# DARE TO STAND

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# DITOR'S CORN R

One of the most comforting and thrilling things about the Bible is that nowhere in its pages do we ever once find a hesitating promise. You can scour the Bible from beginning to end, and never will you find where God says "I might help you" or "If you do this, I might decide to do this..." or "I might not leave you or forsake you". There are no maybes, mights, or coulds in the Bible. Have you noticed that in your private reading?

When God says that He will do something for us, it is always emphatic. "I will never leave you nor forsake you." Heb 13:5

"The Lord **is** near to **all** who call upon Him. To all who call upon Him in truth." Ps 145:18 "The Lord **will perfect** that which concerns me.." Psalm 138:8

"Hope in the Lord, for with the Lord there is mercy, and with Him **is** abundant redemption. And He **shall redeem** Israel from all his iniquities." Psalm 130:7,8

Here is full emphatic assurance that we can firmly put our trust in. I believe that God speaks this way, not only because He is a God that we can rely on, and that loves us, but because He is a God of *power*. In His Word, there is a creative power that makes what He says be. If God says that there is light, light becomes. This makes it impossible for God to lie, because everything He speaks comes into existence when He speaks it.

If He says He will give us a new heart, then He does just that - replacing our hearts of stone with hearts of flesh. If He says your sins are forgiven you, they *are* forgiven. This is the most basic reason why we can trust God's promises in the Bible, and can thank Him for the things that He has promised even before we have seen them or noticed them in our lives.

This same kind of power is found in the prophecies and even in the stories of the Bible. For example, in the last 7 plagues of the 10 Egyptian plagues, God's people were not affected - serving as an antitype for the last 7 plagues which will hurt the wicked, but not those that are kept in the palm of God's hands.

Psalm 91 promises us: "He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. .. A thousand may fall at your side, and ten thousand at your right hand; but it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked." (vs 1,7,8)

As you contemplate the end-times ahead, and the circumstances of your own life, may the thought give you comfort that the Words of the Bible are actual creative commands that have already become a reality because of the awesomeness of the God who spoke them. They are no lie, for they are the only promises we can be assured of because of Who they are given by.

In this issue of *Faith on the Line*, may you be encouraged as you read about the Faith of Jesus by John Witcombe - for Jesus Himself trusted in God's word as an emphatic source of power for truth and reality in His life. As you read Dan Gabbert's article on the Christian's duty to submit to the Word of God and through its study to

know the Lord, may the thought of the power of God's Word add freshness to your study. God's Word truly has power to change your and my life in unimaginable ways. May you allow it to happen in your life.

Our aim is to urge men and women to stand for truth and resist error. We pray that in times of serious compromise our ministry will equip you with solid information on current end-time issues and trends, and encourage you to live a life apart from worldly influences.

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# **FALL**2011





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# To Your Post of Duty! Hold Fast!

**Pastor Dan Gabbert** 



There is nothing like the peace and satisfaction that comes from remaining faithful to your post of duty, even in the midst of mistakes, failings, misunderstandings, and conflict.

While Private Ray Cote was in Germany with the 12<sup>th</sup> Infantry after World War II, he was put on sentry duty to guard some pontoons on the banks of the Rhine River. Because of an oversight, he wasn't relieved for six days.

He stayed on duty day and night, even when it rained heavily. Sympathetic farmers gave him food and milk. When he finally was relieved and got back to his outfit, his commanding officer praised his "strong sense of duty." But some of his buddies wisecracked that Cote had a "hole in his head."

What kept Private Cote faithful? **He was** totally committed to the cause for which he was serving. He would have rather died than disobey his order to quit post only when properly relieved.

The followers of our Lord Jesus Christ have been called to an even higher post of duty. We have been called to faithfully carry out our heavenly Commanding Officer's assignment "until properly relieved."

# What is a Christ-follower's post of duty?

Our heavenly assignment is that we would, by faith, establish an intimate, knowledgeable, love affair with Jesus through diligent personal study, application, and practice of His Word (see 2 Timothy 2:15; 2 Corinthians 5:14-15; James 1:22; 1 John 2:5-6).

The result of persistent faithfulness to this post of duty is an ever-brightening, effectual communication of the truth about God's loving character. By His grace, we will be able to influence others to personally embrace the messages of the Three Angels found in Revelation 14:6-12 (see 1 John 4:8; 2:5-6; Proverbs 4:18).

In Revelation 2:10, Christ says this:

Fear none of those things which thou shalt suffer: behold, the devil shall cast some of you into prison, that ye may be tried...**be thou faithful unto death**, and I will give thee a crown of life (emphasis added).

Commenting on this verse, *Acts of the Apostles* states this:

Looking down through long centuries of darkness and superstition, the aged [apostle John] saw multitudes suffering martyrdom because of their love for the truth. But he saw also that **He who sustained His early witnesses would not forsake His faithful followers during the centuries of persecution that they**  must pass through before the close of time (588, emphasis added).

# **Hole-Headed or Wholehearted?**

This kind of faithfulness to the call of God may cause some outside observers to regard us as having a "hole in the head." In fact, Inspiration tells us in *Fundamentals to Education* that, "when we reach the standard that the Lord would have us reach, worldlings will regard Seventh-day Adventists as odd, singular, strait-laced extremists" (289).

Knowing this, the question in our hearts must not be "what will others think?" Instead we should ask, "what does our mighty God think?"

Recognizing he would face more persecution and trouble as he continued to proclaim the truths of the Gospel, the apostle Paul made this courageous and empowering statement:

But none of these things move me, neither count I my life dear unto myself, so **that I might finish my course with joy,** and the ministry, which I have received of the Lord Jesus, to testify the gospel of the grace of God (Acts 20:24, emphasis added).

Shortly before his death, Paul also penned these words of encouragement to Timothy (and to us):

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. **Be not thou therefore ashamed of the testimony of our Lord...**but be thou partaker of the afflictions of the gospel according to the power of God...For the which cause I **also suffer these things: nevertheless** I **am not ashamed: for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day** (2 Timothy 1:7-8, 12, emphasis added).

When Christ our Savior was here on Earth, there were many distractions to finishing the assignment God the Father had called Him to complete: unbelieving relatives, misunderstanding disciples, and religious leaders out to destroy His ministry. But in spite of what appeared to be overwhelming odds against Him, Christ held to the post of duty, His mission of mercy, to which His Father had sent Him.

In John 4:34 we read, "My meat is to do the will of Him that sent Me, and to finish His work." And again Jesus speaks in John 6:38, "For I came down from heaven, not to do Mine own will, but the will of Him that sent Me."

And, praise be to God, our Lord Jesus **did** complete the work His Father sent Him to do, not only in His life, but also in His death! Hear Him breathing out these final words to God:

Father into Thy hands I commend My spirit (Luke 23:46).

It is finished (John 19:30).

# **Fixing our Eyes on Christ**

Even when we desire to be faithful and obedient to the end, how can we develop such commitment and loyalty to God's cause? The only way to remain faithful even in the face of rejection and persecution is to spend daily time beholding Christ through His Word. We must let the Holy Spirit transform our hearts (see 2 Corinthians 3:17-18).

*Desire of Ages* reveals the amazing results of this daily beholding:

Let the repenting sinner **fix his eyes upon** "the Lamb of God, which taketh away the sin of the world" (John 1:29); and by beholding, he becomes changed.

His fear is turned to joy, his doubts to hope. Gratitude springs up. The stony heart is broken. A tide of love sweeps into the soul. Christ is in him a well of water springing up unto everlasting life. When we see Jesus, a Man of Sorrows and acquainted with grief, working to save the lost, slighted, scorned, derided, driven from city to city till His mission was accomplished; when we behold Him in Gethsemane, sweating great drops of blood, and on the cross dying in agony—when we see this, self will no longer clamor to be recognized. We shall be willing to be anything or nothing, so that we may do heart service for the Master. We shall rejoice to bear the cross after Jesus, to endure trial, shame, or persecution for His

**dear sake** (439, emphasis added).

Precious friends, Jesus is inviting us to humbly cooperate with the work of His Holy Spirit to give us His courage, His fortitude, and His faithfulness

to the post of duty—the assignment to which He has called us (John 17:18; 18:37). We accept this invitation by choosing in faith to set aside some time each day to contemplate our Master's life of service and sacrifice.

Let your mind dwell upon the exemplifying experience of our faithful Friend, Saviour, and Lord, the Author and Finisher of our faith.

It would be well for us to spend a thoughtful hour each day in contemplation of the life of Christ. We should take it point by point, and let the imagination grasp each scene, especially the closing ones. As we thus dwell upon His great sacrifice for us, our confidence in Him will be more constant, our love will be quickened, and we shall be more deeply imbued with His spirit (*Desire of Ages* 83.4).

# **Staying Strong in the Work**

Some years ago H.M.S. Richards wrote a very insightful nugget entitled, *Keep at Your Work*.

May you be as encouraged and inspired by it as I have been:

The Lord has given to every man his work. It is his business to do it and the devil's business to hinder him if he can. So surely as God has given you a work to do, Satan will try to hinder you. He may present other things more promising. He may allure you by worldly prospects; he may assault you with slander, torment you with false accusations, set you to work defending your character, employ pious persons to lie about you, editors to assail you, and excellent men to slander you. You may have Pilate and Herod, Ananias and Caiaphas all combined against you, and Judas standing by you to sell you for thirty pieces of silver; and you may wonder why all those things

Our heavenly assignment is that we would, by faith, establish an intimate, knowledgeable, love affair with Jesus through diligent personal study, application, and practice of His Word. come upon you. Can you not see that the whole thing is brought about through the craft of the devil, to draw you from your work and hinder your obedience to God?

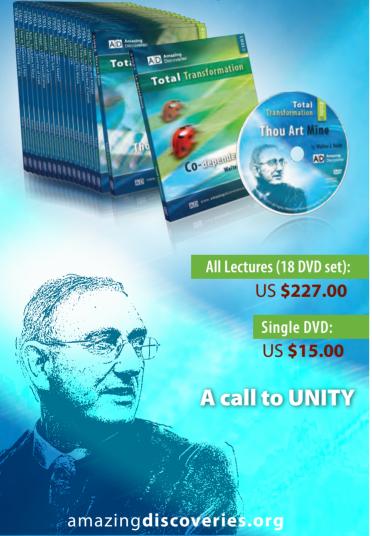
Keep about your work. Do not flinch because the lion roars; do not stop to stone the devil's dogs; do not fool away your time chasing the devil's rabbits. Do your work. Let liars lie, let sectarians quarrel, let corporations resolve, let editors publish, let the devil do his worst; but see to it that nothing hinders you from fulfilling the work that God has given you.

He has not sent you to make money. He has not commanded you to get rich. He has never bidden you to defend your character. He has not set you at work to contradict falsehood which Satan and his servants may start to peddle. If you do those things, you will do nothing else; you will be at work for yourself and not for the Lord.

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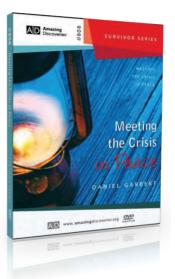
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After 25 years of full-time ministry and a Masters degree in Christian Counseling, Dan is focusing his energies upon helping others understand and apply the principles of mental and spiritual restoration found in the world's #1 best-selling book, the Bible.

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# 951 - LIFE EXPERIENCES Interview with Walter J.Veith: Vol 1

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Bruce Jenkins interviews Professor Walter J. Veith on his life experiences as a evolution scientist turned creationist and a Seventh-day Adventist evangelist and on his personal views regarding issues dividing the Church. (120 min)



# 952 - HEART TO HEART Interview with Walter J.Veith: Vol 2

In Bruce Jenkins' second interview with Professor Walter Veith, Bruce follows up on some troubling questions about the Seventh-day Adventist Church. In this candid and personal discussion, Bruce asks Walter how to respond to error or betrayal in the Church. Hear Walter's response in this heart-to-heart discussion. (110 min)



### 953 - A HEALTHY LIFESTYLE Interview with Walter J.Veith: Vol 3

What's so bad about the traditional American breakfast? How much protein does my body actually need? Can a healthy diet really prevent disease? Find answers to these crucial health questions and more in this interview with Bruce Jenkins and Professor Walter Veith. (120 min)





I downloaded your health podcasts to my mp3 player and have been so helped. Also, the website's sermons are right on. Thank you for your work.

-Carolyn in California

Thank you so much for your ministry. It has opened my eyes to many deceptions that are even in my own church.

-Angela in Ontario

We are currently watching RTR and finished Part II of They have made Void Thy Law. We have viewed most of the Total Onslaught videos and several of the RTR videos...but WOW. This particular video is really telling.

Of everything we have watched and shared, this video is the by far the most informative and educational. Thank you for your tireless research and efforts.

Amazing Discoveries is a blessing for our family. We love all of you and again we thank you for your due diligence. -NR

Because of the recent shift in the satellite, my husband obtained a system that had several other stations including Amazing Discoveries. Ever since then, I have been glued to your broadcasts. Your programing is right on!

Without question, you are broadcasting what is needed at this time. Everything is so pertinent and so well done. Your package of Bible prophecy, Reformation emphasis, health, nature, EGW, creation/evolution, Christian music/worship is so important.

My heart pounds with excitement knowing that someone is truly proclaiming the message with the urgency that is so needed today. Time is so short and the church has been asleep for far too long. Your programs have awakened me. This world is not our home. We must turn loose of this world and its many distractions and focus on the work that the Lord wants His people to do. We have lost so much time and so many opportunities because we have been too afraid to be different and to stand up for the truth given to us. -SC

Thank you for your wonderful Christ-centered ministry. Your TV ministry has brought new light to old truth and opened the Gospel more clearly to me. Thank you for telling all the knowledge God has revealed to you to others. May God continue to bless your ministry to bring about the soon return of our Lord Jesus. Thank you all.

-Sharon in Indiana

Thank you for the enlightenment about what the Papacy has done and is doing and about spiritual formation and contemplative prayer. I never had any idea about what those things were. Thank you again!

-Larry in Nebraska

Amazing Discoveries is the most incredible series to have ever come into contact with. I have been blessed so tremendously by Prof. Walter Veith's lectures series Total Onslaught. It has given me light in a way I never would've imagined! Recommend 1,000 times over. -Anonymous

My husband and I have been married for 41 years. He was not SDA but has been listening. Now he watches Professor Veith's DVDs and feels sure that the Lord is coming soon. He has been giving the DVDs to friends. Professor Veith is an excellent messenger from the Lord and because of his background and the way he presents the Word, many are listening. -Beverly in West Virginia

# OMEGA REBELLION

What Every Adventist Needs to Know...Now

# RICK HOWARD

We are about to examine a popular trend in Christianity today, a trend with characteristics that reveal its inherent danger. As we examine this new trend, we will discover that the only factor new about it is its name and that behind the name is the same old form of an ancient, supernatural, and satanic science: a science that Satan has used to deceive humanity throughout the ages. This book seeks to expose what may be the end-time omega from presently gaining a foothold in our beloved church, a circumstance surely to be avoided, as was the alpha.

During the entire history of the great controversy, Satan's greatest success has always been directly related to his ability to control the minds of those he ensnares without their awareness.

This is the secret of his success.

# THE **Q**MEGA REBELLION

The following article contains excerpts from a number of chapters in the book *Omega Rebellion* by Rick Howard. Watch for presentations by Rick Howard on ADTV in the late fall. To read the full text, order the book at www.amazingdiscoveries.org.

When he can deceive those under his power into believing that God is working for them, when in truth it

is he, he has won the day. This is the fundamental characteristics of the omega apostasy and is likely the reason it caused Ellen White to "tremble" when she beheld it: many leaders in God's remnant church were carrying on what they perceived as the work of God, while, in fact, they were being directed by the prince of evil.

The more closely Satan can appear Christ-like in both his behavior and his use of the supernatural, the greater is his ability to deceive. He is delighted to see the world perceiving him as some demonic being, a benefactor of evil and destruction, for then he knows his Christian disguise will be more effective.

...To understand this deception—how it works, why the Lord permits it, who will be deceived and why they will be deceived—it is essential to understand the intimate relationship that exists between the Lord and His bride, the church, the remnant church.

...Our understanding of why it is that those who will not heed the warnings God has given and who fall prey to the omega rests upon our comprehension of the importance and impact of inspiration, manifested in those words of truth and the dreadful results of its rejections. ...Think for a moment how it affects Jesus when we ignore the counsel contained in the Spirit of Prophecy. He inspired His messenger to write to His beloved bride expressions of His deepest love, a love beyond our understanding, a love that drove Him to the cross where He chose not to exist forever if we could not be with Him, if you could not be with Him.

These writings also contain warnings and counsels to His beloved, of how to avoid being destroyed by the enemy. He gave His life for her and to lose her would result in unspeakable sorrow and pain, so when she ignores His counsel, refusing to heed His warnings, His heart is broken. He is being rejected by those He loves and gave His life for. We need to understand these things.

Over and over, Ellen White warned through inspiration,

So long as they refuse to heed the warnings given them, the spell that is upon them cannot be broken. SpM 464.8

To refuse the divine counsel is to be swept out of the church and into the omega deception.

And so, it is time to identify this new trend we have been talking about: a new teaching or program, a new name in Christian circles. In this day and age it is called "spiritual formation," a comforting

and Christian-sounding term that fittingly suggests the growth and forming of Christian character—exactly what it is intended to imply.

There is a dilemma, however, for hidden within spiritual formation's teachings are certain techniques of prayer, supposedly taught to improve one's spiritual life, that are in reality ancient mindaltering processes. We will see that these methods are a form of hypnotism, resulting in an experience

where one believes they have come into the presence of God, when instead a very real deception takes place.....

# **Spiritual Formation**

Martin Luther and Ignatius Loyola were contemporaries. Both were drawn to God by His spirit; both were convicted of the sin in their lives and both sought a way of escape from their guilty consciences through the power of God. Finding God and His power to bring them victory was at the core of their search.

For reasons that will only be revealed in the judgment, they looked for that victory in different places. Martin Luther searched the Holy Scriptures and found the God of Creation, while Loyola searched the world of "spirits" and believed he found God in His creation.

Luther learned that the power, for which he searched to gain Christian victory, was through simple faith in the promises of God found in the Holy Bible. He discovered that he must come to Scripture like a babe, accepting all, as if the God of heaven was standing before him speaking to him personally. Fundamentally speaking, he discovered that the Holy Bible is the unerring Word of God and is the standard of faith and doctrine for every true Christian, containing all the needed instruction for our salvation.

Loyola, on the other hand, chose to suppress his guilty conscience, refusing to think any more of his sins. Instead of searching the Holy Bible, he sought enlightenment through the supernatu-

What must be remembered is that we do not control the time when God communicates with us—He does. ral world, satisfying his own carnal propensities. He always desired to see God in everything, everywhere, all the time. This was the desire of his heart.

"Inigo, instead of feeling that his remorse was sent to drive

him to the foot of the cross, persuaded himself that these inward reproaches proceeded not from God, but from the devil; and he resolved never more to think of his sins, to erase them from his memory, and bury them in eternal oblivion. Luther turned toward Christ. Loyola only fell upon himself... visions came erelong to confirm Inigo in the convictions in which he had arrived... Inigo did not seek truth in the Holy Scriptures but imagined in their place immediate communication with the world of spirits...Luther, on taking his Doctors degree, had pledged his oath to holy scripture...Loyola at his time, bound himself to dreams and visions: and chimerical apparitions became the principle of his life and his faith." JH Merle D'Aubigne, DD History of the Reformation of the 16<sup>th</sup> Century, 5 volumes in one. Grand Rapids, MI, Baker Bookhouse, reproduced from London 1846 edition in 1976, book 0.

Loyola longed for supernatural experiences, believing them to be evidence of God's presence and power. Deceived, he turned to the writings of the Roman Catholic mystics and saints, longing for God to reveal Himself in everything, all the time. He desired God's presence on his terms, and Satan made sure he would think he found Him. From these experiences he was profoundly changed and for the rest of his life asserted that God miraculously gave him the enlightenment of a lifetime in just a few moments. ...

# **Early Experiences**

I discovered through study and the actual practice of meditative techniques that all the religions and occult theories that enabled their followers to contact the world of the supernatural used certain meditative practices that eventually led to an altered level of consciousness. I discovered that it was essential to learn these techniques to get to that certain mental level where I was able to contact the supernatural worlds. To leave my body in astral projection or to have any of numerous supernatural experiences, this unique corridor of the mind must be reached through certain meditative practices. These practices always involved a focusing of the mind on one thing to the exclusion of anything else. It could be reached by focusing on sounds such as music; or through chanting and repetition or recitation of words; through the sensation of touch; or the use of visual exercises. I learned that the most effective and most rapid method of attaining an altered level of consciousness was through the creation of mental images. By creating a mental image and sustaining that image, an altered state could rapidly be achieved.

I discovered that there was a fascinating and mysterious occurrence that took place by all who learned how to

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# Sprouting:

Discover an Economical High Quality Food Source for Lean Times

# By Paul Fassa

The Internet and Internet Radio are increasingly advertising food packages that are meant to be stored for potential food shortages, which many are predicting. But there is a way to have your own food storage with less expense and even more nutrition. As a matter of fact, because of the higher nutritional value per calorie, sprouting should be started now to create inexpensive and tasty super foods for enhancing your general health. Sprouting is a do it yourself in-home activity.

# What to Sprout

Almost all seeds and beans can be sprouted, offering a wide variety of quick and easy edibles. And by way of making those beans and seeds sprout, the nutritional value is greatly enhanced. Sprouts can be eaten raw as salad, in salads, or in sandwiches and other foods. Among the easiest and most popular are mung beans, lentils, chick peas (garbanzo), black turtle beans, and alfalfa. But just about any seeds or beans can be sprouted, and the techniques are basically the same. Only the pre-sprout soaking periods vary. (Source with list of soaking times on page 11)

Even grains—from rice to barley or wheat can be sprouted to make breads that mimic the breads of old, before nutritionally devoid processing and bleaching grains came into vogue years ago with their high shelf-life dead breads. Even today's whole grain breads cannot match sprouted grain breads nutritionally.

There are basically two steps with sprouting. First soak for several hours or more, depending on the bean or seed type. Then set up a simple apparatus to allow sprouting, though



some can be sprouted in a large jar. Average soaking and sprouting time is around a week or less. There are sprouting packages available on line or at health food stores. But know that sprouting is not difficult.

Consider this: You can store an abundance of organic seeds and dry beans almost indefinitely, purchased inexpensively in bulk and stored without refrigeration. Then simply remove a portion at a time for sprouting. Sprouts can be refrigerated for several days. Think of sprouting as a mild form of indoor farming any time of the year, taking much less time and not requiring soil or sunshine.

# What Happens When Beans and Seeds Sprout

If you buy dry bulk beans, you have to first soak them and then cook them. And what happens with cooking? You lose nutrition and enzymes—up to 80%. Sprouting enables you to enjoy the beans or seeds in sprouted form without cooking. Not only are the nutrients intact, but they are also enhanced in the process!

Minerals merge with proteins, increasing their function. Fats break down into essential fatty acids; starches are easily converted to simple sugars for rapid glucose metabolism; and the plant proteins break down into easily assimilated amino acids. And even more uniquely outstanding, sprouts are living foods that contain large amounts of biophotons (bio = life; photon = electromagnetic). Foods high in biophotons energize, prevent disease, and repair the body more than even fresh raw organic produce.

# Advantages of sprouting:

- High storage capacity of inexpensive dry beans and seeds with long natural shelf lives.
- Sprouting as needed requires little indoor space.
- Sprouted seeds and beans will last in refrigerators for several days.
- Sprouts can be eaten in a variety of tasty ways.
- Sprouts offer more health value than other foods.

So why not start now? Be healthier and ready to eat economically and well. Stay healthy if those lean times do indeed occur.

Paul Fassa is dedicated to warning others about the current corruption of food and medicine. Read more from Paul: healthmaven.blogspot. com or naturalnews.com.

# **How Do You Sprout Seeds?**

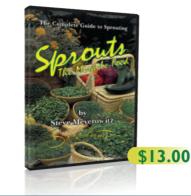
To sprout seeds, you must first soak them. To soak, simply place 2 tbsp. of seeds in your container and cover with about two of inches of water. (See chart on this page for soaking times). Set the container in an area that will not receive direct sunlight – indirect light is okay. Rinse the sprouts twice a day with cool water. To rinse, simply add clean, fresh water for about 10 seconds, and shake and pour out the excess water.

After a few days, the sprouts might start to clump together. When this happens, simply stir with a fork while rinsing the sprouts to break up any masses or clumps that have formed.

When they begin to turn green and grow leaves, rinse the sprouts and remove the hulls that have risen to the top of the container.

After a week, the sprouts are ready to be eaten. Store them in the refrigerator and eat within a couple of days for optimal freshness.

Read more at Suite101: How to Grow Your Own Sprouts to Eat at Home: Learn to Sprout Alfalfa, Mung Bean, Radish, Lentil and Other Seeds | Suite101.com http://www.suite101. com/content/how-to-grow-your-own-sprouts-



# Sprouts the Miracle Food

Let the Sproutman, Steve Meyerowitz, show you the joys of indoor organic gardening. Learn how to grow delicious baby greens and mini-vegetables—just one week from seed to salad. (224 pages)



# Wheatgrass Nature's Finest Medicine

Wheatgrass. The earth is covered with it. Four of the world's top five crops come from it. Muscular one-ton animals sustain themselves on it and science has found every nutrient in it. Could it be that the planet's most ubiquitous vegetation is also its finest medicine? One of nature's best kept secrets may be right under our feet! This book is a complete guide to using grass foods and includes everything you need to know about the wonder plant and its miracle cures. (264 pages).

# Soaking times for Growing Sprouts

Different seeds need different soaking time. The hard and big size seeds need more soaking.

- Alfalfa, Clover Sprouts: 4-6 hrs
- Amaranth Sprouts: 1-1½days
- Barley Sprouts: 8-14 hrs
- Buckwheat Sprouts: 15-20 min
- Corn Sprouts: 8-14 hrs
- Almond Sprouts: 10-14 hrs
- Cabbage, Kale Sprouts: 6-14 hrs
- Fenugreek Sprouts: 8-14 hrs
- Mustard Sprouts: 6-14 hrs
- Pumpkin: 1 day
- Radish Sprouts: 8-14 hrs
- Sesame Sprouts: 8-14 hrs
- Sunflower Sprouts: 8-14 hrs
- Garbanzo Sprouts:Soak 12-18 hrs
- Lentils, brown/green, Moth and red Sprouts: Soak 8-14 hrs
- Peas, Blackeye Sprouts: 12-14 hrs
- Millet Sprouts: 8-14 hrs
- Oats Sprouts: 8-14 hrs
- Quinoa Sprouts: 2-4 hrs
- Rice Sprouts: 12-18 hrs
- Rye Sprouts: 8-14 hrs

Source: http://www.fatfreekitchen.com/ sprouts.html

Visit http://www.landscapingrevolution. com/sprouts/sprouting\_seeds.html for a complete list of seeds that can be sprouted.

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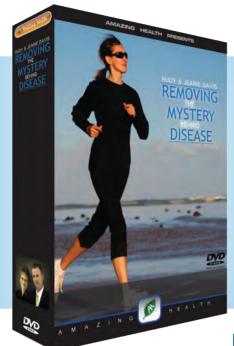




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Continued from page 5

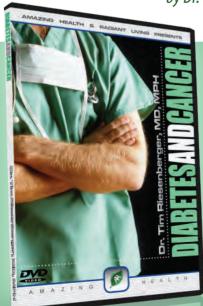
Keep about your work. Let your aim be as steady as a star. Let the world brawl and bubble. You may be assaulted, wronged, insulted, slandered, wounded, and rejected; you may be abused by force, forsaken by friends, and despised and rejected of men, but see to it with steadfast determination, with unfaltering zeal, that you pursue the great purpose of your life and object of your being, until at last you can say, "I have finished the work which Thou gavest me to do."

And lest you grow weary and lose heart, think of Jesus, who for the joy that was set before Him, endured the cross, despising the shame, and is set down at the right hand of the throne of God for you and me (Hebrews 7:25; 12:1-4)!

Therefore, "Be strong and of good courage, and do it: fear not, nor be dismayed: for the LORD God, even my God, will be with thee; He will not fail thee, nor forsake thee, until thou hast finished all the work for the service of the house of the LORD" (1 Chronicles 28:20).

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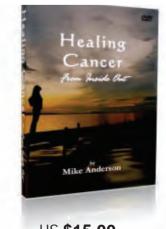
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# by Mike Anderson



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# Continued from page 11

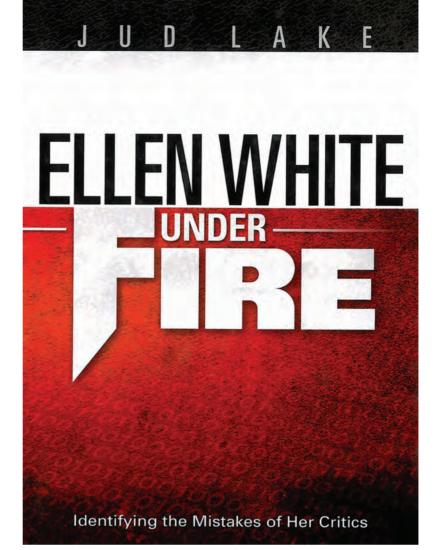
enter an altered level of consciousness-silence. It is a place where the thoughts that usually flit across the conscious mind up to 60 times every second, slow down and eventually come to a stop. It is at that point that the devotee becomes an observer rather than a thinker and slips into that mysterious place of "repose" or "stillness" where awareness of reality is altered and the silence is attained. a supernatural and life-changing experience. ...It is when a person enters this silence that they are entering a place where the powers of evil angels can create whatever illusion they desire. ... What must be remembered is that we do not control the time when God communicates with us. *He* does. When we believe God is at our beck and call, by entering an altered state through the use of meditative or prayer techniques, we are deceiving ourselves and are committing the sin of presumption.

To read more, visit us at www.amazingdiscoveries.org to order the book *The Omega Rebellion* by Rick Howard.



# SPIRITUAL FORMATION





The following article is excerpted from several chapters of the book *Ellen White Under Fire* by Jud Lake available through Amazing Discoveries.

Never before have criticisms of the Seventh-day Adventist church been more accessible to the average church member and the general public. Scores of Web sites and blogs denouncing the church and its doctrines are available at the simple click of a mouse. From bizarre personal attacks to more sophisticated criticisms, opponents of the Seventh-day Adventist Church relentlessly pound its teachings on the World Wide Web. It's no exaggeration to say that the war on Adventism is a global war.

The major target of all this criticism is Ellen White. Because of her claim to the prophetic office and her foundational role in the development of the Seventh-day Adventist Church and its teachings, she has become a lightning rod, her credibility as a prophet the target of most strikes on Adventist theology.

Present, http://www.ellenwhiteexposed.com, is the most extensive Web site devoted exclusively to discrediting Ellen White. On the main page one will find a list of "Article Collections," with such links as "Plagiarism," "Visions Examined," "Myths," "Shocking Quotes," "Ellen White versus the Bible," "Health," "Confusion," "The Shut Door," "1844 Movement," and "Contradictions." Each of these sections, in turn, contains numerous links to many pages of text criticizing Ellen White's prophetic ministry.

Books targeting Ellen White are also easily available on the Internet. Salient examples are White Out: An Investigation of Ellen G. White; More Than a Profit, Less Than a Prophet; Prophet or Pretender; The Fake Controversy; and White Washed: Uncovering the Myths of Ellen G. White. Several older books are still available, such as *The White Lie* and *The Life of Mrs. E.G. White, Seventh-day Adventist Prophet: Her False Claims Refuted*. Unquestionably, this negative campaign against Ellen White is hurting her credibility.

# **Overview of Ellen White's criticisms**

I have organized the contemporary criticisms of Ellen White into twelve basic categories that summarize the main charges against her prophetic minsitry. At the end of each category, the reader will find an Internet source that provides an Adventist response to the specific charges.

1. Ellen White plagiarized most of her writings. This is the most pervasive charge against Ellen White. She allegedly copied up to 90 percent of her writings from others and claimed she received the information in visions from God.

Answer: http://ellenwhiteanswers.org/answers/plagarism

2. In her early ministry, Ellen White taught the shut door theory. This criticism receives a great amount of attention on the various Web sites and in books. The "shut door" is a term used to describe the belief that the door of human probation was closed to the world following the October 22, 1844, disappointment.... Along with plagiarism, the shut-door charge is a major emphasis for Ellen White's criticis.

Answer: http://ellenwhite answers.org/answers/shutdoor

3. Ellen White contradicted the Bible. One Web site claims she contradicted the Bible more than fifty times. From small issues such as whether or not Adam was with Eve when she was tempted, to larger issues such as the investigative judgment and the great controversy theme, the critics say Ellen White got it wrong. ...

Answer: http://www.ellen-white.com/Contradictions.html

4. Ellen White contradicted herself in both what she taught and what she did. It is claimed that she condemned eating meat while still eating meat; she condemned unclean meats while still eating them; she condemned vinegar but was addicted to it, etc.

Answer: http://ellenwhite answers.org/answers/healthinconsistencies.

5. Ellen White misunderstood the gospel. According to this charge, the fact that Ellen White said that Christians should never say "I am saved," shows she believed that Christians can't have assurance of salvation. She allegedly taught a "faith in Christ plus good works equals salvation" theology that is contrary to the gospel.

Answer: http://ellenwhiteanswers.org/answers/answershardsayings.

6. Ellen White's prophecies failed. Critics claim that especially in her early ministry she made a host of predictions that never came true. ...
Answer: http://ellenwhiteanswers.org/answers/answershardsayings.

7. Ellen White derived all of her health insights from contemporary health reformers. Critics claim she derived all her health teachings from human sources rather than from God. Ronald L. Numbers's book, Prophetess of Health: A Study of Ellen White, is a major source for this charge. Answer: http://www.whiteestate.org/issues/prophetess-of-health.pdf

8. Ellen White's visions were the result of temporal-lobe epilepsy.... Answer: http://www.whiteestate.org/issues/visions.html

 9. Ellen White suppressed theological mistakes in her writings. ...
 Answer: http://www.whiteestate.org/books/egwhc/EGWHCc17. html#c17

10. Ellen White endorsed the mistakes of the Millerites. According to this view, William Miller used fifteen faulty proofs that Christ would come in 1843 ....

Answer: http://ellenwhiteanswers.org/answers/mischarges/millerproofs.

11. Ellen White made some "strange" statements. For example, she allegedly said that tall people live on Jupiter, Satan has better success with women than with men, wigs cause insanity, and God doesn't love children who misbehave.

Answer: http://ellenwhiteanswers.org/answers/answershardsayings.

12. Church leaders have covered up Ellen White's mistakes and failures. This suppression, according to some critics, is one of the greatest cover-ups in the history of the Christian church.

**Answer:** http://ellenwhiteanswers.org/gen\_dyn.php?file=media/pdf/ Coonplagiarism.pdf.

# ...the influence of D.M. Canright, the father of Ellen White criticisms, lies behind each personal campaign against her ministry.

Today many critics of Ellen White are sprinkled across the landscape. Nevertheless, whether recognized or not, the influence of D.M. Canright, the father of Ellen White criticisms, lies behind each personal campaign against her ministry. Two well-known contemporary critics of Ellen White who follow in the tradition of D.M. Canright are Dirk Anderson and Dale Ratzlaff. Both of them recycle Canright's old charges and point to his writings as a factor in their decision to leave Adventism.

# Dudley M. Canright: Father of Ellen White Criticism

Dudley Marvin Canright was born September 22, 1840, in Kinderhook, Michigan, the third child of seven born to Hiram and Loretta Canright. He was baptized into the Methodist Church at age sixteen; and in 1859, at age nineteen, was converted to Seventh-day Adventism through the preaching of James White. He listened to the preaching, devoured Adventist books, and studied his Bible day and night. He longed to convert others to his newfound faith. His mother was his first convert.

Canright felt called to the ministry and at age twenty-one traveled to Battle Creek to talk with James White, who encouraged him to try it out. Canright experienced success from the beginning. The *Review and Herald* reported the fruitfulness of his ministry during these early years. After holding meetings in Vassar, Michigan, with Elder Isaac Van Horn in July 1864, Canright wrote in the *Review and Herald*, "Present truth looks clearer and more beautiful to us the more we study it. Praise the Lord for a religion that agrees with the Bible, common sense, and the wants of men." He was ordained to the gospel ministry on May 29, 1965. J.N. Loughborough and James White conducted the service. ... Within a short time, Canright became one of the most forceful and successful preachers of the Seventh-day Adventist message.

Canright worked in the Seventh-day Adventist church as an ordained minister for twenty-two years. In the early years, he was known as a gifted communicator and debater who successfully refuted opponents of Seventh-day Adventism. ...

During the decade between 1873 and 1883, Canright left the Adventist ministry three times due to ill feelings toward Ellen White and her testimonies. His relationship to her during this time can best be described as on and off.

.... Ellen White obviously played a central role in Canright's feelings about the Seventh-day Adventist church. While he expressed doubts about Adventist teaching, his relationship to her seemed to be the deciding factor in how he related to Adventism as a whole.

In 1884, he experienced a reconversion experience and returned to the ministry for the next two years, more ardent than before.

Things went fine until the General Conference sessions of 1886. This meeting changed his relationship to Seventh-day Adventism forever...

For the continuation of this story, and further insight into the arguments against Ellen White's prophetic gift, order the book *Ellen White Under Fire* by Jud Lake at www.amazingdiscoveries.org

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- 818 A New Exodus
- 819 Compromise and Calamity
- 820 The Two Most Important Questions in the Book of Revelation
- 821 A Search for Stars

# Marvellous Magnesium Your Heart

By Lorna Vanderhaeghe, MS

✓very 7 minutes, someone in Canada dies of a heart attack or stroke. Cardiovascular disease is a leading cause of death and magnesium deficiency is a major contributing factor.

Eighty-two percent of Canadians are low in magnesium, which increases the heart's oxygen supply, prevents blood clots, relaxes the smooth muscles of the arteries and slows the blockage of blood vessels.

Geographically, people who live in areas with higher magnesium in the water have less cardiovascular disease and lower blood pressure.

# **Magnesium Lowers Blood Pressure**

When the blood vessels are constricted, the heart is forced to work harder to pump blood throughout the body, causing blood pressure to rise. Magnesium supplementation has been shown to reduce high blood pressure by relaxing the blood vessels.

In a recent study, Japanese researchers who followed individuals over an eight-week period found that blood pressure significantly dropped with magnesium use. The higher the blood pressure, the larger the drop in those who took magnesium.

Women with high blood pressure should be particularly interested in magnesium because blood-pressure-lowering medications often do not work as well for women as they do for men. Because some blood pressure medications cause erectile dysfunction in men, both sexes should add magnesium to lower blood pressure.

# **Magnesium Stops Strokes**

Researchers of a 2009 American Journal of Epidemiology study looked at the blood magnesium levels of more than 14,000 men and women between the ages of 45 and 64.

Over 15 years of follow-up, it was found that low magnesium was associated with increased risk of stroke. Participants who received 270 mg daily of magnesium had a 30 percent lower risk of stroke.

Magnesium has been found to improve heart rates in heart failure patients, as well as to improve survival rates, symptoms and quality of life in patients with severe congestive heart failure.

It has also been shown to reduce C-reactive protein, a marker of inflammation, as well as to improve exercise tolerance and quality of life in patients with coronary artery disease. The mineral's relaxing effect also makes it valuable in treating irregular heart beat-even in life-threatening situations.

One study examining magnesium treatment immediately after heart attack found that it slashed the death rate by 75 percent and resulted in fewer complications.

# Not All Magnesium Is Equal

Absorption rates and tolerability varies greatly amongst magnesium supplements. Many are poorly tolerated at therapeutic doses due to magnesium's general laxative effect. Magnesium supplements that are not well absorbed include magnesium oxide, gluconate and chloride.

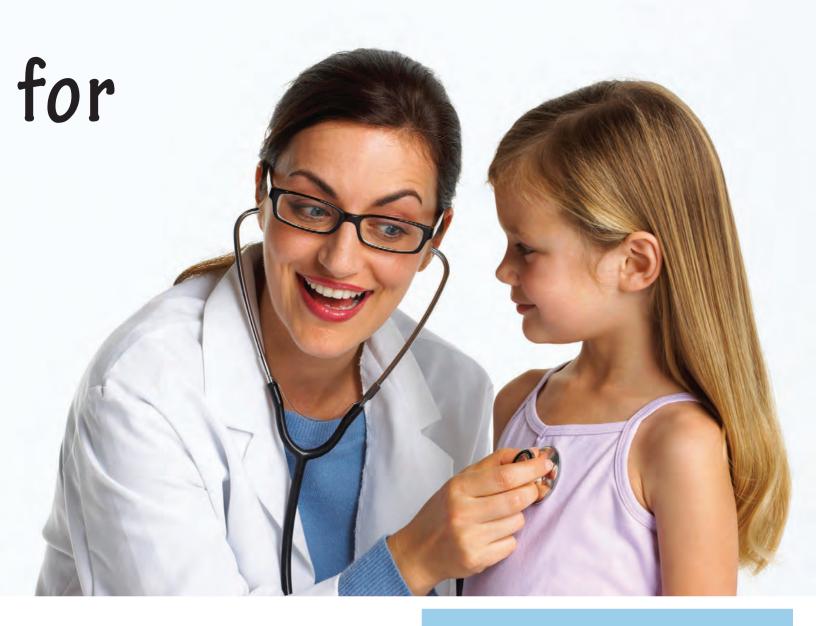
The types of magnesium that do not cause diarrhea and that are well absorbed are those bound to amino acids, such as magnesium glycinate. Magnesium glycinate is bound to glycine, which allows it to enter cells easily.

It is the only magnesium that has been shown to cross the blood brain barrier, providing excellent benefits to the brain and mood too. The recommended daily dose is 280-500 mg daily.

# **Balance Boosts Heart Vigour**

In addition to magnesium, many other factors come into play with heart disease.

A diet high in plant foods (see sidebar) and low in processed foods is essential for prevention and treatment. Remember,



the heart is a muscle and needs regular exercise. Even a brisk 30-minute daily walk is beneficial.

Lastly, stress reduction and mental/emotional wellness are two aspects that cannot be overlooked. More and more research substantiates the mind-body connection when it comes to matters of the heart.

There are many excellent books dedicated to all of these subjects. Visit a local library, find a comfortable chair and start researching—and relaxing—today.

Through diet, exercise, nutritional supplementation and mental/emotional health strategies, you can strengthen your heart and pursue a vital, more active life.

Lorna Vanderhaeghe, MS, is Canada's leading women's health expert. With degrees in nutrition and biochemistry, she is the author of 10 books including A Smart Woman's Guide to Heart Health.

Visit www.hormonehelp.com and sign up for her free monthly eletter.

# Heart-Smart Eating

# Eat plenty of these foods:

- Vegetables (7-10 half-cup servings per day)
- Fruits (1 serving per day)
- Whole grains like oatmeal, flax and seeds
- Herbal teas, vegetable juices (low sodium)
- Cold-pressed, unrefined vegetable oils (eg. extra virgin olive oil)

# **Avoid these foods:**

- Margarine and all fake/refined fats and oils
- Cakes, cookies, biscuits and candy
- White foods including bread, flour, sugar, rice, pasta
- Aspartame, food additives and fake coffee creamers



he physical and spiritual consequences of the health legacy that parents pass on to children are enormous—quite possibly eternal.

In Canada when a beluga whale carcass washes ashore, it has to be buried as toxic waste because it is so full of heavy metals from the ocean.<sup>1</sup>

Belugas have been found to have from 80 to 200 ppm of PCBs stored in their blubber. The upper limit for human consumption is 5 ppm. One female orca was found to have 1000 ppm of PCBs in her blubber.

Infertility, abnormalities, and weakness are increasing in whales, dolphins, and porpoises as a result of chemical and heavy metal poisoning.<sup>2</sup> Extinction looms.

First-born dolphin babies, called calves, often die, poisoned by their own mothers' milk:

In the wild, the many toxins, heavy metals, and PCBs in the oceans are absorbed by cetaceans and stored in their blubber. When a mother gives birth for the first time, her body purges these toxins through her milk and she literally poisons her own calf...

"The Inuit women are now like cetaceans—when they nurse their young, they risk killing them with all the toxins in their milk. So you see, the way the oceans and the dolphins and the whales go will be the way we humans go. It's just a matter of time."<sup>3</sup>

That time is already here:

Belugas are indicator species of the health of our waters, and as such, their failing health foreshadows our own fate.<sup>4</sup>

A study released this summer [2005] by the Environmental Work Group (EWG) tested the umbilical cord blood of infants born in the U.S. and found an average of 200 industrial chemicals and pollutants. In total, tests identified 287 chemicals of which 180 cause cancer, 217 are toxic to the brain and nervous system, and 208 are linked to birth defects or abnormal development.<sup>5</sup>

This testing is **before** the toxins in vaccines are added to the newborn's health disadvantage, and **before** further toxins are fed to children via pesticides, hormones, antibiotics, and other chemicals in non-organic foods.

These findings refute the assertion by some that the placenta shields cord blood (and the fetus) from most chemicals and other toxins in the environment...

For those who need a little more convincing, consider this: a Washington State University study reported in the June 3rd issue of Science magazine indicates that exposure to environmental toxins impacts health far greater than anyone ever imagined. Researchers found that the effects are passed along to offspring for as many as four generations.<sup>6</sup>

<sup>1.</sup> Brenda Peterson, Build Me An Ark (NY: W. W. Norton, 2001): 166-167, 276.

<sup>2.</sup> www.orccamm.org/toxicmeat article.htm; 1/17/06.

<sup>3.</sup> Brenda Peterson, Build Me An Ark (NY: W. W. Norton, 2001): 20-21.

<sup>4.</sup> Ibid: 276-277.

<sup>5. &</sup>quot;Body Burden—The Pollution in Newborns." ewg.org/reports/body burden2/execsumm.php (July 14, 2005).

<sup>6.</sup> James H. Martin, "New Orleans' Toxic Soup is Served Up All Over America," *Total Health* volume 27: 31.

In a similar vein, in the 1920s and 1930s Dr. Weston Price, a dentist, researched healthy primitive human groups living entirely on indigenous foods and experiencing almost no dental decay and great resistance to disease. When these groups adopted a modern processedfood, sugar-saturated diet, the results were disastrous for both them and any offspring born to them.

Not only did dental cavities become rampant upon their consuming "refined and devitalized" foods, but, more alarmingly, the children born to these people suffered "progressive facial deformities."

Narrowed facial structures and dental arches resulted in crowded, misaligned teeth. Birth defects and increased susceptibility to infections and chronic diseases also multiplied for these hapless children. *Significantly, when some natives returned to their traditional diets, open cavities ceased progressing and children now conceived and born once again had perfect dental arches and no tooth decay.*<sup>7</sup>

# **Both Parents Affect the Fetus**

While most studies of this nature focus on the mother's responsibility in passing on health or harm, Dr. Price's research revealed significant paternal genetic effects on prenatal development.

Disfiguring and dysfunctional structural aberrations often occurred in offspring when either parent consumed a nutritionally-deficient diet.

*Either parent may contribute directly to certain of the defects of the children, due to defects in the germ plasm [DNA].*<sup>8</sup>

In one example, an Eskimo woman prepared native foods for herself throughout a lifetime including twenty-six pregnancies.

For her second husband, she prepared his preferred diet of refined foods. She was free of tooth decay her entire life; the second husband was full of dental caries and also had facial structure abnormalities. "Several of the children [born to them] had incomplete development of the face and of the dental arches."<sup>9</sup>

# Diseased children are born because of gratification of appetite by the parents.

The role of parental health and temperance in the genetic blueprint of the fetus and post-birth child development is not news. At the turn of the 20<sup>th</sup> century, Ellen G. White wrote this:

There is a lesson for parents in the instruction given to the wife of Manoah [Samson's mother], and to Zacharias, the father of John the Baptist. The angel of the Lord brought the tidings that Manoah should become the father of a son who was to deliver Israel; and in reply to the anxious inquiry, "How shall we order the child, and how shall we do unto him?" the angel gave special directions for the mother: "Neither let her drink wine or strong drink, nor eat any unclean thing: all that I commanded her let her observe."

The child will be affected, for good or evil, by the habits of the mother. She must herself be controlled by principle, and must practice temperance and self-denial, if she would seek the welfare of her child.

And fathers as well as mothers are included in this responsibility. Both parents transmit their own characteristics, mental and physical, their dispositions and appetites, to their children. As the result of parental intemperance, the children often lack physical strength and mental and moral power.

Liquor drinkers and tobacco lovers hand down their own insatiable craving, their inflamed blood and irritated nerves, as a legacy to their offspring. And as the children have less power to resist temptation than had the parents, each generation falls lower than the preceding.

The inquiry of every father and mother should be, "What shall we do unto the child that shall be born unto us?'Many are inclined to treat this subject lightly; but the fact that an angel of heaven was sent to those Hebrew parents, with instruction twice given in the most explicit and solemn manner, shows that God regards it as one of great importance (Te, 269, emphasis added).

# **Curses and Blessings**

Many whom God would use as His instruments have been disqualified at their birth by the previous wrong habits of their parents. When the Lord would raise up Samson as a deliverer of His people, He enjoined upon the mother correct habits of life before the birth of her child....

In instructing this one mother, the Lord gave a lesson to all who should be mothers to the close of time. Had the wife of Manoah followed the prevailing customs, her system would have been weakened by violation of nature's laws, and her child would have suffered with her the penalty of transgression (GH Feb., 1880; 2BC 1005).

Obedience to God's health principles results in inestimable spiritual blessings.

He who will observe simplicity in all his habits, restricting the appetite and controlling the passions, may preserve his mental powers strong, active, and vigorous, quick to perceive everything which demands thought or action, keen to discriminate between the holy and the unholy, and ready to engage in every enterprise for the glory of God and the benefit of humanity (ST Sept. 29, 1881; 2BC 1006).

It cannot be denied, then, that a child's usefulness in God's service is greatly determined by the practices of both parents, both before and after birth.

Let old and young remember that for every violation of the laws of life, nature will utter her protest. The penalty will fall upon the mental as well as the physical powers. And it does not end with the guilty trifler. The effects of his misdemeanors are seen in his offspring, and thus hereditary evils are passed down, even to the third or fourth generation (ST, Dec. 6, 1910; Te, 56).

# **Our Baleful Inheritance**

Our ancestors have bequeathed to us customs and appetites which are filling the world with disease. **The sins of the parents, through perverted appetite, are with fearful power visited upon the children to the third and fourth generations.** The bad eating of many generations, the gluttonous and self-indulgent habits of the people, are filling our poorhouses, our prisons, and our insane asylums. Intemperance... has resulted in great mental and physical degeneracy, and **this degeneracy is constantly increasing** (RH, July 29, 1884, emphasis added).

A. Price Weston, Nutrition and Physical Degeneration (La Mesa, CA: Price-Pottinger Nutrition Foundation, Inc., 2004): xv.
 Ibid: 342-351.

<sup>9.</sup> Ibid., 342-348.

Even infants in the cradle suffer from afflictions caused by the sins of their parents (CH, 19).

Diseased children are born because of gratification of appetite by the parents (AH, 258).

How serious is this in God's eyes?

When men take any course which needlessly expends their vitality or beclouds their intellect, they sin against God; they do not glorify Him in their body and spirit, which are his (CTBH, 8).

When men take any course which needlessly expends their vitality or beclouds their intellect, they sin against God...

### **Emotional Legacies, Too**

Behaviors related to emotions are also the inheritance of children:

Be what you wish your children to be. Parents have perpetuated by precept and example their own stamp of character to their posterity. The fitful, coarse, uncourteous tempers and words are impressed upon children, and children's children, and thus the defects in the management of parents testify against them from generation to generation (CG, 278).

Even before the birth of the child, the preparation should begin that will enable it to fight successfully the battle against evil. If before the birth of her child she [the mother] is self-indulgent, if she is selfish, impatient, and exacting, these traits will be reflected in the disposition of the child. Thus many children have received as a birthright almost unconquerable tendencies to evil. But if the mother unswervingly adheres to right principles, if she is temperate and self-denying, if she is kind, gentle, and unselfish, she may give her child these same precious traits of character (AH, 256).

The basis of a right character in the future man is made firm by habits of strict temperance in the mother prior to the birth of her child... This lesson should not be regarded with indifference (AH, 258).

Again the father has influence, this time on the future moral character and physical health of the child. During this time, "the husband and father is under special responsibility to do all in his power to lighten



the burden of the wife and mother" (AH, 257).

After birth, when nursing, a mother's moods also affect the infant.

The character also of the child is more or less affected by the nature of the nourishment received from the mother. How important, then, that the mother, while nursing her infant, should preserve a happy state of mind, having the perfect control of her own spirit. By thus doing, the food of the child is not injured. ...[If she is upset or irritable,] the nourishment the infant receives from its mother will be inflamed, often producing colic, spasms, and in some instances causing convulsions and fits (AH, 260).

# What if Damage is Already Done?

For those of us faced with physical or spiritual struggles due to parental ignorance or intemperance, or perhaps due to increasing environmental toxins, there is no guarantee that the struggle to regain physical, mental, and moral health and temperance in all things will be easy or fully successful in our lifetimes.

Sometimes some aspects of the inherited physical condition are permanent, especially as relates to body structure or DNA.

Natural law—the law of heredity, in this case—means that offspring often begin their lives "under handicaps of the parents' physical and moral sins."

No one can escape completely the consequences of dissipation, disease, profligacy, evil doing, ignorance, and bad habits handed down by preceding generations (1 BC, 603).

### **God's Provision and Our Response**

God's justice and mercy allow for "disadvantages of birth, inherited predispositions, and influences of previous environment upon the character."

At the same time, our aim is to be victorious over every inherited and cultivated tendency to evil (1 BC, 603).

Despite the insult which man has offered him, God's love is still extended to the race; and he permits light to shine, enabling man to see that **in order to live a perfect life he must obey the natural laws which govern his being**. How important, then, that man should walk in this light, exercising all his powers, both of body and mind, to the glory of God (CTBH, 8, emphasis added)!

When we choose to make God's principles a priority in our lives, we have assurances of divine aid.

Although children and grandchildren of sinful men and women suffer inherited tendencies to disease and moral weakness, God offers "exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust" (2 Peter 4:1).

All things pale to insignificance next to that inexpressibly wonderful truth. Let men and women of childbearing and child-rearing years remember God's promise in Deuteronomy 7:9 to "keep covenant and mercy... to a thousand generations" with those who obey not only His moral but His physical laws.



# **The Faith of Jesus**

By John Witcombe

The faith of Jesus is not comprehended. We must talk it, we must live it, we must pray it, and educate the people to bring this part of the message into their home life. "Let this mind be in you, which was also in Christ Jesus." (1888, 430).

Is the faith of Jesus part of your home life? Perhaps you haven't given much thought to this aspect of the Third Angel's Message. Many readily acknowledge that their understanding of this subject is rather limited, and yet, it is of equal importance to the commandments of God.

The third angel's message is the proclamation of the commandments of God and the faith of Jesus Christ. The commandments of God have been proclaimed, but the faith of Jesus Christ has not been proclaimed by Seventhday Adventists as of equal importance, the law and the gospel going hand in hand. I cannot find language to express this subject in its fullness. "The faith of Jesus." It is talked of, but not understood (3SM, 172).

We cannot obey the gospel unto salvation, until the science of faith is better understood, and until more faith is exercised (RH October 18, 1898).

Consider the faith of Jesus for a moment. For Jesus to have been "in all points tempted like as we are" (Hebrews 4:15), the possibility of yielding to sin had to have been there.

Jesus knew that His life of continual obedience would be possible only if He continued to submit moment by moment to His Father's will. He also knew that His resurrection as our Saviour would be based upon the condition that He remained victorious.

Such was His understanding of the conditions, but what was his faith?

Jesus said unto them, The Son of man shall be betrayed into the hands of men: and they shall kill him, and the third day he shall be raised again" (Matthew 17:22-23).

Jesus spoke confidently of His resurrection, indicating that He had faith that His Father would keep Him from yielding to sin. Did Jesus have any word from God that he could place His faith in that declared that He would remain victorious until the end?

He found that word in Isaiah 42:4: "He shall not fail nor be discouraged, till he have set judgment in the earth," and even had a promise regarding His resurrection: "For thou wilt not leave my soul in hell; neither wilt thou suffer thine Holy One to see corruption" (Psalm16:10).

Do we have any word from God that we can place our faith in which will give us hope that God will keep us from falling? Can we believe this with the same assurance with which Jesus believed? Yes indeed!

And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen (2 Timothy 4:18).

Now unto him that is able to keep you from falling (Jude 1:24).

Faith is expecting the Word of God itself to do what that word says, and depending upon Faith is expecting the Word of God itself to do what that word says, and depending upon that word alone to accomplish what it declares.

that word alone to accomplish what it declares. Jesus lived by every word that proceeded out of the mouth of God. He put His faith in God's Word, expecting the Word to accomplish what it said. And according to His faith it was unto Him (Matthew 9:29). This is the faith of Jesus and it is by this the Christian lives.

...and the life which I now live in the flesh I live by the faith of the son of God, who loved me, and gave himself for me (Galatians 2:20).

A correct understanding of theological facts is important, but, "This is the victory that overcometh the world, even our faith" (1 John 5:4). Jesus had faith in the written word and declared with David, "I have inclined my heart to perform thy statutes always, even unto the end" (Psalm 119:12).

... constantly the words were on His lips, 'I will not fail nor be discouraged''' (ST, June 16, 1898).

God's Word has creative power, and Jesus' faith in the Word caused it to be true in His life. That Word also says, "O bless our God... Which holdeth our soul in life, and suffereth not our feet to be moved" (Psalm 66:8-9). Jesus believed that His soul would be held in life and according to His faith it was unto Him.

It came to me as a new thought that my soul would be held in life. I had not realized that "We have a right to say, 'In the strength of Jesus Christ, I will be a conqueror. I will not be overcome by Satan's devices" (MS 31, 1911).

God's Word has creative power, and Jesus' faith in the Word caused it to be true in His life.

How I wish that all might believe in the promises of God...We are not to look into our hearts for a joyful emotion as an evidence of our acceptance with Heaven, but we are to take God's promises and say, "they are mine. The Lord is letting His Spirit rest upon me. I am receiving the light; for the promise is, 'Believe that ye receive the things ye ask for, and ye shall have them' By faith I reach within the veil and lay hold of Christ, my strength. I thank God that I have a Saviour" (FLB, 9).

Several years ago, I was somewhat perplexed by a sentence I read in a daily devotional entitled Sons and Daughters: To go forward without stumbling, we must have the assurance that a hand all-powerful will hold us up and an infinite pity be exercised toward us if we fall (154).

If we fall? What about the assurance in that all-powerful hand that will hold us up? We were talking faith. Why throw in that "if we fall" bit? Doesn't that just diminish our focus

and thus our faith in God's hand that is able to keep us from falling?

suspend it between two skyscrapers.

The ground (infinite pity) is now far removed, so that if you fell it would be to your death. If you were to go forward, your whole focus would now be on not falling off. The very fear of falling would prevent you from going forward.

Now, take that same all-powerful plank and

We must know that infinite pity is available to those who stumble.

Just as soon as you commit sin, you should flee to the throne of grace, and tell Jesus all about it. You should be filled with sorrow for sin, because through sin you have weakened your own spirituality, grieved the heavenly angels, and wounded and bruised the loving heart of your Redeemer. When you have asked Jesus in contrition of soul for his forgiveness, believe that he has forgiven you... Ask your Heavenly Father to forgive your errors, and pray that through the grace of Christ you may be able to overcome every defect of your character (BE, February 1, 1892).

# My history of being overcome in temptation made it seem impossible for me to believe that I would not continue to fail, and yet the Spirit of God says, "Go forward saying, I will not fail nor be discouraged" (Spaulding-Magan, 198).

The enemy will suggest that the Lord will not keep us from sinning, and make us obedient to all His requirements. He will direct our minds to our past imperfections, to our sins, failures, and mistakes, and tell us we need not expect to come off conquerors at last (ST September 12, 1892).

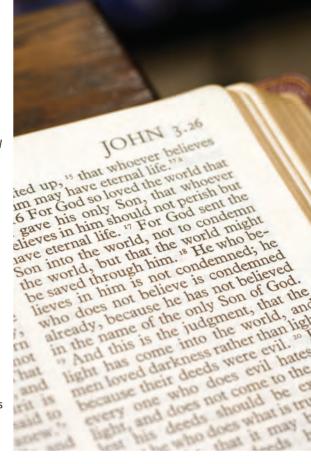
My only alternative to faith was to deny the promise of God by unbelief.

Are you living by the faith of the Son of God? If so, "You should be able to say, 'I have set the Lord always before me, because He is at my right hand, I shall not be moved" (1888, 1189). The faith of Jesus is simply believing every promise that proceeds out of the mouth of God. This was a para-

dox that I didn't immediately comprehend. It was readily evident how faith in the all-powerful hand that kept you from stumbling could enable you to go forward without stumbling. But how did believing in infinite pity actually assist in keeping one from stumbling?

But there stood that sentence. Assurance in both an all-powerful hand and infinite pity for failure are required in order to keep from stumbling. I submitted to the paradox, accepting it as true and trusted that God would, in time, help me understand it.

Soon after, the following illustration formed in my mind: if you were to walk upon a 12-inch plank lying a few inches from the ground, you could go forward quite easily without stumbling. The all-powerful plank would adequately support your weight and you would have no fear of falling because the ground (infinite pity) would be only inches below the plank.

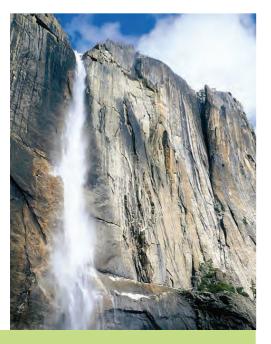


Why, I have just as firm a trust in God that He will stand my feet on Mount Zion, as that I live and breathe; and I am going to keep that trust till I die (LS, 442).

Do not dishonor God by one expression of inefficiency and inability to overcome fully, entirely, and gloriously through Jesus Christ, who had died to redeem you, and make you a free man. Conquer, yes, conquer. Put your will every moment on the side of God's will. Think hopefully and courageously. In faith cry out against Satan, and looking unto Jesus who is the author and finisher of your faith, say, 'Jesus, my Redeemer, I am weak. I cannot do anything without Thy special help. I hang my helpless soul on Thee.' Then let your imagination dwell on the thought that you are in the presence of Jesus, walking with God, your life hid with Christ in God.... Then you will not glorify Satan by imagining yourself weak and helpless.... You will say, "Jesus lives, and because He lives I will live also. He has conquered Satan in my behalf, and I will not be conquered by the devil once. I will not disgrace my Lord and leader; but I will triumph in His holy name, and come off more than conqueror" (OHC, 41).

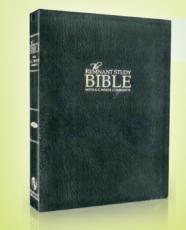
When we accept the faith of Jesus, "It is the privilege of each to be able to say, 'And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen''' (RH, July 18, 1907).

# Talk and act as if your faith was invincible (COL 147).

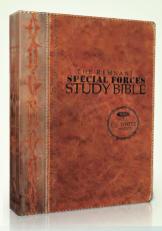


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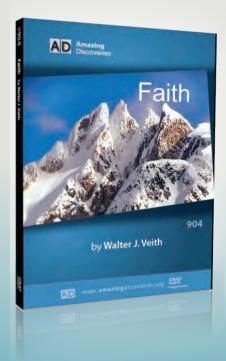
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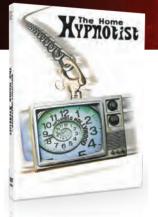


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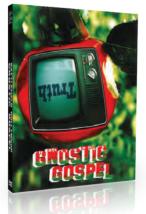
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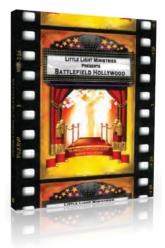
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