:30 to 3:45p.m. Ritter119

Presenter: James Hug, S.J., is president of the Center of Concern in Washington, D.C., and did his doctoral studies at Saint Louis University in Christian theology, specializing in social ethics.

The focus of this workshop will be seeing and embracing the relevance of our contemporary social context for the experience of the Spiritual Exercises and incorporating it in the ways we approach the Exercises to direct them or to make them.

The process will be interactive, with small-group and large-group collaborative work, and will make use of PowerPoint graphics.

The workshop content will help participants reflect on their own social location and how that influences the way they approach the Spiritual Exercises. It will focus on the many levels at which we live simultaneously in this age of globalization, all of which influence our

consciousness and sense of God's calling.

The workshop will then proceed through the major movements and meditations of the Exercises, drawing out how the participants currently present them and exploring the possibilities for a more socially conscious, contemporary approach that is faithful to the spirit of the Exercises.

B13. Using the Online Retreat to Direct Others: A Conversation Among Spiritual Directors

Friday, 3:00 to 4:15 p.m. Ritter 223

Presenters: Andy Alexander, S.J., is vice-president for University Ministry, Creighton University, and Maureen McCann Waldron is associate director of the Collaborative Ministry Office, Creighton University.

This workshop will provide a discussion about the Online Retreat, featured on the Creighton U. Online Ministry web site. It will begin by exploring how to use this powerful online tool to direct individuals or groups in the movements of the Spiritual Exercises. This session will then draw on the questions and experience of participants to explore concrete ways to use this retreat and to adapt it to a variety of persons, groups and pastoral situations. As a result, each participant will better understand how this retreat can offer a life-transforming experience for the many individuals and groups we serve. The presenters have years of experience offering the retreat online and with individuals and groups. Beginners, as well as seasoned directors, are welcomed to come and make this session as practical and rich as possible.

Track C Workshops

For anyone interested in Ignatian spirituality

C1. The Exercises, Christ's Passion, and the Homeless

Friday, 3:00 to 4:15 p.m. Tegeler 105

Presenter: Bill Creed, S.J., teaches graduate students half time at Loyola University Chicago's Institute of Pastoral Studies. He is the founder and chair of the board of the Ignatian Spirituality Project which attends to the spiritual life of those who are homeless, and is chaplain of the Ignatian Volunteer Corps-Chicago, where 45 volunteers serve 20 hours weekly in hands-on ministry with the poor.

The grace of the Third Week invites the exercitant "to ask for grief with Christ in grief, to be broken with Christ broken..." This workshop will explore concrete ways in which this grace is given as a consolation during a weekend retreat with those who are homeless.

C2. Seeking Peace of Soul: An Application of the 18th Annotation for Our Day.

Saturday, 1:30 to 3:45p.m. Kelly Auditorium

Presenters: Virginia Blass, and Rev. Harry Cain, S.J. Blass is a partner in ministry with the Jesuits of the New England Province and has been offering retreats at both Campion Center and Eastern Point Retreats Houses for the past fifteen years. Cain has been offering retreats, spiritual direction, and parish missions over the past 35 years. He is a member of the New England Province of Jesuits and resides at Campion Center in Weston, Mass.

The focus of the workshop is the present-day application of the 18th Annotation, as inspired by both Blessed Peter Favere's experience and teaching while in parish ministry in Parma, Italy, and the present-day experience of both presenters. The intention of this workshop is the same as at the time of Favere's faith community, namely, to seek peace of soul and to increase awareness of God's loving presence in the day-to-day reality of one's life.

Content to include:

- Background information about Blessed Peter Faver, S.J. and also his guidance to his faith community at Parma, especially drawn from his letter, "Formula for Life."
- Short presentation on what this gift of 'peace of soul' is about
- The 18th Annotation, as written by St. Ignatius of Loyola
- Presentation of an application of the 18th Annotation for today's culture entitled, "Seeking Peace of Soul"
- References and handouts.

C3. The Third Week of the Exercises as lived in Married Life: From Transformation to Joy

Friday, 3:00 to 4:15 p.m. Ritter 30

Presenters: Husband-and-wife team, Jerome Shen and Bridget Brennan, will present the reality (applied theology) of living the Third Week of the Exercises in married life.

Married life by its nature celebrates the Major Mysteries of the Gospel and the four weeks of the Spiritual Exercises: Creation (First Week); Incarnation/Redemption (Second Week); Death and Dying/Paschal Mystery (Third Week); Resurrection/Contemplation of Divine Love (Fourth Week). In this workshop, participants will be guided to see how the graces of the Third Week can transform and energize living the daily realities of married life.

"Redemption is just another name for learning the lessons of Intimacy." (D. Westley) As we walk more closely with Jesus in the Third Week, we grow more deeply in love with our loved ones and with Christ and experience and learn a deeper lesson of intimacy. In accompanying our loved ones to Calvary, we discover Christ. The experience of intimacy with God frees and gives us the courage and generosity to journey with our loved ones in their suffering or our own suffering.

C5. Boundaries and Ethics for Spiritual Directors

Friday, 11:00 to 12:15 p.m. Tegeler 104

Presenter: Paul B Macke, S.J., is a professional pastoral psychotherapist for over 30 years and trainer of spiritual directors. He currently serves as secretary for Pastoral Ministry and Jesuit Life at the Jesuit Conference in Washington, D.C. He was the executive director of Holy Spirit Center in Anchorage, Alaska for six years.

The workshop will examine the intimacy required to be an effective spiritual director along with reflection on appropriate professional boundaries. It will study the Ethics for Spiritual Directors, published by Spiritual Directors International. While the presenter will bring cases for study, he encourages all participants to bring questions and cases, protecting always the privacy of the directee. Other issues to be considered are the importance of personal prayer and spiritual direction, supervision and consultation, fees, places for spiritual direction, frequency and length of session, dual relationships, common mistakes of beginning spiritual directors, and topics of interest to the participants.

C6. Get Attention, Get Attendance: Strategies to Boost Visibility and Turnout at Retreats and Spirituality Programs

Friday, 11:00 to 12:15 p.m. Ritter 227

Presenters: Jenene Francis, associate director, Charis Ministries, Chicago, Ill., and Lauren Berke, assistant to the director of Charis Ministries

When it comes to faith formation, it's not all about the numbers. But it's usually more fun for everyone when you have a good crowd. For many well-meaning, good and faithful people, spirituality programs compete with other leisure activities for their time and money. Our programs may stand on slightly higher moral ground, but engaging, high quality communication that says, "this is worth your while," is required to get men and women's attention and attendance at these

programs. This is especially true when trying to attract those in their 20s and 30s.

Charis Ministries, an outreach of the Chicago Province of the Jesuits to those in their 20s and 30s, has gained a national reputation for the quality of its programs and its communication. In this workshop, presenters will share what they are learning about creating effective marketing campaigns, including understanding your audience, the importance of having a clear and specific program design, optimizing your mix and timing of print and electronic communications, elements of a well-designed website with convenient registration tools, and strategies for cultivating alliances and sponsors. Using PowerPoint presentation and sample materials, with an emphasis on reaching those in their 20s and 30s, specific suggestions, principles and tools that are easily adapted for other organizations and programs will be offered, as well as an opportunity to learn from each other's experience of what is working and what is not.

C7. Charis Ministries: An Approach to the Spiritual Exercises for Young Adults

Friday, 3:00 to 4:15 p.m. Ritter 227

Michael Sparough, S.J., director of Charis Ministries; Ms. Jenéne Francis, associate director of Charis Ministries

Charis Ministries is an outreach of the Chicago Province of the Society of Jesus to men and women in their 20s and 30s, utilizing the Ignatian heritage and the gifts of the Spiritual Exercises. Our approach emphasizes peer ministry, personal sharing and experiential learning. This workshop will look at how Charis approaches young adults in its unique approach to Ignatian spirituality.

C8. Lay-Led Parish Outreach: The Fruit of Jesuit Apostolate Collaboration

Friday, 11:00 to 12:15 p.m. Ritter 217

Presenters: Ginny Pippin, pastoral minister and retreat director; Rita Carfagna, retreat director and spiritual director

Three years ago, lay spiritual directors led 75 people through a nine-week adaptation of the Spiritual Exercises on site at their parish. Since then, lay spiritual directors have led approximately 600 people at 13 additional parishes. Retreatants have been introduced to the Spiritual Exercises of St. Ignatius of Loyola, praying with scripture, journaling, the examination of consciousness, and other aspects of Ignatian spirituality. For most participants, this is their first introduction to the Spiritual Exercises and their first experience of daily, scripture-based prayer and reflection. The comments they have shared indicate that the retreat has helped them foster a deeper prayer life, a more heartfelt knowledge of Jesus Christ, and has made a transforming impact on their faith lives. This presentation will cover: outline of the retreat; how to attract and work with pastors and parishes; unique considerations for parish setting; graces of the retreat. This parish outreach program is the fruit of the Saint Ignatius High School (Cleveland) Spirituality Program for Adults (SPA), the John Carroll University Ignatian Spirituality Institute (ISI), and the Jesuit Retreat House in Parma, Ohio. This workshop will not only explain the various aspects of this retreat as noted above, but it will explore how the Holy Spirit has been working through the ministries of the various Jesuit apostolates that have aided the success of this program. Additionally, it will present evidence of the ongoing fruit of the Spirit as the parish retreats inspire the apostolates toward greater collaboration, including unique initiatives to enhance lay leadership.

C9. Transformational Suffering

Presenter: Patricia Carter, a prayer guide, spiritual director, mentor for guides. She has also served as President of CLC-USA and has just completed a two-year term as president of the Bridges Foundation Board in St. Louis.

Friday, 3:00 to 4:15 p.m. Tegeler 104

"Love your enemies," (Lk 6: 27). This brief but powerful statement of Jesus calls us as Christians to respond to the violence in the world with not simply a passive non-violence, but with an active non-violent response. The Third Week of the Exercises calls us to a compassion (a suffering with) the passion of the suffering Christ in today's world. The third level of humility calls us to be willing to experience poverty, ridicule, and rejection in order to further the building of the kingdom. We will explore the experiences of more contemporary models like Gandhi, Thomas Merton, Dorothy Day, Jean Vanier, Thich Nhat Hanh, Dom Helder Camara and others to see the transformational power of returning violence with love. This workshop will include time for interaction among the participants.

C10. The Spiritual Exercises and Grief Work: The Healing Journey

Friday, 3:00 to 4:15 p.m. Ritter 29

Mary Ann Bigelow, spiritual director with the St. Francis Xavier parish retreat ministry, Missoula, Mont.

The focus of this workshop is the relationship between the dynamics of the Spiritual Exercises and the dynamics of grief work. The Spiritual Exercises, at least in part, are an exercise in getting in touch with one's experiences of loss and grief and the tasks necessary to live beyond the pain of letting go of those things that kept us bound; to heal our brokenness so that we might live in such a way as to experience the fullness of our humanity, approaching union and communion with our Creator. Grief work resonates with the same process.

Loss, intrinsically linked with our humanity, is a universal experience, coming in many shapes and sizes. We incur a loss on many levels throughout our lives. The obvious is the loss we experience in the death of a loved one, but loss occurs on a daily basis to such experiences as loss of opportunity, loss of possessions, and loss of self-esteem. Even seemingly wonderful experiences such as promotion, relocation, and marriage bring with them grief-laden experiences because, in the moving forward, we must leave something or someone behind. Grief is a natural response to loss. Grief work is the process by which we heal from our grief experiences. Grief work, like the spiritual exercises, requires "letting go." As individuals transfer seeing through this thing we call "Life," we will grieve and process through our personal grief work. As spiritual directors, we companion others in this experience.

Both the Spiritual Exercises and grief work are about transformation and conversion that accompanies personal and spiritual growth. Both are about attachment; about relationships; about change, difficult change; about living beyond our personal passions into new life.

C11. Magis Mary: Exploring Feminine Images of God

Saturday, 1:30 to 3:45p.m. Tegeler 104

Presenter: Pamela McGinnis is Mission & Renewal Associate for Maryland Province Jesuits. She assists in leading and coordinating Ignatian retreats: Ignatian Leadership for Mission (week-long retreats for faculty and staff of Jesuit institutions) and Magis (an Eighteen-month program for lay Ignatian formation). Formerly, she worked in management and technology including senior positions in financial services industry. She has been married 19 years and is the mother of a 12-year-old son.

The workshop begins with an examination of the predominant use of male images in society and a comparison to the limited use of female images, in order to understand the impact on both genders, individually and to society. Through reason and faith, this discourse breaks open the topic of images in five parts: (1.) exploring various observations that form argument as to why this subject is important; (2.) a focus on educating about the psychological, historical, and theological aspects of the making of God-images; (3.) raising awareness of one's own or another's image of God, as discovered

through prayer and helping relationships; (4.) moving from reason to faith, in order to experiment with new images of God; (5.) Through retreat discussion/reflection (the heart of the presentation), the focus shifts to remembering, naming, and embracing feminine images of God (specifically, praying with Mary), through the use of the Spiritual Exercises.

C12. Perseverance in Mission and Ministry from Death unto Life: The Apostolic Grace of the Third and Fourth Weeks

Friday, 11:00 to 12:15 p.m. Tegeler 105

Presenter: Michael Cooper, S.J., professor of pastoral studies, Saint Leo University, St. Leo, Fla.

This workshop will explore the theology and spirituality of the apostolic grace of the Third Week of the Spiritual Exercises. According to Ignatius, the full Exercises, beginning with the Kingdom, are not for every body, but "for those who can help others after they themselves have been helped." In other words, the intended thrust and grace of the Second, Third, and Fourth Weeks remain apostolic, that is, concerned with joining Christ in his mission and ministry today. While recognizing that personal healing and transformation do occur during the contemplations of the Third Week, in the context of the full Exercises, "the governing grace" of the Third Week comes in the empowerment to do what Jesus did: persevere in mission and ministry from death unto life. The workshop also will consider how many individuals might have remained in ministry, priesthood, and/or religious life, if they had understood the experience of the Third Week grace in these terms.

C13. Freedom in Suffering: An Eastern Approach to the Passion of Christ

Saturday, 1:30 to 3:45p.m. Carol Auditorium in Ritter

Presenter: Paul Coutinho, S.J, currently serves as assistant for mission formation and assistant professor of theological studies at Saint Louis University. He recently served as director of the Ignatian Center at De Nobili College in Pune, India. His book, *How Big is Your God: the Freedom to Experience the Divine* (Loyola Press), is in its second printing.

C14. Psychological Wholeness through the Spiritual Exercises

Friday, 11:00 to 12:15 p.m. Carol Auditorium in Ritter

Presenter: Paul Coutinho, S.J, currently serves as assistant for mission formation and assistant professor of theological studies at Saint Louis University. He recently served as director of the Ignatian Center at De Nobili College in Pune, India. His book, *How Big is Your God: the Freedom to Experience the Divine* (Loyola Press), is in its second printing.

C15. Ignatian Volunteer Corps – The Spiritual Exercises as a formation program for retirees in their service to the poor and marginalized.

Friday, 3:00 to 4:15 p.m. Ritter 211

Presenters: Meg Mannix, Spiritual Reflector, National Program Director –Ignatian spirituality in the context of service to the poor and marginalized and as a means of adult formation; George Sullivan, Regional Director of Chicago IVC – program structure and incorporation of Ignatian spirituality, and, Michael Monnelly, volunteer in the Ignatian Volunteer Corps (IVC), who serves as a tutor in various subjects for men and women who have just been released from prison. He has also done policy work and advocating for low waged workers.

The workshop will focus on the integrated use of Ignatian Spirituality in the Ignatian Volunteer Corps, a national volunteer service and spirituality program for people 50 years and greater. The substantive nature of IVC service (2 days/week) and spirituality (on individual,

one-on-one and communal levels) results in both an effective adult formation program and apostolic instrument for addressing poverty in some urban communities.

Ignatian elements incorporated in the Ignatian Volunteer Corps program include a variety of prayer forms, such as contemplative praying with scripture; consideration; the Examen; and discernment.

Specifically, addressing the theme of this conference, the workshop will explore how the Ignatian Volunteer Corps accompanies its members as they encounter the "cross" of serving the poor and their own aging. We will discuss spiritual growth of Ignatian Volunteers as they "serve under the standard of the cross."

Ignatian Passion: The Challenge of the Cross in the 21st Century

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