AMAZING DISCOVERIES
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SEMINARS

Faith on the line

A Journal for Those Who Dare

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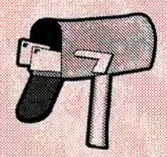
IN THIS ISSUE

From the Mailbag...	2
From the Editor...	3
Clean and Unclean by Professor Veith	4
Ask Professor Veith	9
Amazing Discoveries Update	10
Emergency Phone Numbers	15
Upcoming Events	13
New 2000 Videos	13

Christian worth does not depend on brilliant talents, lofty birth, or wonderful powers, but on a clean heart - a heart purified and refined, that does not exalt self, but, by beholding Christ, reflects the long lost image of divinity."

Ellen G. White
Evangelism, p. 135

From the Mailbox...



We welcome your comments and opinions. If something in our newsletter or material has impacted you, we'd like to hear from you. We can be contacted by fax, mail or email. Please see the last page for this information.

I support everything you are doing as public school children are being brainwashed with the theory of evolution and teachers are not even allowed to mention God. Please add me to your mailing list. Thank you.

J.C.
Email

Dear Dr. Veith:

I read your website with interest and also got to see you in person at Azure Hills Church in Loma Linda not too long ago. I found the information you present on the "Babylon connection" to the Roman Catholic Church very fascinating. ...

R.U.
Email

Hi: Was glad to find your site. I heard Walter speak at Azure Hills in California. What a blessing! Thank you everyone for your dedication to our wonderful Saviour.

L.M.
Email

Dear Amazing Discoveries:

A very successful Coronary Health Improvement Project was held at the Langley Memorial Hospital, British Columbia, Canada in January 2000. This program, even though intense, drew registered participants to overflow the Conference Rm #5 at the Hospital. Hans Diehl, DrHSc, MPH, CNS director of Lifestyle Medicine Institute, founder and lecturer for the program spent 16 nights, lecturing via video to this group of eager to learn, health interested folk. The group consisted of people with hypertension, diabetes, obesity, heart bypass, smoking problems, etc, all wanting to find a way to take control of their individual issues. The ages ranged from 15 to 89, with an average age of about 55.

Dr. Sherman Nagel, retired surgeon and professor of medicine in anatomy and physiology, and health lecturer himself came up from California to attend as the program physician to answer individual and group questions related to the lectures. Dr. Nagel referenced support sources and encouraged participants to acquire the information from these well-informed sources such as *Diet and Health* by Dr. Walter J. Veith and *Foods that Fight Pain,* by Dr. Neal Barnard. The information on health, fitness, diet, etc from these researches is priceless. If only more people knew!...

L.S.
Langley, B.C.

Congratulations! Your new design for the amazing discoveries homepage looks well! I hope you're find and the homepage has much feedback!

Many greetings from Germany,
P.E.

I love this website...been Adventist all my life and this website is packed with great information that I pass on to friends.

Email

Dear Walter Veith:

Thank you for your contribution to our country, communities in the Western Cape, and around the world. I lived just 5 miles from the University of the Western Cape. I was born in Capetown, South Africa and am now living in California. I turned my radio by chance to KKLA on Thursday January 20,2000 and was pleasantly surprised to hear that Ms. Stephanie Edwards' guest speaker was Prof. Veith from South Africa. I look forward to seeing you in person. Once again thank you and God bless.

H.M.
Long Beach, CA

Dear Dr. Veith:

Can you please comment on the controversy currently in the Adventist Church regarding righteousness by faith? There are so many factions and opinions on the matter. Why do you not discuss this subject as much as some are doing? Is this an issue that will become more and more important as we near the second coming? Shouldn't you or we be preaching this message so everyone receives the correct understanding of righteousness by faith, etc? Is this not the end-time message that we should be telling the world?

Confused
Vancouver, B.C.

Dear Confused:

The loud cry is the repetition of the 2nd angels' message (Revelation 18) together with the third angels' message. The angel shouts "Babylon has fallen, fallen, come out of her my people!" (That does not include the SDA church which is currently in the Nadab and Abihu apostasy but will be cleansed by God. We are NOT Babylon.) The issue is the Elijah message ("How long halt ye between two opinions - Baal or sungod - Lucifer worship or God?") Amazing Discoveries is preaching "Babylon is fallen" (see the videos Wine of Babylon, New World Order, Gathering the Children, Signs and Wonders, etc.) and the third angels' message (The Man Behind the Mask, The Crime of the Ages, and the booklet Last Generation, etc.). This is why we get so much opposition. This is why laws (Hate Laws) are being made to stop us. This is why persecution will come.

Think about it - are governments making laws concerning righteousness by faith as perceived by one group or another? What is the war about? It's about Baal or God. Christ my righteousness means that I have nothing to offer - Jesus is my only righteousness. My works do not lead to righteousness - only Christ offers me that, but I will be judged by my works. Christ in me the hope of glory enables me to do good works (being obedient) and thus even these are from Him.

Don't get bogged down with a message that does not reflect the angel of Revelation 18 - THE LOUD CRY.

We have got to get going quick. All the indicators are that we are just before the close of probation. Let's warn the world that they are serving Baal - they are on the wrong side and are being swept to Hades. Can you see the crowds listening in fear and trembling whether they understand the full extent of righteousness by faith - an issue we will only fully comprehend in heaven?

Or do you see the crowds looking at dead bodies all around them wondering whether they are following the right leader? Wow! Someone is willing to stick his neck out and tell them the world is run by Satan - "Come over to the other side where there is life and hope and leave the world of sick illusion behind!"

Let us show them how Satan has duped them - even to the very elect. We have such an enormous tide to stem. To stand like Elijah before Ahab (the kings of the world) and challenge them to their face to accept the God who brings down real fire from heaven - to take the wrath of Jezebel (The RC church and her Harlots) and still say it. Can you see the hushed crowd witnessing the contest? HOW WILL THEY DECIDE?

Love Walter

From the Editor...

Recently I enjoyed an uplifting Sabbath sermon given by Pastor Kingsley Palmer on his last Sabbath at the Vancouver Central SDA Church. His theme was the promises of the Bible and his message was that we have all kinds of excuses for doing little for God, and that we even discourage others by telling them something can't be done.

Because I myself had been discouraged by someone shortly before, it really spoke to me. And I started to think about how often we discourage each other just by our tone of voice, or a look, or some word we don't really think about.

Sometimes when we ourselves are burnt out and tired or frustrated with the bureaucracy of others, we crush someone else. Or perhaps we've seen so much failure around us, we've stopped believing that something can ever be changed or done to make things better. Have we become too cynical or bitter to care when we ought? I know I have. Sometimes I just feel that putting out all the

...Continued On Page 4

Clean and Unclean

By Walter J. Veith

Scripture has much to say about what God intended His created beings to eat. However, many consider the old Bible writings to be outdated in this modern day and age. Just what does the word of God say to us?

> "In the beginning was the Word and the Word was with God and the Word was God. The same was in the beginning with God. All things were made by Him and without Him was not anything made that was made." *John 1:3.*

Jesus Himself is the Creator of this world and all the others in the universe, as well as the Creator of every being. He created this planet to be inhabited and to be enjoyed by mankind. He wanted him to be happy and healthy.

> "Then God said - 'Let the land produce vegetation; seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds', and it was so." *Genesis 1:11.*

> "And God saw that it was good." *Genesis 1:12.*

Everything was perfect with no weeds nor blights.

> "Let us make man in Our image." "In the image of God created He him. Male and female created He them . . . to have dominion over every living thing that moveth upon the earth."*Genesis 1:26*

This dominion has subsequently been given up and someone else now has it.

> In *Genesis 1:29* God said: "I give you every seed-bearing plant (grains, legumes and seeds) on the face of the whole earth; and every tree that has fruit with seed in it," *verse 29.* (This includes nuts).

We do know that today we see only a fraction of what was originally growing on this earth. Many varieties have become extinct.

So, man's original diet was seeds, grains, nuts and fruit. Man's digestive system is geared to this type of diet! His system is very similar to that of today's fruit-eating animals. The length of the digestive tract is a strong indicator as to what type of food is normally eaten, and man's digestive tract is 12-14 times his trunk length (shoulder to hip), while fruit-eating animals is about the same.

Herbivores, such as cattle, have a gut-length some twenty times their body length, since it takes longer to digest that sort of material, because of the fibre content. The shortest tracts are, found in the carnivores - the meat-eaters.

It does not take many thousands of years for a change to take place in gut lengths due to changes of diet. Recent studies have shown that this can take place over quite a short period of time.

Satan's work is to destroy or deface God's creation whenever he can. Due to the disobedience of Adam and Eve, Satan took over man's dominion of the planet, but he knew his time was short and the whole of creation has been groaning ever since. First Eve, then Adam had succumbed to Satan's temptation. God told Adam that the earth would be cursed - that it would produce thorns and thistles - and

> "You will eat the plants of the field." Genesis 3:18.

So, **after the Fall, mankind was also permitted to eat vegetables**. This was presumably because the original foods were not so often and readily available as they were before. This may have been due to the seasonal changes that took place at that time, or the diminishing levels of nutrients because of the blighted earth.

Vegetables are very rich in elemental sulphur and are good cleansers of the digestive tract. The tomato is very close to a vegetable, but not to a fruit, which grows on a tree and has a high fructose content. Vegetables also take longer to digest than the original foods given by God; the fruits, grains and seeds. It has been found and proven that if one eats vegetables at the same meal, with any of the original foods, then fermentation takes place in one's gut. This is not a healthy practice!

> Man's original diet was seeds, grains, nuts and fruit. Man's digestive system is geared to this type of diet! His system is very similar to that of today's fruit-eating animals. The length of the digestive tract is a strong indicator as to what type of food is normally eaten, and man's digestive tract is 12-14 times his trunk length (shoulder to hip), while fruit-eating animals is about the same.

This fermentation consists largely of fatty acids which have a detrimental effect on the body's immune system. **Try to avoid eating vegetables and fruits at the same meal!**

Fruits can be eaten with grains, seeds and nuts; and vegetables can be eaten with grains, seeds and nuts. Fruit is digested quickest, followed by grains, then seeds and then nuts. Vegetables take longer to digest than all of these! **Avoid the two extremes at the same meal—fruit and vegetables**.

About 80% of today's world population is near-vegetarian. Even today, everything our body requires is to be found in a grain kernel. It has the carbohydrate, the protein and the essential lipids we need; all in the correct amounts and proportions. However, man loves to separate these good foods - and sell them separately at much higher cost!

Is it man's greed for money which has caused undernourishment in so many countries? Much of the whole food that is available is most likely bleached or treated with preserving chemicals. However, if we all ate more whole grains we would have far fewer diseases than we do.

Most of the bread we see these days is not what it could be, and often sadly lacks the basic natural ingredients.

The next item on man's menu came after the flood.

In Genesis 7:2, there is reference to seven pairs of each kind of clean animal, and only two pairs of each kind of unclean animal going into the ark. Thus, the concept of clean and unclean is not a Jewish concept and has no ceremonial connotations, but emanated from the times before the flood. We are going to make a brief study of this very concept of "clean" and "unclean".

After the flood waters had receded, the earth had little vegetation for a while afterwards. Perhaps Noah had seeds with him and planted these for this first food. However, there would have been no fruit nor nuts for a number of years. So, the Lord gave this command:

> "Everything that lives and moves will be food for you; just as I gave you the green plants, I now give you everything." *Genesis 9:3.*

> "If you listen carefully to the voice of the Lord your God, and do what is right in His eyes, and if you pay attention to His commands and keep all His decrees, I will not bring on you any of the diseases I brought on the Egyptians - for I am the Lord who heals you." *Exodus 15:26*

God wants us to be healthy, and sets out specific guidelines as to what we should and should not eat.

> "This is a lasting ordinance for the generations to come, wherever you live; you must not eat any fat, or any blood." *Leviticus 3:17.*

Today, man has come to realize, almost reluctantly, that fat is a killer.

The Israelites had become accustomed to the fleshpots of Egypt and were eating anything that moved, so God had to step in and specify which things were clean and fit to eat, and which were not.

> "And the Lord spake unto Moses and Aaron, saying unto them: 'Speak unto the children of Israel, saying - "these are the beasts which ye shall eat amongst all

...Continued On Page 6

FROM THE EDITOR

...Continued From Page 3

effort to do something great or good just isn't worth it. Sometimes it's guilt that weighs us down. Sometimes it's loneliness.

And yet as Christians, we must never be without hope. "Forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus." (Phil 3:13,14.) We have to stop telling ourselves this can't be done or that can't be done, when the God we serve is all-powerful.

We must listen to what God says and more importantly, obey what He says. We have so many excuses for not going that extra mile for others, or not living out our faith as fully as we ought, or even not serving in the church as wholeheartedly as we ought, so many excuses for not acting when we should - when the Spirit prompts, or not helping where we can. "To him that knoweth to do good, and doeth it not, to him it is sin." James 4:17

But God has an answer for all of our excuses. There is no excuse good enough to give for God, is there? As Pastor Palmer put it in his sermon:

We say: "It's impossible!"
But God says: "All things are possible." Luke 18:27
We say: "The road is rough and I'm too tired."
But God says:"I will give you rest" (Matt 11:28)
We say: "Nobody really loves me, Lord."
But God says: "I love you." John 3:16
We say: "Lord, I'm too tired. I can't go on."
But God says: "My grace is sufficient for you." 2 Cor 12:9
We say: "I can't figure things out. It's all too confusing for me."

Continued on Page 16

CLEAN AND UNCLEAN

...Continued From Page 5

the beasts that are on the earth"".
Leviticus 11: 1,2.

"Whatsoever parteth the hoof and is cloven-footed, and cheweth the cud among the beasts; that shall ye eat." *Verse 3.*

These are the cows and goats.

All clean animals are cud-chewers; deer, buck and other game. They all have a pre-stomach, or rumen, in which the food is predigested. The bacteria is able to convert all the material into digestible matter. Only after this food has been thoroughly digested, does it enter the real stomach. Also, clean animals are all herbivores. They are, therefore, eaters of 'primary' material. Without exception, all other animals are unclean, those that consume secondary material, in other words, animals that eat animals!

Thus, God has specified that we are to eat only clean animals and none of the others.

Birds that have a crop, are also clean, since their food is well-digested and there is no fermentation taking place.

Certain animals are attracted to certain plants because of specific alkaloids in that plant which are agreeable to only a few of those that fly, crawl or walk. Not every animal was to eat the same plant - for obvious reasons.

After sin, some plants died off and others underwent a change. Some were now available for only a fraction of the year instead of the whole year, as before. So what was a hungry animal to do when his favourite food was not available? Some did adopt a system of hibernation, if they were physiologically and genetically able to do so; rather like going into cold storage when there was little food around. A few may have died off, but others simply changed their diet.

> Vegetables also take longer to digest than the original foods given by God; the fruits, grains and seeds. It has been found and proven that if one eats vegetables at the same meal, with any of the original foods, then fermentation takes place in one's gut.

Instead of being merely plant-eaters they became carnivores. Ladybirds are carnivores, but during the apricot season, they go for apricots! When that fruit is out of season, they eat aphids.

When a species of Australian Parrot could no longer get his juicy grubs from the roots of plants (something his beak was designed for), he started attacking sheep; ripping open their backs and eating the fat around their kidneys!

In those parts of America where the forests are being rapidly removed, the poor chipmunk (traditionally a herbivore) has had to become a scavenger - even eating those animals that have been run-over on the roads.

The panda-bear is classified as a carnivore, but it eats mainly bamboo! If that is not available, it will eat a rat, for example. The koala bear, however, has a fixed diet, eating only eucalyptus. Its digestive system just cannot handle anything else, but most animals have become quite versatile and eat almost anything to survive.

A camel, for example, has no split or cloven hoof. It is unclean. This animal does have a similar digestive system to the clean animals; so what is the problem?

It has had to adapt to a world where there are deserts, which certainly were not there in the beginning. It has undergone a physiological adaptation to enable it to survive. Instead of sweating - and losing its body water - it allows its body temperature to rise to higher levels than before. This, unfortunately, allows the level of toxins in its body to rise to very high levels. This is its coping mechanism, but it is now unclean for human consumption.

The coney, or dassie, is unclean. He is a herbivore, but has a poor thermoregulator. His body temperature does not remain constant throughout the changes in the weather during the year, and this causes his enzymes to be unstable, which results in intestinal fermentation being quite common. This means that the level of acid in his meat is much higher than in most other animals.

Leviticus 11:6 also states that the rabbit is unclean. Why is this? The horse is also unclean. These are only herbivores, so they should be clean. However, looking at the digestive tact of the rabbit we see a very enlarged caecum. In order for Mr. Rabbit to obtain sufficient nutrients from the plants he eats, like the cow, he has to ferment the material, which requires a fermentation chamber- with an alkaline environment; the bacteria, too, need to be nurtured for this process. Since, Mr. Rabbit has not got a pre-stomach, like the cow, he has to use his enlarged caecum.

However, his caecum is sandwiched between his gut and rectum and most of the absorption of the nutrients takes place here, so if he wants to redigest this material he has only one option. He becomes coprophagic; in other words, he eats his own excrement.

The rabbit gets his extra nutrients he is seeking, but consequently the level of toxins in his tissues is far higher than in any of his other herbivore friends. Bile salts, fatty acids, gases, and ammonia levels are all at unacceptable levels for human consumption. He is unclean.

All rodents, the hare and even the horse, fall into the same category. They are all unclean - "and an abomination unto the Lord."

Now we turn to the swine, or pig. Its meat has a very high intracellular fat level. That is not all. All animal fat has a high level of toxic material.

> At the time when pigs leave the farms, it has been found from a number of tests that 56% of all pork samples were contaminated with salmonella. When "clean" animals leave the farms, only some 15% of the meat is contaminated.
>
> When the pig meat leaves the abbatoir, it is 80% contaminated, and when it reaches the butcher, the levels are virtually 100%! The "clean" animals have only a 40% contamination level by this stage.

In most modern farms, pigs are fed the worst of foods. On the biggest farms, the largest pigs are fed with non-hatched (rotten) eggs and chickens that had died from disease.

Sometimes, pigs are kept in batteries where four or five pigs have to compete for the food and only the front pigs get the food; the ones behind get the droppings. Because these materials are extremely toxic, any tissue from these animals makes them very unclean indeed!

Pigs have very high histamine levels which could create various immune reactions. The connective tissue is very rich in sulphur, leading to acidosis and osteoporosis, because of the loss of calcium along with the sulphates. It is believed that the high sulphate levels, especially in meat-rich diets, are responsible for osteoporosis.

Research is presently being done with sheep which have been developing osteoporosis due to their high protein diet, which is rich in sulphur.

At the time when pigs leave the farms, it has been found from a number of tests that 56% of all pork samples were contaminated with salmonella. When "clean" animals leave the farms, only some 15% of the meat is contaminated.

When the pig meat leaves the abattoir, it is 80% contaminated, and when it reaches the butcher, the levels are virtually 100%! The "clean" animals have only a 40% contamination level by this stage.

The pig is certainly responsible for much disease. Many people are allergic to pork (because of the high histamine levels), and it also encourages the formation of excessive amounts of mucous in our bodies. Avoid pork if you are asthmatic!

God warns us in Leviticus 11:26 not to even touch the carcass of a pig. It has high levels of contamination of bacteria such as campylobacta, salmonella, etc.

Turning now to marine life;

"These shall ye eat of all that are in the waters; whatsoever has fins and scales in the waters, in the seas and in the rivers; them shall ye eat; and all that have not fins and scales . . . and of any living thing which is in the waters, they shall be an abomination unto you." *Leviticus 11:9,10.*

Those that do not have fins and scales are not edible.

The reason is really plain to see. The fish that have fins and scales are generally found in the deeper or fast-running waters, and, in at least part of their life cycle, they are herbivorous. They are mainly algal eaters. They also have an excellent detoxifying enzyme systems.

Those fish that do not have fins and scales are either scavengers, or they are pure carnivores.

The common snook has scales, but as it is taken out of the water they usually fall off so they can not be classified as clean. Anyhow, if a snook is cut open, the trained zoological eye will soon see thousands of bladder worms. Each bladder is full of urea, and this is what gives that snook that distinctive tangy flavour which appeals to so many hungry people! As a Zoologist I never used to eat snook - for this very reason.

The chicken is listed as clean since it originally ate only seeds. Today, however, the average commercially-reared chicken is fed on fishmeal or carcassmeal, (reject material from the abattoir), and can no longer be regarded as acceptable.

All the unclean birds which God lists are carnivores. Not one is a herbivore! Not one of them has a crop.

Insects are mentioned under "flying, creeping things" in verse 20. We are told: "You may eat of these". These really only include the locust. The other insects listed as unclean are all second or third trophic-level insects - further down the food chain. Flying grasshoppers could be eaten but those that did not fly, such as crickets, were not for eating.

"Whatsoever goes upon his paws", *verse 27*, such as cats, dogs, rats, mice, and weasels, are unclean. All reptiles are also unclean.

After a lion makes a kill, the first morsel he looks for is the stomach; tearing open the rumen and enjoying its contents first - the herbivorous matter - and then he tackles the flesh. The young cubs have to be trained to go for the blood.

All the creatures that walk on all fours either fall into the carnivore category or the coprophagic. Here, the toxin levels in their flesh are very high ,and the intestine length rapidly adapts to cope with the higher levels of ammonia, which is carcinogenic, and the high bile secretion due to the digestion of fatty tissue.

The intestine is short so that this material does not stay in the body any longer than necessary. God has placed this wonderful protective mechanism in His creatures, so they can try and cope with the results of sin on this planet. Is it not strange that it is these 'sharp' tastes that so many people go for?

Leviticus 11:37, 38 continues: "
If a carcass (of an unclean animal) falls on a seed which is to be sown, it shall remain clean; but if water falls on that seed, while the carcass is there, it is unclean. You must not plant it. You must not eat it."

...Continued On Page 8

CLEAN AND UNCLEAN

...Continued From Page 7

God here is concerned not that the seed will yield bad fruit, but that it may be genetically impaired by the chemicals thus released when water is involved.

God is concerned with the health of all His creatures - man and beast.

> "For I am the Lord your God. Therefore, sanctify yourselves and ye shall be holy; for I am holy".
>
> "For I am the Lord that bringeth you up out of the land of Egypt . . . ". Verses 44 ,45.

He takes us all up out of sin and all the consequences of sin. This does not only involve the healing from our sins but the healing of our bodies, too.

God wants to restore us and make us whole.

The concept in today's society is that there is no such thing as unclean, and that this has all been done away with. It is said that it is not what goes into your mouth that is unclean but what comes out of it. Consequently, all Christians are told that they are under no obligation to follow the 'old' laws anymore.

We can turn to a story in Acts 10, where Peter, some time after the Lord's resurrection, and after the stoning of Stephen, has a vision of unclean animals in a huge sheet; and a voice saying; "Arise, Peter; kill and eat," and what does Peter declare?

He had already been told by Jesus, some years previously, about what goes into our mouth and what comes out, and apparently had not taken it to heart, for he now says:

> "Not so, Lord. For I have never eaten anything that is common or unclean"!

No; Jesus had been talking about something else at that time.

Peter, himself, was left wondering just what this symbolic dream meant; verse 17. He obviously knew it was symbolic and not literal and went downstairs to meet his visitors from Cornelius, still thinking about the vision; verse 19.

However, by the time he had started talking with Cornelius the following day Peter had realized just what the vision meant. In verse 28, he says:

"You are well aware it is against our law for a Jew to visit a Gentile; but **God has shown me that I should not call any man unclean**."

The visible effects of the Holy Spirit on all the household of Cornelius, confirmed God's intention of calling what was previously 'unclean', as now being 'clean' or acceptable. Peter had understood his vision correctly. Most Christians today do not. The vision of the unclean animals had nothing to do with what we should or should not eat.

This vision of Peter's was the Great Commission to go out to all nations and preach the gospel. The great prophetic clock had struck. The 490 years for the spreading of the gospel amongst the Jews had come to an end in 34 A.D.

> "I beseech you therefore brethren, by the mercy of God, that you present your bodies a living sacrifice; holy, acceptable unto God, which is your reasonable service." *Romans 12:1.*

Is it not reasonable to care for these bodies God has given us, for His Spirit to dwell in?

Man's tastebuds today have become so perverted and it seems that mankind will do anything to corrupt his body.

Look at the tea bush. Only the two top leaves and the bud are picked. All plants produce alkaloids, or toxins, which keep certain, or all, animals away from the plant at certain times. It may even attract certain animals to that plant.

On growing plants, which parts should be protected from hungry visitors? The young leaves and the seeds. So, nature ensures that these have high levels of toxin so that animals and birds avoid them. What does man do? He picks these, dries them, makes an extract (to concentrate all that lovely flavour) and makes a beverage which the whole world cannot function without! Why is man so intent on destroying himself?

> "Whatever a man soweth, that will he also reap." *Galatians 6:7.*

Does the concept of clean and unclean occur in the New Testament?

> "'Touch no unclean thing and I will receive you. I will be a Father to you and you will be My sons and daughters', says the Lord Almighty." *II Corinthians 6:17*

"Since we have these promises, dear friends, let us purify ourselves from *everything*." *II Corinthians 7:1.*

This includes everything that contaminates the spirit and the body.

As a Christian who has accepted the gift of salvation from God, I must get my whole life in tune with God's original plan for me; totally and completely. I am on my way to the heavenly Canaan and must learn to say "no" to that which harms my body or my mind.

"Beloved, I wish above all things that thou mayest prosper

...Continued On Page 16

"To stand in defense of truth and righteousness when the majority forsake us, to fight the battles of the Lord when champions are few - this will be our test. At this time, we must gather wisdom from the coldness of others, courage from the cowardice of others, and faith from the unbelief of others." Ellen G. White

AMAZING DISCOVERIES
UPDATE

Aids, Alcohol & the Advent: On May 12 & 13, 2000, Dr. Saleem Farag and his wife Grace, along with their daughter's family, Rick & Anna Westermeyer presented a special weekend at the Vancouver Central SDA Church.

On Friday night, Dr. Rick Westermeyer, a graduate of the Loma Linda Medical Center and a practicing physician at the Portland Adventist Medical Center discussed the question of moderate consumption of alcohol as a beneficial health alternative as recently released medical studies have indicated. The World Health Organization considers alcohol to be the number one drug problem in the world at the same time that health care professionals are suggesting some patients may benefit from the cardiac protective effects of alcohol. This brings into question the long standing Adventist position of avoiding any alcohol consumption.

Dr. Westermeyer's study on this important question including a look at some of the "problem" verses in the Bible that seem to support some wine-drinking can be found on our website: www.amazingdiscoveries.org/health.html Audio tapes are also available by calling the Amazing Discoveries office at: 604-572-9457.

On Sabbath morning, Dr. Farag preached a sermon on last day events entitled: "What Time Is It?" with an overview of some current trends in the world news. And on Sabbath afternoon, Dr. Farag presented a recent project he and his wife have begun - the Simbaredenga Newstart Children's Home for orphaned children in Zimbabwe. Those who attended were shocked at the horrific numbers of people infected with AIDS in Zimbabwe (23.3 million as compared to .89 million in the US). The average life expectancy in Sub-Saharan Africa is approximately 30 years. Grandparents are raising grandchildren because all their children and their spouses have

died of AIDS. In this world of quiet horror, AIDS has become the leading cause of death in the Sub-African continent with over 5000 deaths every day!

Because of the high mortality rate, children are left without a family to provide love and care. The results are devestating. Older children are forced into prostitution to feed their younger siblings and then they become infected with AIDS as well. And the horror stories continue.

In this raging storm, there are efforts being made to provide shelters for innocent victims. One such shelter is the self-supporting Simbaredenga Newstart Children's Home on the outskirts of Harare. Twenty-five acres of land were donated by Crest Breeders International beside Simbaredenga SDA Primary and Seconday School. This will be sufficient to build three homes and still have enough for a small farm. $50 000 US for the exterior construction of the first home has been raised and this segment is complete. $5100 US has been donated by World Medics for one of two boreholes needed to insure adequate drinking and irrigation water for the sustainability of the farm, which will be the source of food for the children, as well as providing for the needs of children with the profit that results, ie. clothing, school tuition, and other expenses. The home is well underway to being self-sustaining. Twelve acres planted in maize are now ready for harvest. This will be enough to feed the children and the staff at the Home. But funds are needed (approx. $10 000 US) to complete the interior of the home, ie.

...Continued on Page 15

ASK PROFESSOR VEITH

Is there not evidence that evolution is changing the world as we speak, ie. the greenhouse effect etc. proving that evolution is true?
Evolution is change over time and I think man is helping the process along. In terms of living organisms, however, drastic change causes death - extinction, and that is what our planet is experiencing.

How can people believe something so illogical as evolution?
Actually, evolution is very logical. That's why so many people believe it. But just because something is logical, doesn't mean it is correct.

Does it mean that if one is a creationist, one must take the Bible literally?
If the Bible talks about creation and the model seems to support it, then yes you should.

But the Bible seems to predict the beginning of the earth at some time certain, and haven't we got evidence now that that is way out of wack?
There is a school of thought in creationist circles that the earth is exactly 6000 years old . I don't necessarily hold to that theory. The Bible says "In the beginning..." but it doesn't say when that beginning was. But as for life on earth, I would support a short chronology - something under10 000 years, but the material might be somewhat older.

Are you saying that Darwin's Origin of the Species is all wrong?
Even the Neo-Darwinists have problems with his theory and they are evolutionists. And yes, there are some basic serious problems with the Darwinian theory.

Is there not a developmental aspect to everything - eg. did we not develop from another form, and did not cats or dogs either?
These ideas are based on morphological sequences. For example, the evolution of the horse is a magnificent series, but I could also give you a dog series from the skull of a Chewawa to a Great Dane and ask you to arrange it in a sequence - you could sequence it from small to large and it would make a terrific sequence. That is what they do; they arrange them in a morphological sequence, but it is not necessarily replicated in the fossil record. In the record, the animals appear simultaneously. You can arrange it any way you want - but whether it is evolution or variation is up to debate.

How can the Bible be considered the truth when the constitution of the Bible (ie. the books that were left in or left out) was decided by man?
That's a good question. It was decided by men, but I believe it was under the guidance of the Holy Spirit. What is so amazing about the Bible is that all the authors of these 66 books - everything they say is in harmony with previous ones despite the long years between and the different cultures. I think this is an argument for the credibility of the Bible.

If there is a God, who made God?
God is self-existent according to the Bible. Nobody made Him. He was always there. You have the same problem in evolution - where did matter start? It's no different with religion as it is with science.

You made reference to catastrophic events. Isn't the fossilrecord proof of a catastrophic event? If you have a fossil of entire fish in the process of attacking a smaller sea creature, isn't that powerful evidence of catastrophic events creating the fossil record?
Absolutely. In the fossil record we have some amazing fossils - huge animals, like dinosaurs, that would have to be buried instantaneously in order to be preserved the way they are. In the Karoo formation in S.Africa, which has some of the most amazing fossils in the world, we find that all the large dinosaur fossils are washed into position. And interestingly enough, they are orientated by stream direction, seeming as though they had a watery demise which is consistent with the Scriptures when they talk about a deluge.

What about carbon-14 dating methods - are they invalid? They are supposed to be based on sound scientific formulas.
That is also a big bone of contention. I have no problem with dating methods. My question is this: if I bury a dog in my backyard and I cover it with the soil of the earth, is the dog as old as the soil, or is the soil older than the dog? One of the premises in the dating method is that the fossils in the fossil record are as old as the material they are buried in. I don't think that is necessarily tenable. As far as the dating methods are concerned, they all have some basic uniformitarian assumptions - that conditions in the past were identical to conditions today. They also require a closed system, eg. if you want to date by potassium argon, you have to assume that no material ever entered the rock or left the rock. There is no scientist in the world that could guarantee that it was a closed system. So, I don't think the theories that carbon-dating is based on are tenable.

You can only date things relative to something else. And sedimentery rocks, where you find so many fossils, cannot even be dated. Carbon-dating is supposedly accurate for 50-70 000 years. Uranium-lead dating can go back much farther, but you need igneous rock for uranium-lead dating and potassium-argon dating. All dating techniques go from the assumption that when you start, the clock sets to 0, so when volcanic magma comes out, it has 0 time. But when you actually analyze it, it hasn't got 0 time. It already has an age. As for sedimentary rock, you can only assume how old it is, and you assume how old it is by the fossil that is in it. Now you're in a circular argument: the rocks are as old as the fossils that are in them, because the fossils are as old as the rocks.

One of the problems people have with the Bible is that it says the earth was created in 7 days. One of the latest theories is that the Jewish word "day" is imperfect, and that it refers to a day being a thousand years.

You might have some problem with that, because when the Bible wording refers to "the" sixth day, the use of the definite article Bible always refers to a literal 24hour day. But beside this, if you look at the sequence of creation, you would have tremendous problems waiting a thousand years between the sun and the plants. Where did they receive their light from for example?

In regards to Ernst Haekel's theory of the development of an embryo - this was pointed out to be a fraud way back in 1874 by another scientist William Pess. Apparently Mr. Haekel altered his diagrams between the dog, the chick, and the human, and apparently at his death Mr. Haekel repented of his deceit and admitted it. Why then do we have to put up with faulty information such as this in our schoolbooks? Why do we put up with this charade?
Haekel's Gastraea theory is discredited by most scientists, but in their lectures or when they are hardpressed they use it as an example. I had an interesting lecture in Capetown on the evolution of the horse - showing that each species of the animal lived at the same time (they were contemporaneous) and that there are many problems with the transition forms and many of the fossils are similiar to organisms living today. A high ranking palaeontologist from the museum actually admitted it in the audience and said "Nobody believes that anymore. Why are we even discussing that? It's not even relevant to our age!" I was amazed because the main exhibit on evolution in the palaeontological section of the museum happens to be the evolution of the horse. So scientists know these things but they still gloss them over.

Where did the original will to survive come from?
Firstly, natural selection means there is a selection at the level of the phenotype - that which is already there. It doesn't operate at the level of the genotype. Genes and organisms all supposedly came about by chance. But once there was something there to choose from, natural selection came into play. Let's take that a little bit futher. In order for natural selection to operate, something must be there to operate on, and in order to select, there must be at least two things otherwise there's no selection. If I want to build an airplane and I want to find out which one flies best, then I read the handbook, and find two models I think will be great. Then I build them, test fly them under various conditions. In the end I choose the one that is best. That would be akin to natural selection. My question is not whether natural selection works or not. My question is who wrote the book?

Mutations are mostly harmful or lethal. The chance of even one gene coming into existence by chance is less than one in the number of particles in the entire universe. So the idea that more than one gene or a conglomerate of genes came into existence by chance is untenable.

...Continued On Page 12

ASK PROFESSOR VEITH

...Continued From Page 11

Here's an oxymoron for you - a creation scientist! According to the Bible, man was on the earth 7000 years ago, yet North American natives were here 40 000 years ago. And Noah's ark landed somewhere in the Middle East and yet we have totally different animals living in completely different areas, like Platypuses in Australia. What happened? Did the ark make pitstops along the way?

As far as the time sequence is concerned, there is a tremendous amount of debate on this time issue. Were the Australian Aborigines around for 80 000 years or not? There is a lot of evidence that seems to indicate that they were not around that long. If you look at island colonisation, none of them seem to have been colonated for a period of time longer than that which seems to be in harmony with what Scripture has to say. As far as the platypuses and the strange fauna in Australia, evolutionists have a problem explaining that as well with their Gondwana land breakup. It just doesn't seem to fit in that model either. I admit I have a problem understanding it, but so do evolutionists. There are however theories that can possibly provide answers. We do not fully understand the way in which genes are expressed under different conditions. Perhaps the genetic differences between marsupials and placentals are largely differences in expression. Complete gene maps may one day surprise us.

If we allow, for the sake of argument, a God to exist that is capable of creating matter and life, could that God not create a tree that took on the appearance of age - for eg. a tree with built-in age?

Yes, you could look at it that way. There's another thing that seems to cause confusion in terms of this whole thing of created beings. Everybody seems to be under the impression that God created unchangeable organisms not capable of any variation or change, when in actual fact, that's where Darwin went wrong. Everything in the gene systems is geared to creating variation. So the fact that we have a huge variety of organisms of closely related forms is not surprising to me at all.

Do you believe there are any missing links between transitional forms?

I can make intermediate forms, as many as I like, by using morphological sequencing - putting things in order as I think they should be in order. But my question is - is that necessarily a phyletic (evolutionary) order?

Can you trace man back to the ape?

That's what the scientific world would like one to believe. But the fossils that have been found are either a man or an ape - there has never been an intermediary form found. We seem to have this concept that if something looks primitive it must be old. And if something looks similiar, it must have similiar origins. Why can't we just have similiar adaptations because we have similiar needs. Take whales for example. The old science books used to say "whales have an ancient origin" because obviously they must have evolved, according to the theory of evolution, from land-based eutharian mammals. They must have been transformed four-legged land animals, and then secondarily returned back into the ocean because mammals are supposed to have evolved on land. But because there are no intermediaries and they have fins and a totally different physiology, the question is how long did it take? It must have taken millions and millions of years yet, being mammals, they are the latest thing to have evolved, so the time just isn't there. So there's all kinds of problems with the theory as it is expounded today.

Isn't it possible that somehow there was water and somehow there were micro-organisms and that from those micro-organisms all the billions of creatures on the earth developed from there?

There's a basic flaw in that argument. We're supposed to have come from simple to more complex, isn't that what they say? When you start with simple, you have a small gene pool. When you go to complex, you have a large gene pool. What's the mechanism employed in getting better and bigger and better and bigger? It's natural selection. Selection can only choose from what is already there. When I choose the one that is best, what have I done? - eliminated one or gained one? Natural selection is actually favouring the elimination of the weaker. So gene pools disappear. How can a mechanism that makes less and less, make more and let alone more complicated? It's just not logical. So natural selection is a very poor way of getting anywhere, because in order to select, you have to be there in the first place. So with natural selection you have two problems: you still haven't created it, and when you have created it, you eliminate one, which gets rid of genes instead of adding genes. In fact natural selection is doing such a good job, that if we continue this way, there soon won't be anything left to select from.

Why did Darwin's theories become so fashionable so quickly?

I think it was the ridigidy of thought in those days that made people want something new. People were in such a rigid mindset largely governed by the religious powers of the day - if you said something remotely outside the sphere of Biblical thinking, you could lose your head literally speaking, or become a prisoner, excommunicated, etc. Once that mold of rigidity was shattered, the baby got thrown out with the bathwater. Instead of re-assessing the knowledge that was available at that time, it was all packaged and thrown out together when there were cracks in the mold. They had such a narrow concept of God that they couldn't accomodate the new knowledge that was springing forth.

Do you have questions you would like to see answered?

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Feed your faith, and doubt will starve to death!!

by Carolyn E. Thompson

AMAZING DISCOVERIES UPDATE

...Continued From Page 9

screens, paint, cupboards, kitchen furnishings, bathrooms, flooring, laundry, furniture/beds...) A wonderful Christian couple has been found to be the house mother and father to help create a Christian home-like atmosphere for these children. They will be educated in an SDA School from elementary through high school next door. Students who excel in school will have opportunity to go to Solusi University. Eventually, it is planned to establish a vocational school for these orphans, so that students will be able to make a living in areas such as farming, carpentry, building, auto mechanics, metal work, sewing, etc.

These efforts offer a ray of hope to those children who have nothing to hope for. Through the efforts of the Farags and through the generous donations of caring people around the world, there are children who now have a future to look forward to. With your help, they can have a chance to contribute something vital to their communities, country, and even the calling of God. If you would like to contribute to the Simbaredenga Children's Orphanage, donations can be mailed directly to the North American Division marked Zimbabwe Simbaredenga Orphanage, or to Amazing Discoveries via the Vancouver Central SDA Church.

In the words of the beautiful hymn: "Blest to be a blessing, privileged to care, challenged by the need apparent everywhere. Where mankind is wanting, fill the vacant place. Be the means through which the Lord reveals His grace. Let your heart be tender and your vision clear. See mankind as God sees. Serve Him far and near. Let your heart be broken by a brother's pain. Share your rich resources, give and give again."

FROM THE EDITOR

...Continued From Page 4

But God says: "I will direct your steps" Prov 3:5,6
We say: "Well, I can't do it."
But God says: "Yes, you can. I can do all things through Christ that gives me the strength." Phil 4:13
We say: "I am not able. I've been in this church for so many years. I haven't found my spiritual gift."
But God says: "I am able." 2 Cor 9:8
We say: "I've been coming to this church and I'm so frustrated and fed up. It's just not worth it."
But God says: "It will be worth it. For "all things work together for good for those that love the Lord and are called according to His purpose." Hang in there. Stay on the road." (Romans 8:28)
We say: "But Lord, I've got so much sin. I can't forgive myself."
But God says: "I will forgive you. If we confess our sins, He is just and able to forgive us our sins and cleanse us from all our unrighteousness. " 1 John 1:9
We say: "Lord, I'm afraid. I can't witness. I don't know what to do."
But God says: "I have not given you a spirit of fear, but a spirit of love and power." 2 Tim 1:7
We say:"I can't manage."
But God says: "I will supply all your needs according to my riches in Christ Jesus." Phil 4:19
We say: "Well Lord, I'm always worried and frustrated."
But God says: "Cast all your cares upon Me." 1 Peter 5:7
We say: "I'm not smart enough. I can't give a Bible study. I can't preach like the pastor."
But God says: "I will give you wisdom." 1 Cor 1:13
We say: "Lord, I'm all alone. I'm walking with the crowd. Nobody knows what I'm going through. No one understands. No one even cares."
God says: "So was I. I was alone too on the road to Calvary. I know how you feel. But here's my promise. Never will I leave you. Never will I forsake you. Though mother and father forsake you, the Lord has promised us that He will take us in hand." Heb 13:5

With Jesus we can, we must, and we will make it. Let us cast our burdens upon the Lord. His shoulders are the only ones strong enough to carry them. And let us forge ahead in the work of the Lord, doing all we can, for the night is far spent, the glorious day is at hand.

-Wendy Penner

CLEAN AND UNCLEAN

...Continued From Page 8

and be in health, even as thy soul prospereth." *III John verse 2.*

"Know you not that your body is the temple of the Holy Ghost which is in you and which you have from God; and you are not your own. You are bought with a price. Therefore, glorify God in your body, and in your spirit, which are God's". *1 Corinthians 6:19, 20.*

"If any man defile the body of God, him shall God destroy; for the temple of God is holy, which temple you are." *1 Corinthians 3:17.*

"Whether, therefore, you eat or drink, or whatsoever ye do - do all to the glory of God". *1 Cor 10:31.*

I invite you to start a new life style and take hold of the promises of Scripture. He will give you health, if you obey Him.

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