



## Who we are...

Our organization promotes a balanced approach to health. We emphasize basic health principles that center around **temperance, nutrition, rest, trust, air, water, sunlight,** and **exercise.**

We strive to present carefully selected, well-researched seminars and products to enhance your health and quality of life.

*Visit our website for health news and events:*



**amazinghealth.com**

**1 888 856 9472**

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# Amazing Health<sup>®</sup>



*Living healthy by God's laws.*