

SPRING 2007

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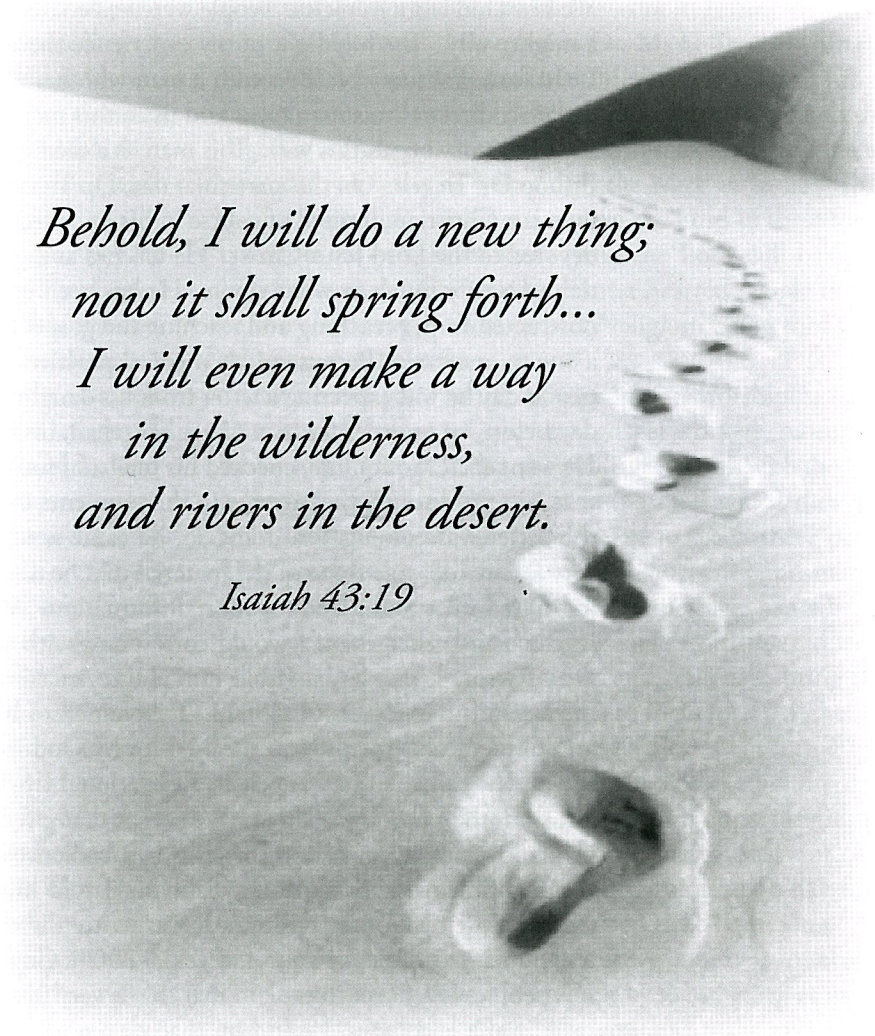
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Faith on the line

A Journal for Those Who Dare

*Behold, I will do a new thing;
now it shall spring forth...
I will even make a way
in the wilderness,
and rivers in the desert.*

Isaiah 43:19



FROM THE FRONTLINES

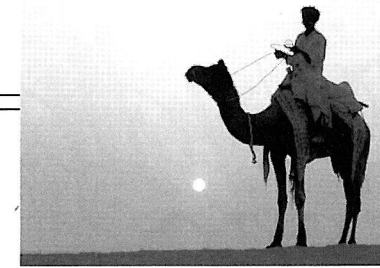
Ministry Highlights of 2006

by Victor Gill

Serving the Lord on the front lines of the battle field is always a challenge and an experience in this part of the world, but more so in foreign countries, particularly if that country is more pagan than Christian. This was certainly true this year in India, as we had encounters with people that were demon possessed and all sorts of ailments of one kind or another requiring special prayer. We saw God work miracles. People were healed. Demons were cast out and we saw the Lord work in a mighty way. The highlight of my experience there this time, has to do with a correspondence that I had from February of 2006 with a man who has a tremendous story to tell. I believe that God has certainly directed this man to us and us to this man.

The story began this way. This man is a medical doctor and a minister. He calls himself bishop-Bishop Dr. Treveli. On this particular day, Dr. Treveli was expecting an email from his daughter. This man is a Christian, limited of course in his knowledge and understanding of bible prophecy, but very devoted to the Lord Jesus Christ. He teaches and preaches to his fellow man in a state where Christianity is very much frowned upon. He has been imprisoned several times and beaten. He has been obstructed from preaching and teaching the gospel but he is very persistent and works very much on a one to one basis. Because of his medical practice, he is able to witness to people. On this one particular day he was expecting a letter from his daughter, Puna. His personal computer had crashed the day before, so in order for him to get her email, he had to go to an Internet Café to receive the letter. He went there, got online, checked his mail and found no letter yet from his daughter. So he decided that he would search the internet in the moments that he had while he was waiting, because he knew this letter was coming. In doing so, he came across the website of Amazing Discoveries. He was very fascinated with some of the material that he discovered. Immediately he wrote a letter to Amazing Discoveries and asked for more information. When Dagmar received the letter, she forwarded it to me and asked me if I would correspond with this man and find out more about him, which I did. I wrote him a letter. I told him about Amazing Discoveries being an independent ministry of the Seventh day Adventist church. I explained to him that this church is a world wide movement, a fulfillment of bible prophecy, raised up by God to preach the everlasting gospel in the context of the message of the three angels in Revelation 14:6-12. I told him that we believe in salvation as a gift from the Lord Jesus Christ. We accept that gift by faith and we choose to demonstrate our faith, belief, love and appreciation for Jesus by obedience to His commandments, which includes the 4th commandment-the Seventh-day Sabbath. I told him that we believe that the Seventh-day Sabbath was set aside by God at creation. It was written in the ten commandments and God has asked us to remember it and keep it holy. In Ezekial 20:20, God says that the Sabbath is a sign between Him and His people. I went on to explain that this is very important and the Sabbath is going to become a key issue in the end times. I told him that we are people of prophecy. We deal with end time events. I explained that we have a special message of preparation for people in the end times. We believe that this church is also a fulfillment of prophecy given in the last chapter in the book of Malachi 4:5,6, where Elijah is going to come before the end of time.

I shared all this with him, letting him know exactly who Amazing Discoveries is and what we



stand for. I told him that if he is interested in further correspondence, that he should continue to write me and I would respond, which we did. It became quite evident to me that this man is a seeker of truth. We had arranged to meet in India when Nettie and I went there in November, 2006. This man only had 4 days that he could come to see me. It took him a whole day and one night by train to come to where I was, at the end of my series in Hyderabad. After traveling all day and night, he came and got cleaned up quickly as he was anxious for me to share with him. Time was of the essence. Nettie and I were leaving India the next day for Malaysia. We sat down after breakfast and I shared Bible prophecy with him. He told me he was lost for words.

He didn't know what to say. He wondered where he had been for 30 years. He had never heard anything like this in his life. He exclaimed that this was the truth. He wanted to understand it. He wanted to know more. So I shared throughout the whole day as much as I could and then I asked him if there was any way that he could come to Canada. I explained to him that if he could come to Canada and spend a month with me, I could share with him the whole message and he could attend an evangelistic series with me. He said that the only chance that he had was at the end of March because he was booked solid with appointments, etc. I told him that I was going to be doing a series in Canmore, Alberta, beginning March 23rd. I mentioned to him that he could go through the whole series with me and each day we could spend time together as I share the gospel with him. I invited both him and his wife. They are both preachers, authors and very intellectual.

After coming back to Canada, I shared this with Amazing Discoveries who agreed that the potential here is second to none, as this man has 105 pastors working under him. Each pastor has 2 or 3 churches so we are looking at roughly 100,000 people that this man has influence with. I believe that when this man hears this message and is empowered through the Holy Spirit, that he will embrace it. I know that he will go back to his country and preach to those pastors and teach them what he has learned. Besides this, these pastors will go and share with their people and who knows what God

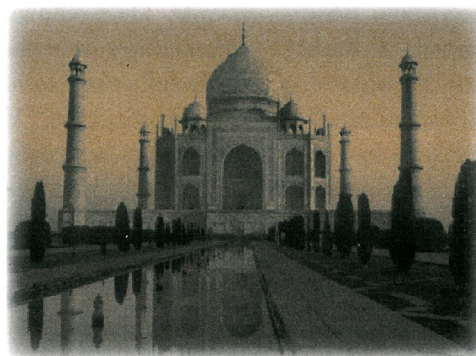
has in mind. This is going to be something that I am truly looking forward to. I believe this man has influence. Dr. Treveli has been to the United States around 35 times preaching to large conventions, sometimes hundreds of thousands of people. He is renown. He is a very smart man. Once he gets this message in his heart and soul, I believe that he will be a powerful worker to help finish the work in India. We need to pray for this man. His name is Dr. M. E. Treveli. Amazing Discoveries has arranged to bring him to Canada for a month. I solicit your prayers on his behalf so when we meet and share together in Alberta, that the Lord will make him and his wife powerful witnesses to help finish the work in India. This is the most exciting part about serving the Lord in these foreign countries, as you never know who the Lord will bring you in contact with. God has his honest hearted people in every country, in every church, in every religion, being they Christian or non-Christian.

When we go to India, these people are worshipping snakes. One month before we go there, gospel workers, pastors and bible workers are sent into these villages to talk with the chiefs and to arrange gospel meetings. If the chief agrees, they move right into the community and begin to teach these people. They go through all 27 of our bible doctrines and many of these people accept and embrace the message. So when we go there, we gather up all these people from these different villages. We send trucks, tractors and trailers to bring these people to the meetings. We preach to them for 15 nights. We just pour the truth of God into their hearts and bring them to a decision. People are being baptized by the hundreds and by the thousands. We praise God for the opportunities that He gives us in these last days. Remember the servant of the Lord says that the work in the end is going to go like fire in a stubble and it will go with the speed of lightening. May God help us and keep us faithful as we endeavor to serve the Lord in these last days. Let us not become weary as we will reap if we faint not. God bless you and make you a blessing. I solicit your support for Amazing Discoveries in the work that is being done around the world. In Jesus name, Amen.

by Victor Gill

OUR TRIP TO India 2006

by Nettie Gill



OUR trip to India began just as our two previous trips had begun - a long, long plane ride. The only thing different was that we were flying Malaysia Air, and were making our last transfer in Kuala Lumpur, Malaysia. Here the airlines provided us with a hotel where we could rest while we waited for our next flight. This really helped us as when we landed in Hyderabad at 1 a.m. the next day, we weren't as tired as we could have been had we not had that opportunity.

Going through customs wasn't a problem until they discovered that Victor had a projector. What would you want to do with a projector if you were coming to India as a tourist? Well, it took a bit of talking, but with one of our team going to be giving health lectures, and we were going to be taking a lot of pictures of the local people to show to the villagers in the evenings, one of the officials finally came to the fellow that was interrogating us and told him to let us go. Now we were on our way to the hotel.

After about 4 hours sleep, we woke up to get ready for a full day. Don Folkenberg was holding an initiation seminar at the Union Office, to organize the various groups and to explain how things would be done. The site that we were scheduled to work at had been cancelled because of political unrest. The Hindu radicals did not want to see Christians coming into their community and teach the people about Jesus. Now we would be working from the north end of Hyderabad and would have to travel anywhere from 1½ hours to 2¼ hours, depending on the traffic on the highway.

Our group consisted of Victor Gill, the speaker, Nettie Kilba, our health lecturer, and myself, Nettie Gill, the children's program leader of Bible stories and songs.

The traffic was absolutely horrendous at times. I'm sure that only the angels of the Lord kept us from getting killed by the huge trucks and vehicles that were passing each other on the highway. Sometimes one car would be passing another vehicle when another would be passing the car that was passing

the other vehicle! We came across one terrible accident that jammed the traffic for miles. We had to take a road that was under construction to get out of the jam.

We had our site set up on a Boy's School yard. The grounds were just littered with paper and garbage. One evening I decided to bring plastic bags and plastic gloves and I picked up a whole lot of the litter. The people just stood around and watched. They are totally unaffected by the filth that is around them. When I gave some children a glove each, they began to help me. They were really intrigued by the glove! It was an interesting lesson for them.

Our attendance was about 450-500 people the first night. It grew until on the last night we had 1500 people. We found out that we would have had many more people coming if there had been more trucks to bring them in. Many people couldn't find room on the trucks to come to the meetings.

One night a young man came to the meeting in a drunken state. He caused quite an uproar. The men in the audience got up and began beating and kicking this young man. I couldn't see what was happening, but suddenly Victor wasn't on the platform anymore. I wondered if this mob was coming for him, so I got up to see what was taking place. Then I saw that the group had knocked over Victor's projector and he had gone to pick up the pieces. The translator went on his motorbike to get the police as nothing he could say would stop the people. I was afraid they would kill this young man. Nettie Kilba was praying, and so were Victor and I, that the people would settle down and that the message would not be lost because of the evening's happenings. Once the young man was taken away by the police, the people did settle down, and the meeting continued minus the pictures on the screen.

Each day we would go to the villages and visit in the people's homes. We would come home from the meetings around one o'clock in the morning and at times even later than that. We were up again by 6:30 a.m. to get ready for another day of visiting and baptisms. Visiting the villages was an interesting

thing. We were able to pray in every home that we visited. The people were so glad to have us come and see them in their homes.

One home we visited had a very sick lady living in it. She was sitting on her mat with the look of real misery and pain in her face. She asked us to pray for her healing as she had very bad pain in her spleen and pancreatic area of her stomach. So Victor had a beautiful prayer for her, and we left to go to the next home. Soon she came out of her home and began following us with such joy and happiness on her face. She said that all the pain was gone and that she felt whole and well again. She was just thrilled! We were thrilled as well. We don't know how many people are healed in answer to our prayers. They are so glad when we pray for them. We can't communicate with them and so we really don't know. I do know that the Great Physician knows the desires of their hearts and does for them what they, in their simple faith, believe He will do.

Each evening before the people go home, they line up in front of us and ask us to bless them. This can take a lot of time because there are a lot of people to pray for.

One evening a young man came to me for prayer. As I began praying for him, he jerked away from me. I couldn't figure out what was the matter. He stood a little ways away from me with a strange look on his face. I wondered what was the matter, but I had no one with me to interpret what might be happening. Then when everyone was leaving, this same man came to Nettie Kilba. She began praying for him and he began shaking and acting very strange. She recognized at once that this man had a demonic problem. With strength that she didn't know that she possessed, she kept him from collapsing on the ground. She began claiming Bible promises and called for Victor to come and help her. He and I were already in the van waiting for Nettie Kilba to come in so we could leave. He quickly got out and ran to her side, putting his arm around the man, and began to pray and claim the promises of God. Suddenly Victor could feel the demon leaving, and the man relaxed. What a smile came over his face!

A few nights later, as Victor was praying for a number of people, this same man came rushing towards him. He was frothing at the mouth and seemed ready to tear him to pieces. Cold shivers ran up and down Victor's spine. He put out his hands to stop the man from getting any closer and then began praying for him, claiming the promises of God and quoting scripture. He rebuked the evil one in the name of Jesus. In the meantime he felt he needed a little more support and tried to get our attention, but we were both busy praying for other people. One of the native Bible workers was near and saw what was happening and came to help. Then one of the newly baptized members took out his new Bible and placed it on this man's head. Victor kept praying. Big puffs of wind seemed to

be coming from the man and blowing Victor right in the face. Strange sounds were coming from the man. It was not a good time. Then suddenly, the evil spirit left him. The man was so relieved!

Victor realized that he had to get this man to make a decision to follow Jesus, so he did and got him to repeat a prayer of commitment. Then He talked to him and told him, through the interpreter, that he needed to get rid of all idols and icons that might be in his house. Only then could he be free from Satan. He also told him to read his Bible every day and to pray often. The man promised to do so. We pray for him that the evil one is permanently defeated in this man's life. A few nights later, he brought his wife and child to the meeting. They were so happy! It was wonderful to see the look of joy on their faces.

Working in India has its challenges. It is tiring work, but there are great rewards as we see people baptized and coming to the meetings with their new Bibles, checking up on all the texts. When we left the area, over 500 people had been baptized and when Vic made the call on the last meeting, dozens of hands went up that they wanted to be baptized and join God's remnant church.

We had another very interesting young man come to our meetings. He was a very good looking young man, and was very helpful in setting up the site and taking it down at night. We found out through our translator that he had been through our Adventist school system, and had also attended Spicer Memorial College in India. However, he became discouraged the last year that he attended when he failed a class.

He left school and became involved with his sister's husband, who was not a Christian. He began drinking with him and soon was not having anything to do with the church. One day his brother-in-law indicated to him that there was a young man that he hated, and he asked him if he would kill this man. One day our friend, (whose name I have forgotten) got inebriated and followed this man, killing him. After this, he cut the body into three parts, throwing the head in the bush, his torso under a bridge, and discarded the rest somewhere else. When our friend sobered up and realized what he had done, he had no peace. The terrible scenes that he had brought about haunted him day and night.

Our friend finally brought himself to go to the police station and confess to what he had done. He told them where the body parts were located and willingly went to jail. While there, he determined that the life that he was living wasn't worthwhile. He would return to the truths he had learned when he went to the Adventist school.

When his trial came up, the Judge released him because of his willingness to confess and cooperate with the police.

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Prayer

does it work?

by Dr. Willard Regester

Speaking of prayer, G.K. Chesterton insightfully declared, "The Christian ideal has not been tried and found wanting; it has been found difficult and left untried." So it is with prayer, the very foundation of the Christian life. Without question, prayer is difficult - prayer is work. Prayer should not be something that we use to fill in the cracks of our spare time - rather it should fill the best hours of each day. Hours? Yes! Allow me to recite for you the habits of some of God's men.

Payson wore the hard-wood boards into grooves where his knees pressed so hard and so long. Brainerd said, "I love to be alone in my cottage, where I can spend much time in prayer." Bishop Andrews spent the greatest part of five hours every day in prayer and devotion. Sir Henry Havelock always spent the first two hours of each day alone with God. If the encampment was struck at 6 a.m., he would rise at 4.

Earl Carins rose daily at 6 o'clock to save an hour and a half for the study of the Bible and prayer, before conducting family worship, (Yes, friends, family worship. How is it in your home?) at a quarter to 8.

Dr. Judson's success in prayer is attributable to the fact that he gave much time to prayer. he says on this point:

"Arrange thy affairs, if possible, so that thou canst leisurely devote two or three hours every day not merely to devotional exercises but to the very act of secret prayer and communion with God. Endeavor seven times a day to withdraw from business and company and lift up thy soul to God in private retirement. Begin the day by rising after midnight and devoting some time amid the silence and darkness of the night to this sacred work. Let the hour of opening dawn find thee at the same work. Let the hours of nine, twelve, three, six, and nine at night witness the same. Be resolute in this cause. Make all practicable sacrifices to maintain it. Consider that thy time is short and that business and company must not be allowed to rob thee of thy God."

"Is it true that prayer is simply the compliance with habit, dull and mechanical? A petty performance into which we are trained till tameness, shortness, superficiality are its chief elements? Is it true that prayer is, as is assumed, little else than the half-passive play of sentiment which flows languidly on through the minutes or hours of easy reverie?" Canon Liddon continues: "Let those who have really prayed give the answer. They sometimes describe prayer with the Patriarch Jacob as

a wrestling together with an Unseen Power which may last, not infrequently in an earnest life, late into the night hours, or even to the break of day. Sometimes they refer to common intercession with Paul as a concerted struggle. They have, when praying, their eyes fixed on the Great Intercessor in Gethsemane, upon the drops of blood which fall to the ground in that agony of resignation and sacrifice. Importunity is of the essence of successful prayer. Importunity means not dreaminess but sustained work. It is through prayer especially that the kingdom of heaven suffereth violence and the violent take it by force. It was a saying of the late Bishop Hamilton that "No man is likely to do much good in prayer who does not begin by looking upon it in the light of a work to be prepared for and persevered in with all the earnestness which we bring to bear upon subjects which are in our opinion at once most interesting and most necessary."

So, does prayer work? Either prayer works or the men whose prayer life we have discussed have wasted hundreds of hours. (Incidentally, the examples given above were from The Complete Works Of E.M. Bounds On Prayer. I highly recommend it. It will change your life.)

As I stated and confirmed by these men, prayer is work. It calls you to communicate with your Creator early in the day and to arrange your schedule so that the lesser activities of the day be put in their proper order. Prayer is demanding and to one who wants to walk the streets of gold, it forces you to set your priorities right.

Fact: The greatest enemy of prayer is sleep. How many seasons with the Lord have you slighted because you just rolled over and went back to sleep? Be assured, you are the loser. Eternal life?

Allow me to share with you an interesting and inspiring story. Lorena sat in my Sabbath School class week after week and week after week I urged them to set aside one hour - arise one hour earlier if necessary - for prayer and Bible study. "Finally", she says, "you got to me, so I decided to give it a try." Their thermostat was set to come on at 6 a.m. so not wanting to wake her husband, she placed a blanket on a comfortable chair with a nice reading lamp, so that she was all set for prayer and Bible study the next morning. I had assured the class that they did not need to set an alarm because, if asked, God would awaken them right on the requested schedule. Sure enough, the next morning Lorena awoke and assuming

God had done His job by waking her up at 5 a.m., she got up and settled into her easy chair wrapped in that warm blanket. But, no sooner had she gotten settled in when the thermostat came on. Lorena says, as she tells the story, "Then I knew the Lord had let me down, but I decided to go to the kitchen and check the clock and you know what? It was exactly 5 a.m." The Lord turned the thermostat on one hour early. What a God we serve. Is Lorena a believer in prayer? You bet! Does prayer work?

As I have stressed - the prayer life/spiritual life is work. John Wesley's Holy Club realized this and therefore established 22 questions to ask themselves each day. I urge you to ponder these questions. Clip them out and do likewise - Ask yourself these questions each day.

Questions From John Wesley's Holy Club ¹

These are the 22 questions the members of John Wesley's Holy Club asked themselves each day in their private devotions over 200 years ago:

1. Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?
2. Am I honest in all my acts and words, or do I exaggerate?
3. Do I confidentially pass on to another what was told to me in confidence?
4. Can I be trusted?
5. Am I a slave to dress, friends, work or habits?
6. Am I self-conscious, self-pitying, or self-justifying?
7. Did the Bible live in me today?
8. Do I give it time to speak to me everyday?
9. Am I enjoying prayer?
10. When did I last speak to someone else of my faith?
11. Do I pray about the money I spend?
12. Do I get to bed on time and get up on time?
13. Do I disobey God in anything?
14. Do I insist upon doing something about which my conscience is uneasy?
15. Am I defeated in any part of my life?
16. Am I jealous, impure, critical, irritable, touchy, or distrustful?
17. How do I spend my spare time?
18. Am I proud?
19. Do I thank God that I am not as other people, especially as the Pharisee who despised the Publican?
20. Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?

21. Do I grumble or complain constantly?

22. Is Christ real to me?

-Dorothy Johnson

Does prayer work? You are the judge. As I close, allow me to leave with you a few thoughts from the Messenger of the Lord.

"Pray to God. Commune with Him. Prove the very mind of God, as those who are striving for eternal life and who must have a knowledge of His will. You can reveal the truth only as you know it in Christ. You are to receive and assimilate His Words; they are to become part of yourselves. This is what is meant by eating the flesh and drinking the blood of the Son of God. You are to live by every word that proceedeth out of the mouth of God; that is, what God has revealed. Not all has been revealed; we could not bear such a revelation. But God has revealed all that is necessary for our salvation. We are not to leave His word for the suppositions of men." CH 371

"A close connection with heaven will give the right tone to your fidelity and will be the ground of your success. Your feeling of dependence will drive you to prayer and your sense of duty summon you to effort. Prayer and effort, effort and prayer, will be the business of your life. You must pray as though the efficiency and praise were all due to God and labor as though duty were all your own. If you want power you may have it, as it is awaiting your draft upon it. Only believe in God, take Him at His word, act by faith and blessings will come." CH 367

"The darkness of the evil one encloses those who neglect to pray. The whispered temptations of the enemy entice them to sin; and it is all because they do not make use of the privileges that God has given them in the divine appointment of prayer. Why should sons and daughters of God be reluctant to pray, when prayer is the key in the hand of faith to unlock heaven's storehouse, where are treasured the boundless resources of Omnipotence? Without unceasing prayer and diligent watching, we are in danger of growing careless and of deviating from the right path. The adversary seeks continually to obstruct the way to the mercy seat, that we may not by earnest supplication and faith obtain grace and power to resist temptation." SC 94,95

Friends of mine, I urge you, nay, I beg you to establish a prayer life - NOW! ■

¹ Taken from *Encyclopedia of 1500 Illustrations*, Paul Lee Tan, Th.D., Bible Communications inc. P.O. Box 797803, Dallas, Texas



ARE YOU LISTENING?

by Victor Gill

WE live in an hour of great danger! Satan has committed himself to destroy us, one way or the other. If no other way, he will submerge us in the lukewarm waters of indifference, until we succumb to a state of Laodicean stupor. While at the same time the "True Witness" seeks in vain to arouse us with a fervent message of repentance, revival and reformation, Satan is trying to distract us so that we will not receive the impressions of the Spirit of God.

The world is too much amongst us! God has called His church to be separate from the world. The Bible is clear - "Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you." (2 Cor. 6:17) God desires a Church that is "perfecting holiness in the fear of God."

Speaking about Christ and His Church, Scripture says in another place: "Who gave Himself for us, that He might redeem us from all iniquity, and purify unto Himself a peculiar people, zealous of good works." (Titus 2:14)

While we cry out against liberalism and loose living - are we not blind to the peril of lukewarmness? What was once a boiling passion for Christ becomes tepid and mild, lukewarm and complacent. So many of God's people are like the fountains sometimes seen in public parks, with water gushing out their mouths but they never taste it. The salt that has lost its savor.

In vain we sing our formal songs,
In vain we strive to rise;
Hosannas languish on our tongues
And our devotion dies.

Would to God that we all had the spirit (attitude) of the boy Samuel! "Speak Lord for Thy servant heareth." (1 Sam. 3:10) Over and over again in the gospels we read the words, "He that hath ears to hear, let him hear." (Look at Matt. 11:15; 13:9, 43; Mark 4: 9,23; 7: 16; Luke 8: 8; 14:35) God does not repeat things for the fun of it. It is very important, don't you think so? It is quite obvious that everyone has ears and should hear, but Christ here refers primarily to spiritual attentiveness. I believe it becomes even more clear in the book of Revelation, where we read repeatedly, "He that hath an ear to hear, let him hear what the Spirit saith unto the churches." (Rev. 2:7,11,17, 29; 3:6,13,22; 13:9) Commenting on these verses, the Servant of the Lord says, "If you "hear what the

Spirit saith unto the churches," and meditate upon the instructions given to them, your ears will be closed to the folly and nonsense which surround you. You will neither hear and repeat these things, nor will you ever hanker after them. When Christ satisfies the soul hunger, these trivialities are to you distasteful and disgusting. You have no desire to feast upon them, but choose instead the bread of heaven." (MS 92, 1901) (SDA BC 957)

"The fruit of the tree of life in the garden of Eden possessed supernatural virtue. To eat of it was to live forever. It's fruit was an antidote of death. Its leaves were for the sustaining of life and immortality. But through man's disobedience, death entered the world. Adam ate of the tree of the knowledge of good and evil, the fruit of which he had been forbidden to touch. His transgression opened the floodgates of woe upon our race.

After the entrance of sin, the heavenly Husbandman transplanted the tree of life to the Paradise above; but its branches hang over the wall to the lower world. Through the redemption purchased by the blood of Christ, we may still eat of its life-giving fruit.

Of Christ it is written, "In Him was life; and the life was the Light of men." He is the fountain of life. Obedience to Him is the life-giving power that gladdens the soul.

Christ declares: "I am the bread of life; He that cometh to Me shall never hunger; and He that believeth on Me shall never thirst." (John 6:57,63; Rev. 2:7b.)

Christ was the tree of life to all that would pluck and eat. The Word of God is to us the tree of life. Every portion of the scripture has its use. Christ is the source of our life, the source of immortality. He is the tree of life, and to all who come to Him He gives spiritual life." (SDABC.988, 989)

Are you Listening?

Personally, I believe, (and I hope you do too) that God still speaks and has much to say to us today, but who's listening? I hope you are. Many of God's people today are like the ones we read about in Ezek. 12:2 "...They have ears to hear, but they hear not..." In fact, some go so far as to stop their ears. (Acts 7:57) Some turn their ears from the truth. (2 Tim. 4:4) Others have itching ears. (2 Tim. 4:3)

Are you tuned in on God? It is said of John Burroughs, the Naturalist, that he could walk along a busy, noisy street and overhear a cricket in the hedge. His ear was tuned to the little voices of nature.

Samuel was listening, and the boy who is listening today for God to speak, will hear Him, for God is looking for such boys,(and girls). David says in Psalm 85:8, "I will hear what God the Lord will speak..."

I would like to say with Micaiah of old as we read in 1 Kings 22:14, "As the Lord liveth, what the Lord saith unto me, that will I speak." I'm not here to speak my own words.

My ear is tuned to His still small voice. My prayer is, "Lord, do for me as you did for Jeremiah." (See Jer. 1:9)

I began with the words, "We live in an hour of great danger and Satan is committed to destroy us one way or the other." Don't do as did Eve in the garden. (See PP. 53-55)

Now read this statement from the Testimony of Jesus: "The events connected with the close of probation and the work of preparation for the time of trouble are clearly presented. But multitudes have no more understanding of these important truths than if they had never been revealed. Satan watches to catch away every impression that would make them wise unto salvation, and the time of trouble will find them unready." (GC. 594)

Time is running out, practically all the prophetic truths of the Bible are already history. There are no more "prophetic time periods" predicted in the Word of God. There are no dates past 1844. (Rev. 10:6) No definite time separates us from the 2nd Coming of Christ.

Fernando Chaij -"THE IMPENDING DRAMA", says, "The few Prophetic details that still await fulfillment could occur within the space of a few weeks." (pg. 6)

But what really delays the Lord's coming is a "TASK". A task not only to reach the world, but also to perform in His church. "Christ is waiting with longing desire for the manifestation of Himself in His Church. When the character of Christ shall be perfectly reproduced in His people, then He will come to claim them as His own." (COL 69)

We pause on the verge of eternity. "The Mighty Angel" of Rev. 10:7 announces "the mystery of God should be finished." The Everlasting Gospel of Jesus will complete its miraculous task in our day, and in the world, fully converting the people of God and through the work of the Holy Spirit will reach every nation, language and people. The end will come, (2 Peter 3:10) whether we are ready or not. "Satan likes nothing more than false confidence that results from willful ignorance. He wants us to assume a careless mood and to close our eyes to the strategy he will follow in the spiritual destruction of thousands of God's children." E. White

One of the most important points in any warfare is to know the enemies plan, to explore his capability and power, to become acquainted with the traps, snares, and deceptions he employs. Not only in times of war but also in times of peace, armies and states have their spies.

In our Christian warfare, "We wrestle not against flesh and blood...(Eph. 6:12). And since they are much superior to us frail creatures of the dust, we desperately need to "Put on the whole armor of God," and become fully acquainted with the strategy of so deceptive an enemy. Only then can we avoid defeat, and "be able to stand in the evil day."

"Only those who are diligent students of the scriptures

and who have received the love of the truth will be shielded from the powerful delusions that takes the world captive...To all the testing time will come." GC 625

Five great events will deeply effect the Church and its members. They are: #1. The Shaking.

#2. The Reformation

#3. Sealing

#4. The Latter Rain

#5. The finishing of the work.

All of them will end at the close of probation and will develop more or less simultaneously.

"God shook the Catholic world of the 16th Century with the Protestant Reformation. He sifted the Protestant world and called out the Remnant people by the First Angels Message of Rev. 14 and the Millerite Movement of the 19th Century. Now in the 20th and 21st Century, He is combing the earth and shaking the Remnant Church that He may gather the "gold tried in the fire" (Rev. 3:18), and "make ready a people prepared to meet their God". (Cry Aloud p.12)

Again let me quote from the "Testimonies of Jesus". "A great crisis awaits the people of God. A crisis awaits the world. The most momentous struggle of all ages is just before us." (5T. 711) "The restraining Spirit of God is even now being withdrawn from the world. Hurricanes, storms, tempests, fire and flood, disasters by sea and land, follow each other in quick succession." (6T. 408) "Ere long we shall understand what that night means. The Spirit of God is being grieved away from the earth...The night is at hand." (9T. 26)

The shaking time will cause some members to leave, while others will become more firmly established. Some will participate in the reformation movement, others will cling to their sins and loose the opportunity God gives them to reform. While some will be receiving the "SEAL of God", others will reject God's leading.

So it will be, some will be prepared for the outpouring of the Holy Spirit in the form of the Latter Rain, others will be totally unprepared. For those who receive it, God will use mightily as a living witness of His saving grace, and thousands upon thousands will be gathered in. The evangelistic work of the church will be finished in a blaze of glory. All this will happen before the close of probation. All five of these events will end abruptly as the investigative judgment ends and the time of trouble begins.

Many look to the coming crisis and tremble, but it is time to look to Christ and be unafraid. Christ, not the crisis, is to be our focus. It is not what's coming, it's Who's coming. That is what makes the difference! Jesus said "I'll never leave thee nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear..." (Heb. 13: 5,6)

Are you listening? Has He spoken to your heart today? ■



SHOULD SEVENTH-DAY ADVENTISTS BE *Freemasons?*

Part Three

BY WILLIAM JOSIAH SUTTON

THIS aggressive act by **Napoleon** caused a division in **Freemasonry** during the **Napoleonic Wars**. This is not the first time **Freemasonry** turned against itself. This was also seen during the British and American Colonial Wars and also the Civil War between the States. During the days when the Frankish **Jacobins** were busy causing complete **ANARCHY in France**, there arose an 18th-Century **Freemason** who was against the German-based **Illuminati** and wrote a book entitled *Proofs of a Conspiracy*. His name was **John Robison**. On pp. 27-30 of his book, **Robison** was one of the first 18th-Century writers to put in print that the German **Order of the Illuminati was a Jesuit-front organization**. However, at the same time, there was a **French Abbey** of the Catholic Church named **Barruel**, who was also exposing the **Illuminati**, and who called this charge that the **Jesuits** were controlling the **Illuminati** "a ridiculous and contemptible fable." This quote from the 18th-Century **French Abbey** is found on page 290 in the book, *The History of Freemasonry* (1996 edition), written by Albert G. Mackey, who is still one of the most sought-after scholars of Freemasonry. This High Priest (Adept) of Freemasonry also wrote on page 287 in the above volume what he, himself, thought about **Robison's** claim that the **Illuminati** had been established by the **Jesuits**: "It is proved by history to be a falsehood that **Freemasonry was ever concealed under the mask of Jesuitism, or that it derived its existence from that source.**"

The truth is, history also shows just the opposite thing had happened. It was actually the **Freemasons** who **infiltrated** the **Papacy** and, like the **Templars** before them, the Masons planned to use the **Roman Catholic Church** as their own vehicle to further their own plans to bring about **Mysticism's** final triumph over Christianity. **Malachi Martin**, who was a former **Jesuit Priest**, brought out in his best-selling books that it was the **Freemasons** who caused the overthrow of the **Papacy** in **1798**. According to *An Encyclopaedia of Freemasonry and Its Kindred Sciences*, Mackey, page 22, **Weishaupt** connected the **Illuminati** with **Freemasonry** in the year **1777**. As pointed out by Catholic Professor **Malachi Martin**, before the Masons launched their Revolution against the Papacy in the third quarter of the 18th Century, the **Freemasons** first worked in high places of the governments of Europe to completely **remove the Order of the Jesuits by 1773**. This great blunder by Pope Clement XIV left the Catholic Church completely unprotected from the Freemason conspirators who were bent on destroying the power of the Pope. The Grand Commander of Freemasonry, Albert Mackey, in his *The History of Freemasonry*, page 286, also confirmed that the final suppression of the **Order of the Jesuits** was completed by **Pope Clement XIV in 1773**. So, the question is, "How could the **Bavarian Illuminati** have been established by the **Order of the Jesuits** when Roman Catholic history clearly shows that the **Jesuit Order** was not even in existence when **Adam Weishaupt**, who was an **ex-Jesuit Professor**, founded the Bavarian Order of the Illuminati on May Day, 1776? The truth is it was another former Jesuit Priest in the 20th Century named **Alberto Rivera** who took **John Robison's** disinformation about the Illuminati found in his book, *Proof of a Conspiracy*, as being a **Jesuit-front organization** and spread this nonsense among the American Protestants, and also among well-meaning Adventists who are also presently spreading this fable. The reader will not find from the writings of either Roman Catholic or Freemason scholars that will show the slightest evidence that the Illuminati was founded by the Jesuits. The leaders of the **Illuminati**, including its founder, were all **Freemasons**, not Catholics. Recorded history shows us that **Freemasonry**, from which the 18th-Century Illuminati Movement and the present New Age Movement derived, were mortal enemies of the Catholic Church, not brethren. However, all of this hostility between the **Papacy** and the **Freemasons** was to change in the 20th Century. This new strategy to replace the **Catholic Pope** with a **Masonic leader** was decided by the **Adepts of Freemasonry** during the **Congress of Vienna** before **Napoleon** was defeated by **Wellington** at the Battle of Waterloo.

The **Congress of Vienna**, which was held in **1815**, was another milestone in this age-old **Merovingian Conspiracy** to remove the **Triple Crown Tiara** of the **Pope of Rome**, which was a symbol of the Pope's universal power, and to replace it with the Mitre of the **High Priest of Dagon** (Oannes). The Sun-god **OANNES** or the **Great Architect of**

the Universe is really **LUCIFER** among the learned people of **modern Mysticism**, who, in ancient times, pretended to be the **Sun-god Baal** in Phoenician Mythology. **Oannes** was **DAGON**, the father of **Baal**, to the Phoenician Sea Merchants. Further study in the book, *Beware It's Coming - The Antichrist 666*, will show **DAGON** (to the Greeks) was **POSEIDON**, the founder of **ATLANTIS**, in Plato's Greek version of Baal Worship. This writer shows with overwhelming proof in *The Real Truth About UFOs and The New World Order Connection* (1997) that this whole **New Age** and **New World Order** scheme of modern-day **Spiritualism** (Mysticism) is centered in **Plato's scheme** to re-establish the **TEN DIVISIONS of the Socialist Government of Atlantis worldwide**. The **Congress of Vienna** was an international conference of ambassadors called to help remake Europe after the defeat of Napoleon. Interestingly enough, this Congress of ambassadors in Vienna, Austria, was held from September 1814 to June 1815 before **Napoleon** met his Waterloo on June 18, 1815. Professor **Malachi Martin** pointed out in his book, *The Keys of This Blood*, page 534, that it was four years later after this Congress of Vienna met in 1815 that a Masonic publication entitled *Permanent Instruction* was circulated among the **Secret Brotherhood of the Freemasons** and showed what their future plans towards their arch-enemy, the **Roman Catholic Church**, were at that time. To awaken his Catholic brethren to the enmity entertained by the Freemasons against the Papacy, **Martin** quotes the secret plans of the **Freemasons** as found in their publication, *Permanent Instruction*: "Among the many remedies, there is one which we must never forget. . . . **the total annihilation of Catholicism and even of Christianity.** . . . What we must wait for is a **pope** suitable for our purposes . . . because, with such a pope, we could effectively crush the Rock on which God built his Church. . . . **Seek a pope fitting our description . . . induce the clergy to march under your banner in the belief that they are marching under the papal banner . . . make the younger, secular clergy, and even the religious, receptive to our doctrines.** Within a few years, this same younger clergy will, of necessity, occupy responsible positions. . . . Some will be called upon to elect a future pope. This **pope**, like most of his contemporaries, **will be influenced by those . . . humanitarian principles which we are now circulating.** . . . The **medieval alchemists** lost both time and money to realize the dream of the 'Philosopher's Stone.' . . . **The dream of the secret societies [to have a pope as their ally] will be made real for the very simple reason that it is founded on human passions. . . .**"

In the book, *Ancient Prophecies About The Dragon, The Beast, and The False Prophet* (1999), this writer shows with overwhelming evidence how **British Freemasonry** also infiltrated the **Protestant churches** in America, as well, during the time of the **13 Original Colonies** and spread the Greek version of Baal Worship among them. Most of the men who signed their names to the Declaration of Independence were either **Freemasons** or **Rosicrucians**. This will help explain why the heroes of the **Texas Revolution** took northern Mexico away from Santa Ana. Is the reader aware that Stephen F. Austin and Sam Houston were Masonic revolutionaries? NO? (See the website http://www.tsha.utexas.edu/handbook/online/articles/FF/vnf1_print.html) The plaque on the wall of the Alamo lists Travis, Crockett, and Bowie who were among the names of Freemasons who died there. The revolutionary Simon Bolivar of South America was also a Freemason and was also engaged in bringing the whole world under the subordination of their Masonic Brotherhood. It is worth noting that it was the French sculptor **Frederic Auguste Bartholdi** and **Alexander Eiffel**, who were both **French Freemasons**, who built a 153-ft. graven image of Zeus' daughter, the **goddess Athena**, in New York Harbor. This knowledge about **Freemasonry** may explain to the skeptic why our government buildings were built in pagan Greek Architecture, as well.

The bulk of the members of **Freemasonry** today are found in the **Baptist churches**, and it is at the **headquarters** of the Southern Baptist Convention that the **Lord's Day Alliance** has its headquarters. Its former President, James P. Wesberry, was a 32° Freemason. (See the Masonic website http://www.adherents.com/largecom/fam_bap_freemasons.html) Please keep in mind that it was foretold that **Protestant America** "SPAKE AS A DRAGON" (See Revelation 13:11); and that it will be the **RULING CLASS** of **Protestant America**, who belong to the Occult-based **SECRET SOCIETIES**, not the **Papacy**, who will bring about the **National Sunday Law** (Mark of the Beast). While the bulk of the Adventists are keeping a keen eye on the Black Pope today, many have completely lost sight of Revelation 16:13-19 and what Sister White warned about this coming **Three-Fold Union**, which is symbolized as the Dragon (**Spiritualism**), the Beast (**Papacy**), and the False Prophet (**American apostate Protestantism**) and how they are predicted in our AGE to eventually **merge together** into a coming **World Federation** that **JESUS** called **BABYLON THE GREAT!** Adventists, the **Papacy** will never singly rule the world again like she did during A.D. 538-1798. Sister White was shown by **our Lord** that the **Papacy**, along with the **Protestants**, will also be brought under the banner of modern-day **Spiritualism**, as this quote from *The Great Controversy*, pp. 588, 589 clearly shows: "The line of distinction between **professed Christians** and the **ungodly** is now hardly distinguishable. **Church members love what the world loves** and are ready to join with them, and **SATAN DETERMINES TO UNITE THEM IN ONE BODY and thus strengthen his cause BY SWEEPING ALL INTO THE RANKS OF SPIRITUALISM.** **Papists**, who boast of miracles as a certain sign of the true church, **will be readily deceived by this wonder-working power**; and **Protestants**, having cast away the shield of truth, will also be deluded. **PAPISTS, PROTESTANTS, and WORLDLINGS** will alike accept the form of godliness without the power,

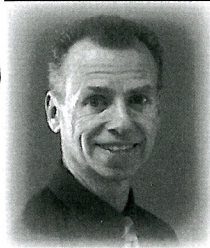
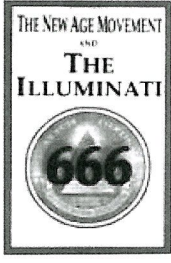
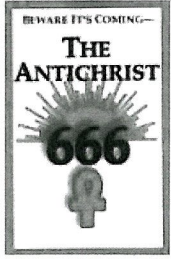
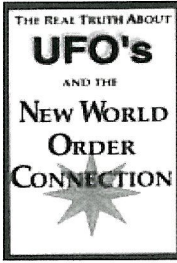
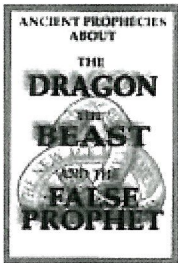
and they will see in this union a grand movement for the conversion of the world and the ushering in of the long-expected millennium."

Although it will, indeed, be a POPE OF ROME who shall become the head of this coming Three-fold Union of modern Babylon, do not be surprised to discover that this last Pope of Rome has Masonic or Rosicrucian connections, as did Pope John XXIII since he joined in the year 1935 until he died in 1963. (See <http://www.truecatholic.org>) However, in order for the Catholic people to merge with the people of Spiritualism and the Protestants, she would have to give up her fanatical claim that the Roman Catholic Church is the only institute on Earth that God has ordained for people to receive SALVATION. Reader, before he died, Malachi Martin tried to show his Catholic brethren on pages 244-255 of *The Jesuits* how hurricanes of changes had swept in among the Roman Catholics and how Catholicism had been tucked away during the reign of John XXIII via Vatican II. In Book II of *In Gog They Trust?*, this writer shows how the Roman Catholic Church has now been transformed into an Interfaith Church that recognizes all religions and often participates in Interfaith Congresses.

Again, while some Adventists are keeping a keen eye on the Black Pope (General) of the Jesuits, they remain completely in the DARK about Freemasonry. Adventists today do not see how Freemasonry is the number-one power of Spiritualism and how this Merovingian-based international movement of modern-day Spiritualism (Mysticism) is the very vehicle that Satan is secretly using to bring the world under its banner as Sister White predicted. Very few Adventists are aware that in 19th-Century New England there was a great ANTI-MASONIC MOVEMENT, which was led by President John Quincy Adams, Daniel Webster, Henry Clay, and other prominent American politicians and church leaders. These great American Patriots were exposing how the Freemasons had caused the French Revolution and every revolution afterwards. The Anti-Masonic Movement of 1826-1840 also showed how the Freemasons were secretly controlling the destiny of America and how they were secretly controlling our ARMED FORCES, COURT SYSTEMS, LAW ENFORCEMENT, and the SENATE and the HOUSE via their members who held high positions in these agencies. This Anti-Masonic Movement started in 1826 before William Miller began to travel throughout New England showing the prophecies from *Daniel* and *The Revelation* between 1831-1844. Very few Adventists today know that William Miller, himself, before his re-conversion, was also a high-ranking Freemason who fell victim to Deism and, as a result, became an expert Bible railer. (See *Memoirs of William Miller*, Bliss, published by Joshua V. Himes, Boston, 1853, pp. 21, 22) William Miller went on to become a self-taught Bible scholar who caused the biggest Christian awakening ever. The 1844 Movement that he started came forth in the wake of the Anti-Masonic Movement of that day. Adventists, history is repeating itself; God is causing another Anti-Masonic Movement in our day! (See the website <http://en.wikipedia.org/wiki/Anti-Masonry>)

Modern Babylon is, indeed, being laid open to expose how the Devil deceiveth the whole world as Revelation 12:9 predicted. According to *5 Testimonies*, p. 252, there will be another 1844 Movement, which shall far exceed that of William Miller's day. However, after the Loud Cry of the Third Angel is given, there will be no disappointment. Jesus will come! If the reader would like to see more historical proof about the origin of the Freemasons and their connection with Spiritualism and how the Devil has deceived the whole world through Mythology, which derived out of the religion of Astrology, please order my six volumes through *Amazing Discoveries*. The seventh volume is still under construction. ■

In His Service,
William Josiah Sutton



nutrition for
Body and Soul

by Dr. Rudy Davis, ND, MT.

WE (myself and my wife Jeanie), recently had a Pastor from another denomination tell us that, "Jesus ate fish, and since He is our example, we should eat fish too." Although there are many examples in the Scriptures where flesh foods were consumed; is this what God wanted us to have as food? Are there nutrients in flesh foods which cannot be found in a plant based diet?

Let's take a look at some of the key nutrients found in salmon vs. carrots. These nutrient measurements are based on a one cup serving and are measured in milligrams. As we can see, the nutrients listed here that are found in salmon, are also available in carrots. Please note that this is not a comprehensive list of available nutrients from either source, but is given for the purpose of illustration:

KEY NUTRIENTS IN SALMON VS. CARROTS

Minerals in Salmon	Minerals in Carrots
Calcium.....23.00mg	Calcium.....43.00mg
Iron.....1.59mg	Iron.....0.38mg
Magnesium.....57.00mg	Magnesium.....16.00mg
Phosphorus.....394.00mg	Phosphorus.....45.00mg
Potassium.....967.00mg	Potassium.....409.00mg
Sodium.....86.00mg	Sodium.....88.00mg
Vitamins in Salmon	Vitamins in Carrots
C.....0.000mg	C.....7.600mg
Thiamin.....0.424mg	Thiamin.....0.085mg
Riboflavin.....0.750mg	Riboflavin.....0.074mg
Niacin.....15.519mg	Niacin.....1.259mg
B-6.....45.000mg	B-6.....0.176mg
Amino Acids in Salmon	Amino Acids in Carrots
Contains 19 of the 23 amino acids	Contain 19 of the 23 amino acids
Cholesterol in Salmon	Cholesterol in Carrots
Cholesterol.....109.00mg	Cholesterol.....0.00mg



As I have researched all the various nutrients found in flesh foods, I was able to find all of them and even more in plant sources. This proved to me that I do not have to eat flesh foods to be healthy, as I can get all of my nutrition from plant sources without the diseases and cholesterol that I would get from flesh foods. If you are concerned about not getting all the protein you think you should from a plant based diet, let's consider for a moment how the body gets its protein.

As we eat foods which contain protein, our body breaks the protein down into amino acids. These amino acids are then re-structured to form the proteins which are necessary for use within our body. There are 23 amino acids which the body needs, 8 of which are essential. From these 8 essential amino acids, the body can build all 23 amino acids. Alfalfa sprouts are an excellent source of all 8 essential amino acids. Or, you can eat carrots, cabbage and avocados alone and you will get all 23 amino acids that your body needs to synthesize protein for repair and growth.

Sometimes, flesh foods seem to contain a lot more of some nutrients than plants do. The nutrients contained in animal flesh did not arrive there all at once but were accumulated through many feedings while the animal grew. A cow for instance never eats just one blade of grass but needs many blades of grass to get the quantity of nutrients that it needs. So it is with us, we eat quantities and varieties of foods to get all the nutrients we need, but as my research shows, we do not need to eat flesh foods to get these nutrients. It then becomes a matter of choice as to which kind of food you want to eat, flesh or plant. It also shows that God did not make a mistake when He gave man his food in the beginning.

Plants do not seem to use nutrients but rather store them, whereas creatures with flesh and blood, use or burn nutrients. When plants are eaten in their raw forms or juiced fresh, they do not die. They become part of the living tissue of whatever creature that eats them. The body has the miraculous power to break them down and transform them into living tissue. Living plants give their energy to the body causing easier digestion and absorption. But for an animal to be eaten it has to suffer and die, not to mention that it takes much energy from the body to break down the lifeless animal tissue. So if we eat animal flesh, we do so at great expense to the system both in energy and health.

Cooking foods, especially plant foods, causes food to lose much of its nutrient value. However, since most of us are addicted to cooked foods, you will be happy to know that you can live a long and healthy life with an 80% raw and 20% cooked food diet. Just remember to eat a large portion of raw foods first and then consume your cooked foods.

On a more spiritual plane, we can choose what kinds of food we feed our mind with. We can feed our spiritual nature (reason and choice) or we can choose to feed our carnal nature (the five senses). Happiness can be had from either source but like the salmon, the nutrients derived from foods that feed the carnal nature are not life giving nutrients, even though they may give you a good feeling for a while. They may fill your carnal tummy but will not give life to you in the end.

Happiness can be found with foods from both the world and from God, but the food which God gives provides health and life to the soul. Flesh foods may please the taste buds for a while but in the end they will debilitate the system and stimulate the animal propensities, hastening disease and death. So it is with the things of this world; all of them may please the carnal taste buds but in the end they will produce spiritual disease and death.

The things this world has to offer (riches, fame and fortune) cannot be broken down properly by the spiritual nature of man, for man was not intended to find spiritual refreshment from things which stimulate the carnal nature. "Man shall not live by bread alone but by every word that proceeded from the mouth of God."

What God gave us for food in the beginning is perfect for man's use as he seeks to regain his health of body and mind. So also, it is best to get our happiness from God's intended source for happiness, Jesus Christ. Feeding on His word gives us a wellspring of life now and also in the world to come. ■

*Drs. Rudy and Jeanette Davis have dedicated their lives to helping people find the road to better health.
www.riversidenaturaltherapy.com*

THE MALADY OF THE *Mind*

by Connie Kieftuk



THE word "disease" brings up thoughts of things like cancer, strokes, heart attacks and diabetes. However, a lurking illness affecting millions of people is depression. You would think that affluent societies should be free of this "dis-ease" – that it should only affect third world countries where extreme poverty would be sufficient reason for serious depression. Not so. Depression is a major disability in societies that are bursting with materialism.

It has been reported by the World Health Organization that in the year 2000, depression was the leading cause of short-term disability around the world. Billions of dollars are lost in productivity because of depressed employees. For instance, in Canada, depressed workers reported an average of 32 days in the year when their symptoms of depression left them either totally unable to work or unable to carry out normal everyday activities.

Depression is an illness that affects the whole body, the nervous system, moods, thoughts and behavior. There are basically three types of depression:

1.) Major Depression:

- Primary symptoms include anxious, "empty" or sad moods, feelings of hopelessness and unreasonable guilt, worthlessness or helplessness and a loss of interest in normal activities.
- May be changes in sleep habits (either insomnia or excessive sleeping), changes in appetite, as well as symptoms of chronic fatigue, headaches, irritability and quickness to anger.
- Feelings of intense grudges against people, overwhelming feelings of sadness or grief
- There may be thoughts of death or suicide.
- Women are struck twice as often as men.

2.) Dysthymia:

- Is less disabling than major depression but lasts longer.
- Generally characterized by a lack of enjoyment in life that normally lasts at least two years.
- Can have severe effects over a lifetime such as social isolation, poor functioning at work and high rates of suicide.
- Women are struck twice as often as men.

3.) Bipolar Disorder (or Manic Depression):

- Symptoms such as: abnormal elation, decreased need for sleep, inappropriate social behavior, markedly increased energy, increased sexual desire.
- Typical symptoms are dramatic mood swings.
- A manic episode could worsen into a psychotic state if left untreated.
- Men and women are struck equally.

There are many causes of depression and many factors that make some people more prone to it than others, such as a family history of the illness. Depression can result from prolonged stress on the job or from a general negative outlook on life. A poor diet is a common cause of depression. It can also be triggered by specific traumatic events in a person's life and there are also situations where a biochemical imbalance in the brain brings on depression.

How can depression be treated? Although medication can perhaps help some people get through their daily routines, it does not normally "cure" depression. I would like to suggest that the best medicine is summed up in the following words from an excellent book called "Ministry of Healing" p.127: "Pure air, sunlight, abstemiousness, rest, exercise, proper diet, the use of water, and trust in divine power – these are the TRUE REMEDIES. Every person should have knowledge of nature's remedial agencies and how to apply them... But in the end it will be found that nature, untrammelled, does her work wisely and well. Those who persevere in obedience to her laws will reap the reward in health of body and health of mind."

Pure Air - Oxygen is vital to each cell of our body. Bad air and poor breathing habits promote negative emotions like depression and irritability. It can also cause headaches and chronic feelings of fatigue and exhaustion. Be sure your body gets enough oxygen by spending some time in the out-of-doors and keeping your house well ventilated. Pause frequently to take slow, deep breaths of good fresh air.

Sunlight - Just 15 minutes of sunlight can create sufficient



Vitamin D for the day. Sunlight helps the body produce melatonin that in turn produces sounder sleep. In addition, an extra hour of sunlight a day can lift your spirits and affect your energy.

Abstemiousness - Abstemiousness or temperance, is moderation in every area of life besides abstinence from things like alcohol and smoking. Balance in our total lifestyle is the key to enduring physical and mental health and happiness.

Rest - The average adult needs between 7 and 9 hours of sleep per night, young children need 10 to 12 hours. Rest is an important part of life's rhythm and is conducive to better physical and mental health.

Exercise - Regular exercise is very effective in combating many health problems, both physical and mental and is as good as medicine for reducing depression. Good examples are walking, jogging or cycling for at least 30 minutes or more per day.

Proper Diet - A well balanced vegetarian diet rich in vitamins and nutrients that are low in fat & cholesterol yet high in fiber will lead one to a new level of good health and well-being. Depression and anxiety has been found to be lower in vegetarians when compared to non-vegetarians due to the fact that they enjoy better health. Good health can only be sustained by good blood, which comes only from eating vital foods.

Water - Virtually every body function is dependent upon water, so 8 to 10 cups of water per day are recommended for the average person. Keeping your body hydrated can chase away that tired, depressed feeling! Water on the outside of the body is just as important and vital for cleaning the skin.

Trust in Divine Power - Becoming acquainted with and learning to trust God enhances physical, emotional and spiritual healing. Isaiah 23:3 says "Thou wilt keep him in perfect peace, whose mind is stayed on Thee: because he trusteth in Thee". Trust in God brings quality, fulfillment and hope for the future.

Remember..."A merry heart doeth good like a medicine: but a broken spirit drieth the bones", Proverbs 17:22.

Here's a good "brain food" cookie recipe from the book called "Depression, the Way Out" by Dr. Neil Nedley M.D. These cookies are very high in omega-3:

Walnut Maple Cookies

2 ½ cups walnuts, ground in food processor
2/3 cup whole wheat pastry flour
1 tsp salt
1/3 cup flaxseed meal (ground flax seed)
1/3 cup carob chips
½ cup (+ 2 Tbsp) maple syrup
2 tsp vanilla

1. In a small bowl add all the ingredients in the given order. Mix well.
2. Preheat the oven to 350.
3. Drop spoonfuls of dough on a slightly oiled cookie sheet and flatten them with a fork.
4. Bake for 10-15 minutes or until golden brown, checking often to prevent burning.
5. Let cool before removing from the cookie sheet. Makes one dozen. ■

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...OUR TRIP TO INDIA, 2006

Continued from page 5

He somehow got in touch with our translator whom he had gone to school with at Spicer and came to our meetings. He was baptized and now is looking forward to working for the Lord in whatever way he can. He is married and has a beautiful wife and two small daughters.

What a wonderful day it will be when we all get to heaven, and these Indians from India see Jesus face to face and see the mansions that God has prepared for them. Then we will be rewarded for the work that has been done for the people of India. I want to be there and see the look on their faces. Their life here on earth is so hard. They have nothing. But they are a contented and happy people. God bless them!

When we returned to Hyderabad center, a doctor and minister from another state, where Christianity is frowned upon, came to see us. He had come across the Amazing Discoveries web site and wrote to AD. Victor corresponded with him, and now he was able to give him a number of Bible studies.

One of the topics was the Sabbath. Dr. Treveli readily admitted that he could see that the Sabbath was right. Now he wanted more literature so he could study our doctrines. He is the head of 105 independent ministers with a membership of over 50,000. He wants to understand truth and then train these ministers so that the message can go out to his people.

When we arrived home, we sent him a parcel of pamphlets and books to help him in his search for truth. He is a key man in this area and does a lot of translating. He knows five or seven dialects and is able to communicate with many people groups in India. We never know how God will reach the people that we are not able to go to ourselves. God has means that we do not know about. We will be surprised how God will finish the work.

If anyone feels a burden for the people of India and would like to help financially, Amazing Discoveries will give you a tax deductible receipt for your contribution. We are planning another trip in November of 2007.

May God bless you as you continue to pray and give for the work in India. ■

by Nettie Gill

DARWIN'S COLD SHUDDER

(Friday Church News Notes,
February 16, 2007, www.wayoflife.org - fbns@wayoflife.org)

Charles Darwin, father of the theory of evolution, grew up in a Christian home, but it was a Christianity tainted by the unbelief of Unitarianism. Inside the Unitarian Church on High Street in Shrewsbury, England, is a plaque that says: "To the memory of Charles Robert Darwin, author of 'The Origin of the Species,' born in Shrewsbury, February 12, 1809, in early life a member of and a constant worshipper in this church." Charles Darwin's mother, Susannah, was a Unitarian and Charles was educated for a short period at a school operated by the Unitarian minister George Case. Charles Darwin's wife, Emma Wedgwood, was also a Unitarian. A biographer of Darwin speaks of "the vein of skepticism in the Darwin family" (John Wehler, Charles Darwin: Growing up in Shrewsbury 1809-25). Thus, Darwinism was a product of end-time theological apostasy and he is a sad example of where even the smallest amount of doubt in the Bible can lead. Though he promulgated his theories on evolution through his writings and lectures and though he became more openly and thoroughly opposed to the Bible as his life advanced, he still had doubts. He once wrote: "Often a cold shudder has run through me and I have asked myself whether I may have not devoted myself to a phantasy" (Darwin's Life and Letters, vol. 2, p. 229).

It is impossible to calculate the evil influence that Darwin's theory has had upon society...The theory of evolution teaches men not to fear God, yea, that there is no God to fear and modern society reflects this attitude. It is evident in the fashion industry, in the entertainment industry, in public education, in commerce, in powerless churches, you name it. My friends, Darwin was wrong, dead wrong and he did well to shudder, because the Bible is true. "In the beginning God created the heaven and the earth" (Genesis 1:1). "The fear of the LORD is a fountain of life, to depart from the snares of death" (Proverbs 14:27). ■

600 CHURCHES PARTICIPATE IN EVOLUTION SUNDAY

(Friday Church News Notes,
February 16, 2007, www.wayoflife.org - fbns@wayoflife.org)

Nearly 600 churches participated in the second annual Evolution Sunday in America on February 11, the day before Charles Darwin's birthday. These churches claim that Darwinian evolution is compatible with Christianity and the Bible, though they admit that you can't take the Bible literally if you want to be an evolutionist. Tom Boyd, an emeritus professor of philosophy and religious studies and an ordained Presbyterian minister, says that "you can believe that God is the creator and accept evolutionary theory as long as you don't take the Bible as an inerrant historical text" (Churches Gear up for Evolution Sunday, Cushing Daily Citizen, Cushing, Okla., Feb. 2). ■

From the Mailbox



A TESTIMONY...

Dear Dr. Veith,

You never met us - although we found the Truth through you! Puzzled? Please spare me a few moments to explain!

We were in another church, but were really seeking for the Truth. Then I read one day that the Lord says we should ponder on His Word "day and night". The "day" part was understandable, but the "night" part was a challenge! Shortly after that I walked into a bookshop and found the whole Bible on Audio CD and the lights went on, because now we could "listen" to the Bible, even though we were sleeping! So our nightly listenings began. With the CD repeating the whole night, my husband and I often awoke at different times of the night, hearing different parts of scripture. Then a time came when the Lord seemed to impress upon us and wake us up at night to hear Scriptures about the Sabbath. So I decided to move to another part of the Bible, (trying to pull a Jonah run-away trick) and sure enough, that night, the Lord woke me again to hear about the Sabbath. We were both convinced that there must be some significance to the Sabbath and started investigating. Obviously the talks to our pastors didn't deliver much help, and asking our friends helped neither.

To cut a very long story short, I then started to work with Dr. Neil Whitehouse and he gave me some of your DVDs. I didn't watch them, since I learned that he was an SDA, and all my life I have been warned against "cults".

Then shortly after that a colleague came to ask whether Dr. Neil also wanted to buy a certain Bible and having heard that it was a "Family Bible", I said I also want one. When I received the Bible I found Bible studies in the back, including one on the Sabbath. So we then realized that this couldn't be "co-incidence", but was in fact sent from the Lord! So we started reading through the Sabbath bible study, BUT we were checking EVERY scripture from my own Afrikaans Bible, and reading it from this new Bible (KJV) which contained the Bible studies - just to make 100% SURE this new Bible is a true version! (Talk about a sceptic!) After this we were convinced that 1.) this new Bible was a true copy, and 2.) the Lord wants us to keep the Sabbath!

We immediately started watching the DVDs which Dr. Neil gave me and which we previously didn't watch. After those, I asked Dr. Neil for more DVDs and he gave me his whole set of 36 Amazing Discovery DVDs. Wow, what "Amazing Discoveries" each of them were! So my husband and I started keeping the Sabbath...all on our own, at home, watching one Amazing

Discovery DVD after the other.

We were keeping the Sabbath, but one little bit of me still wasn't sure. Then Dr. Neil gave me a set of DVDs from Pastor Leo Schreven and his sermon on the Law finally hit home! Shortly afterwards Pastor Leo held a mini-series of 6 lectures and we attended all of them together with our new friends, Dr Neil and his wife Shirley.

We started visiting a local SDA church and we found a God-fearing, God-loving bunch of people, who were all to eager to invite us into their church-family.

And now for the GREAT NEWS! On Sabbath October 28, 2006, both my husband and I will be re-baptized, when we make a new commitment to the Lord to follow Him in Truth.

Thank you for the DVDs and for spreading the word of Truth so that these two seeking souls could have found a new hope and a new expectation! Love and Blessings in Christ!

S&H. K

TRANSLATION PROJECT...

Greetings again to all at Amazing Discoveries. I would like to know the progress on the translating of Walter Veith's DVDs. Have they been translated into Spanish yet? If so, which ones, if not all? I work as a medical missionary and already have your DVDs in English, but would like to have the set in Spanish as well. Please keep in touch.

K. H.

CAN WE EXTEND LIFE?

I wanted to ask about immortality, though not the immortality discussed in the Bible, but that of altering genes to extend life. Since Professor Veith has an interest in science, I wondered if he could direct me to some articles regarding immortality. I would appreciate if he could respond to this email.

J. L.

Dear J.

Thank you for your response and thought provoking question. Can we extend life? The answer is yes, to a degree. By taking care of my health I can extend my life, in obedience to God there is happiness and life as also promised in the fifth commandment and the medical fraternity can extend life by appropriate interventions. Future genetic interventions fall in this category and may extend life also, but it will never become possible to extend life indefinitely.

Experiments with stem cells have shown that youthfulness can be induced but death is still inevitable. The quality of life can be improved but death is still the end result. Cloning experiments have produced the surprise result of rapid ageing (as in Dolly's case) and so it seems that God's word on the issue of death is final - Dust thou art and to dust thou shalt return. Only the author of life can give life and change death into life as Jesus proved when He conquered death. Only in Him can we have eternal life and all the experiments of the greatest minds on earth will not be able to undo this fact.

May we find peace and life in Him who gave Himself for us, so that whosoever should believe in Him should not perish but have eternal life.

*With Christian Greetings,
Walter Veith*

LIFE CHANGING SERIES

Dear Dr. Veith,

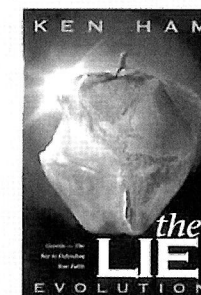
My family and I would like to thank God that you accepted Him and allowed Him to use you in such a mighty way. We have your series and it has changed our world. We believe that you were sent to enlighten us on our pathway to perfection, with only the powerful hands of the almighty God. My prayer is that the Lord Himself will encamp around you as He did in the days of old to the Israelites, until you have accomplished all that is required of you.

May the Lord continue to add His blessings upon you as He uses you to help accomplish the final work of earth's history.

V.W.

We welcome your comments and opinions. If something in our newsletter or material has impacted you, we would like to hear from you. We can be contacted by fax, mail, or email. Please see the last page for this information.

New Book!



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