

Living Healthy by God's Laws.



2014/2015

# Catalog

Rediscover Your Well-being



health DVDs



health books



exercise equipment



kitchen aids



hydration



gardening/  
sprouting



body care

Check out the great selection of DVDs and books on spiritual issues available at: [amazingdiscoveries.org](http://amazingdiscoveries.org)



*Dear Friend,*

Amazing Health Inc. is an educational company offering you the best resources available in nutrition, health aid, and restoration.

We carry many items which support health through a natural approach. Our hope and wish is that these resources will not only enhance your health experience, but also provide you with powerful information that will allow you to take charge of your health through the inexpensive, God-designed methods of touching the body, mind and spirit. Our resources give you practical methods that are easy to put into practice and free of addicting drugs and poisons.

We believe in the 8 doctors of natural health: nutrition, exercise, water, sunshine, temperance, fresh air, rest, and trust in God.

We pray you will find our resources beneficial to your health and well-being.

*"The fact is there is only one major disease, and that is malnutrition. All ailments and afflictions to which we may become heirs are directly traceable to this major disease."*

*Dr. C.W. Cavanaugh, Cornell University*



**Notice:**

Product statements have not been evaluated by the Food and Drug Administration or Health Canada. Our products are not intended to diagnose, treat, cure, or prevent any disease. If you are pregnant, nursing, taking medication, or have a medical condition or ailment of any kind, consult your physician before following any recommendations or using any product found **in this catalog** or on **our website**. You assume sole responsibility for your personal health, and you must use your own discretion under doctor consultation to determine whether any product or recommendation is suitable for your personal situation. Furthermore, Amazing Discoveries and Amazing Health cannot accept responsibility for adverse outcomes that may result from personal application of any information or products we sell.

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## NOTICE

### Prices subject to change without notice.

At time of printing, all list prices are applicable in both Canadian and US dollars. As necessary, Amazing Health reserves the right to charge Canadian or US customers a relevant exchange rate at time of purchase.



### Shipping & Handling (via MEDIA mail) for USA:

US \$ Price	US Ground
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\$300.01-\$400	\$31.96
\$400.01-\$500	\$37.73
\$500.01-\$850	\$54.66

#### Note:

- \* Some books are heavy and more postage will apply.
- \* For Canadian, International, or Priority Orders, please call office.
- \* For items other than Media, such as appliances, special shipping applies. Please call our customer service for details.



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HEALTH **DVDS**

HEALTH **BOOKS**

GARDEN/ **SPROUTING**

**HYDRATION**

**EXERCISE** EQUIPMENT

**KITCHEN** AIDS

BODY **CARE**



## HEALTHY FROM INSIDE OUT by Doctors Rudy & Jeanie Davis



14-Part Set:

**\$148.00**

Singles:

**\$14.00**

We have all heard about the advantages of fresh air, water, proper food, and exercise, but have you ever heard how these things affect your brain; or that there is more to water than just water; or have you learned how to have the most powerful, high-potency foods growing right in your own house for only pennies?



### 331 - An Incredible Diet

The brilliance and healing potential of the foods given to Adam and Eve in the Garden explode into practical principles that can change the way you eat—and think—forever. See how the human body is perfectly designed for the original diet! Join Drs. Rudy and Jeanie Davis as they unravel the workings of the digestive system and its all-important role in our well being. (80 min)

### 332 - How to Avoid Tunnel Eating

Proper eating involves much more than the tongue and stomach. Join Dr. Jeanie Davis as she explains how you can get more nutrients into every cellular structure by purposely activating the body's absorption system. (90 min)

### 333 - The Most Common Barrier to Great Health

The movement of our skeletogenous structure has more to do with brain health, good digestion, and overall well being than previously understood. Explore the enormous potential for healing and longevity found in the simple act of movement. (80 min)

### 334 - Ancient Elixir Rediscovered

You have heard it said, "We need 8 cups of water a day." Is that statement just health lore, or do we really need to drink that much? Discover the real liquid needs of the human system, learn about the powerful properties of chlorophyll, and see for yourself the incredible healing power of the greatest juicing machine ever made: the human body! (90 min)

### 335 - Radiation That You Can't Live Without

Sunlight has been touted as the bad guy, but is it really? In this eye-opening presentation, Dr. Jeanie Davis explores both the healing and hurting properties of sunlight, opening the shutters of ignorance to reveal sunshine as one of God's greatest life-sustaining blessings. (80 min)

### 336 - Risk Without Responsibility: The Human-Agro Experiment

Guinea pigs that look like humans? Humans who act like Guinea pigs? The Scripture, "My people are destroyed for lack of knowledge" has far-reaching implications. What you do not know can hurt you! In the foods grown and produced today, the potential for damage to the human body is greater than ever before. Learn what is out there, and how you can protect yourself and your loved ones from these dangers. (90 min)

### 337 - Concerned About Your Memory? Don't Forget to

#### Watch This

The organ with the greatest potential for development —the only organ with which we can understand the love of God — is misunderstood, misused, misguided, misfed, and missing most of its usefulness in enabling us to experience joy and happiness to the full. Learn how to protect your brain and unlock its potential at any age. (80 min)

### 338 Great Things Grow in Small Packages

Good news: there is a wonder-world of fresh grown foods awaiting those who do not have the space to grow a garden. Those who cannot afford high-priced supplements can have access to the most nutrient dense foods on the planet for just pennies a meal. Listen, watch, and learn how you can supply all of the latest super-nutrients your body needs with little time, and little expense. (90 min)

### 339 - Raw Recipes

Recipes for: Kale Chips, Tabouli Salad, Carrot Cake with Frosting, No Bean Hummus & Sweet Pea Hummus, Vegetable Sprouter, Buckwheat Granola, Oatmeal Cookies, Oat Burgers. (64 min)

### 340 - Come Apart and Rest Awhile... or Come Apart!

There is much more to rest than just sleep. Our stress levels often go undetected, causing physical as well as mental damage. Learn how important sleep is, the warning signs of hidden stress, and why zebras don't get ulcers! (90 min)

### 341 - Our External Thermometer

Did you know that your skin is only as healthy as your least healthy organ? Join Dr. Rudy Davis in this presentation to learn how to renew your skin to radiance at any age. (55 min)

### 342 - Just Because You're Alive Doesn't Mean You Are Breathing... Properly!

Breathing is the most important but most ignored function of our existence. In this lecture, Dr. Jeanie Davis illustrates how to breathe properly and build a good breathing environment in your own home. (90 min)

### 343 - Your Health is in the Balance

For every mile of road there are two miles of ditch! Watch this informative presentation and learn the key ways to balance your whole life and stay out of that ditch. Avoid the many problems caused by misplaced priorities. (55 min)

### 344 - Life in the Fast Lane... The 21 Day Challenge

You can have a new life in less than 30 days! This exciting and practical program provides the tools you need to kick-start your body and mind in a new direction. This program is possible even for those who live life in the fast lane. (75 min)

## Natural Remedies from God's Pharmacy by Jeanie Davis



Learn natural ways for you to stay in health and remedy many sicknesses. 60-page booklet.

**\$5.00**



## LIFE SCIENCE SEMINARS INTERNATIONAL by Dr. Raymond Obomsawin, MSc, PhD



Dr. Raymond Obomsawin holds a MSc. and a PhD with concentrations in health science and human ecology. He currently serves as the Executive Director for a First Nations Health Centre on Canada's West Coast. He has previously served as Senior Advisor on First Nations Health at the National Aboriginal Health Organization; Executive Director in the California Rural Indian Health Board system; Director of the Office for National Health Development NIB (Assembly of First Nations); and founding Chairman of the National Commission Inquiry on Indian Health.

His international work has taken him to over 30 countries and includes appointments as Manager of Overseas Operations for CUSO and Evaluation Analyst and later Senior Advisor on Indigenous Knowledge at the Canadian International Development Agency.

Dr. Obomsawin has advised senior decision-makers in the public sector on various health, education, agriculture, nutrition, agro-forestry, and environmental projects. He has produced over 85 research papers and professional publications.

### > 371 - Immunity, Infectious Disease, and Vaccination

Are vaccines causing more harm than good? What caused the onset of infectious diseases in higher life forms in the first place? (90 min)

### 372 - The Earth: Foundation of Health

Learn why soil is the foundation of natural immunity. Can organic agriculture restore health to humanity and feed the world? (51 min)

### 373 - Extreme Danger: Genetically Modified Foods

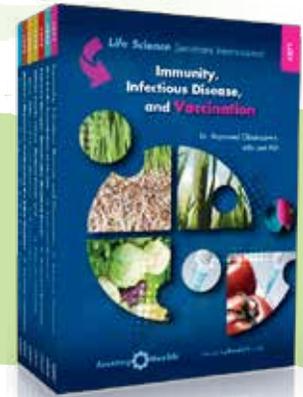
What does the food we eat have to do with allergies, digestive impairments, immune reactions, organ damage, reproductive problems, and even death? (50 min)

7-Part Set:

\$74.00

Singles:

\$14.00



### 374 - Human Health Lessons from Indigenous Peoples

Discover the health dangers of highly processed foods, learn keys to longevity, and visit a 20th-century society free from infectious and degenerative diseases. (56 min)

### 375 - Meat, Milk, and Human Diseases

Is it true that dairy products like cheese, yogurt, and ice cream are linked to killer diseases? (39 min)

### 376 - Nature's Physicians: Confronting the Killer Diseases

Did God give us a natural prescription for longevity and freedom from modern diseases? (80 min)

### 377 - The Creator's Healing Vision for the End Time

Death by modern medicine? Sorcery and drugs? Ancient prophecies fulfilled today by a special movement? Learn about these topics and more in this final lecture. (60 min)

## DIABETES AND CANCER by Dr. Tim Riesenberger, MD, MPH

Tim Riesenberger MD, MPH, has a passion for preventive medicine and shares a Christian health message around the globe.

### 95% of Diabetes Cured

Sound impossible? Surprisingly, this dreaded disease is not incurable. Come and find out the simple solutions for taking charge of your health and turning this disease around.

### Cancer

Radiation? Chemotherapy? Grape therapy? Lifestyle? Is there really a cure? Watch and find out. This DVD will answer these questions and more! Don't miss the opportunity to hear this life-saving and life-changing information! (80 min)



watch for new series by Dr. Riesenberger to be released in fall 2013



\$15.00

## DISCOVER TOTAL HEALTH by Dr. Rob McClintock

Join naturopathic doctor Rob McClintock for a fascinating 7-part health series that discusses hormones, diabetes, alcohol, osteoporosis, cardiovascular and autoimmune diseases, the immune system, as well as a prescription for total health. Based on common sense and science, his easy-to-follow presentations emphasize good old-fashioned principles of health. Drawing on his own experiences, Dr. McClintock adds practical examples to his research in an engaging style that will leave you inspired and informed about how to stay healthy, live longer, and enjoy a better quality of life.

See the last page (back cover) of this catalog for a full list of all lectures from this series and a book by Dr. Rob McClintock "Healing Herbs".

7-Part Set:

\$74.00

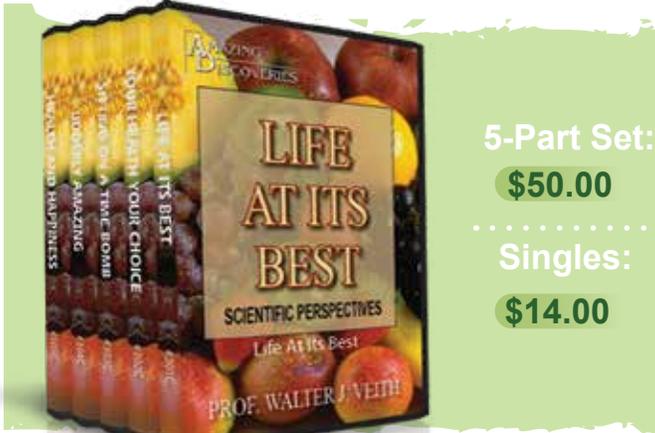
Singles:

\$14.00





## LIFE AT ITS BEST by Professor Walter J. Veith



5-Part Set:

**\$50.00**

Singles:

**\$14.00**

In a world flooded with nutritional misinformation, Dr. Walter Veith gives scientifically supported answers to questions that plague people seeking a healthier lifestyle. This 5-part DVD series takes an in-depth look at the impact of our food choices, the role of food additives and the dairy and meat industries, and how to implement a viable healthy lifestyle.



### 301C - Life At Its Best

Learn about the significance of carbohydrates, proteins, and fats in a healthy diet and the importance of a whole food diet. Answer questions such as, "Are carbohydrates really fattening?" "How much protein do we need?" "Can one survive on a vegetarian diet?" (95 min)

### 302C - Your Health Your Choice

Understand the role of drugs and common stimulants such as tea and coffee. How do food additives cause allergic reactions, hyperactivity, and disease? (80 min)

### 303C - Sitting on a Time Bomb

Learn how modern animal husbandry has dramatically altered the food on our table. From petro-chemical waste to antibiotics and growth stimulants, learn how the industry has created potentially devastating results for consumers, including antibiotic resistance, mad cow disease, and other infectious diseases. (80 min)

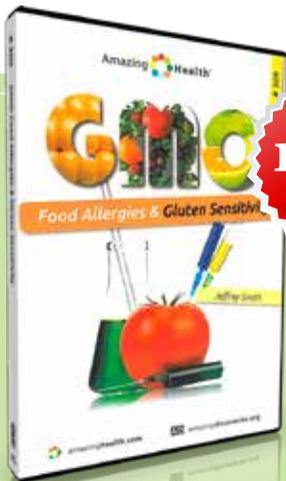
### 304C - Udderly Amazing

For centuries, we have been led to believe that dairy products should form an essential part of our diets. What about dairy-intolerance and allergic response? New evidence implicates dairy in not only allergenic responses, but in potentially lethal diseases such as osteoporosis, diabetes, and many others. (80 min)

### 305C - Health and Happiness

Does vegetarianism offer a viable alternative diet? Is it healthy to choose a vegan lifestyle? How do vegans get adequate quantities of all the essential nutrients? Can children be raised vegan? Learn the facts in this video and make an easy transition to a vegan lifestyle. (90 min)

## GMO: Food Allergies & Gluten Sensitivity by Jeffrey M. Smith



**new**

**\$18.00**



### 309 - GMO: Food Allergies & Gluten Sensitivity

Find out the relationship between GMOs and inflammatory diseases, as well as food allergies and gluten sensitivity in this eye-opening lecture that will leave you taking a non-GMO shopping guide with you on your next trip to the grocery store. (lecture by Jeffrey Smith, recorded at the Amazing Discoveries Presentation Theatre with a live audience) (50 min)

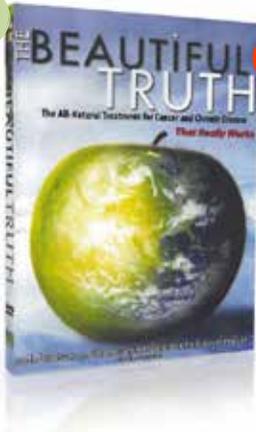


Bestselling author **Jeffrey M. Smith** is the leading consumer advocate promoting healthier non-GMO choices.



# GERSON THERAPY

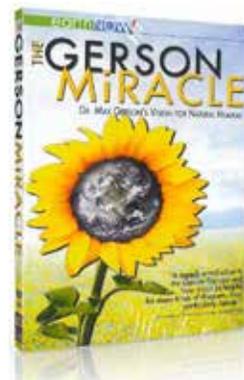
See page 14 for Charlotte Gerson's book: *Healing the Gerson Way*



## ← Gerson - The Beautiful Truth (DVD)

*The Beautiful Truth* is a documentary by Stephen Kroschel. Fifteen-year old Garrett studies a controversial book written by Dr. Max Gerson and takes on the challenge of researching this amazing 50-year old therapy. Dr. Gerson's daughter Charlotte supports him to go in search of the truth. Garrett visits a number of cancer patients who were diagnosed as terminal but received a cure through Gerson clinic therapy. (93 min)

\$25.00



\$25.00

## Gerson - The Gerson Miracle (DVD) ↑

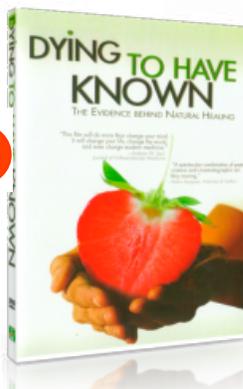
A cure for cancer and most other chronic and degenerative diseases has been available since 1928. The therapy was developed by Max Gerson, MD, a German Jewish physician, hailed by Nobel Laureate Albert Schweitzer as "one of the most eminent geniuses in the history of medicine."

For the first time, this film chronicles the epic true story of the Gerson Miracle, and examines many elements of Gerson Therapy. This film dares to reveal that our potential for health exceeds the limitations imposed on us by the sickness industry. (91 min)

## Gerson - Dying to Have Known (DVD) →

Filmmaker Steve Kroschel went on a 52-day journey to find evidence for the effectiveness of the Gerson Therapy—a long-suppressed natural cancer cure. (80 min)

\$25.00



## on Healthcare

## by DR. MCDUGALL

**new**



\$24.95

## Doctored (DVD)

Your Food, your medicine, your healthcare has all been DOCTORED. This bold documentary provides candid views into how Pharmaceutical and Doctors are unabashedly creating drug addicts in normal, unsuspecting citizens. (?...min)

## Dr. McDougall *Made Irresistible* (DVD) →

In *Made Irresistible*, Mary goes all out to show you her favorite recipes—ones that are certain to please all family members and dinner guests. John takes on some of medicine's greatest controversies to help you avoid unnecessary treatments and enjoy the excellent appearance and health you deserve. Includes 14 delicious demonstrations and 14 lessons by Dr. McDougall. (2 hrs 30 min)

\$29.95



## ← Disputes Major Medical Treatments (DVD)

Dr. McDougall thoroughly and clearly explains why heart surgery and therapies for osteoporosis and cancer usually fail. In addition, learn how diet is the true fountain of youth.

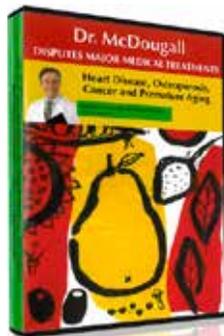
Chapter 1: President Clinton - You should not have agreed to heart surgery. (78 min)

Chapter 2: Osteoporosis and the broken bone business

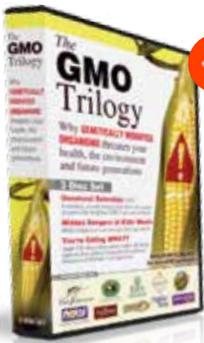
Chapter 3: Aging Gracefully (45 min)

Chapter 4: Lifestyle Medicine - You can't best nature. (69 min)

\$24.95



# GMO/Environmental Issues DVD/s



## The GMO Trilogy (2 DVDs, 1 Audio CD)

This set (2 DVDs and 1 Audio CD) provides almost four hours of powerful information about GMOs and their impact on our health and the environment. Produced by bestselling author Jeffrey Smith, this series shows how genetically modified organisms (GMOs) put our health and environment at risk. (90 min of video, 90 min of audio)

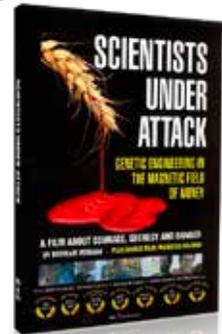
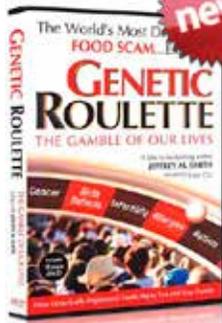
\$22.00



## Genetic Roulette - The Gamble of Our Lives (DVD)

Are you and your family on the wrong side of a bet? When the US government ignored repeated warnings by its own scientists and allowed untested genetically modified (GM) crops into our environment and food supply, it was a gamble of unprecedented proportions. (85 min plus bonus DVD with extra films)

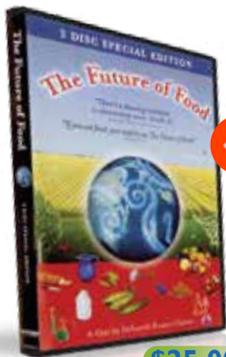
\$20.00



\$20.00

## Scientists Under Attack (DVD)

This is a film about courage, secrecy, and danger. Using stunning visuals filmed on three continents, veteran German filmmaker Bertram Verhaag tracks the fate of two scientists at the hands of a multi-billion dollar industry that is desperate to hide the dangers of their genetically modified organisms (GMOs).



## The Future of Food - Special Edition (2 DVD Set)

*The Future of Food* examines the complex web of market and political forces that are changing what we eat as huge multinational corporations seek to control the world's largest food system. (212 min)

\$25.00

\$10.00

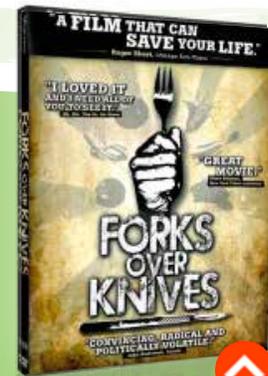
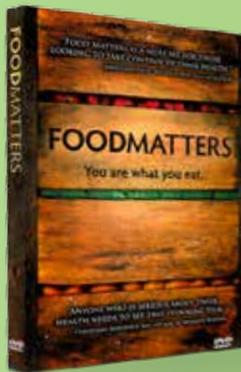
## MORE on Diet

### Food Matters (DVD)

by James Colquhoun and Laurentine ten Bosch

*Food Matters* discusses the importance of nutrition and natural therapies in preventing and reversing chronic illness. The film shows which foods and therapies are ideal for optimal health and have been proven to help with heart disease, diabetes, depression, cancer, and many other chronic illnesses and everyday conditions. *Food Matters* is a hard hitting, fast paced look at our current state of health. Despite the billions of dollars of funding and research into new so-called cures we continue to suffer from chronic ills and every day maladies. (80 min)

\$25.00



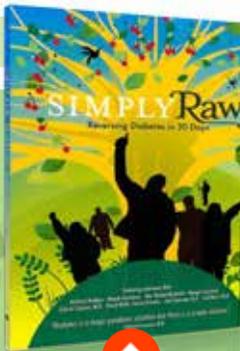
### Forks Over Knives (DVD)

This excellent film examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting animal-based and processed foods. (80 min)

\$20.00



\$25.00



### Simply Raw - Reversing Diabetes in 30 Days (DVD)

This DVD is an independent eye-opening documentary that chronicles six Americans with diabetes who switch to a diet consisting entirely of vegan, organic, uncooked food in order to reverse disease without pharmaceutical medication. We witness moments of struggle, support and hope as it becomes clear that a "raw foods diet" can reverse disease and change lives. (90 min)

"Simply Raw is one of the most uplifting stories I've ever seen." - Dr. T. Colin Campbell - Author of *The China Study*



# VACCINES: documentaries by Dr. Sherri J. Tenpenny

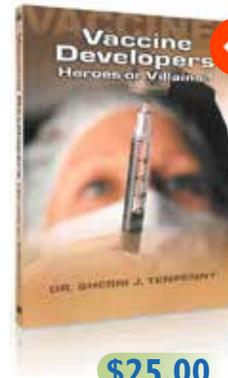
## Vaccine Basics: What You Need To Know (DVD)

(2 hour DVD) In this compelling documentary, Dr. Sherri Tenpenny provides comprehensive, factual information on vaccines so parents and practitioners can make informed, health care choices. In this two hour presentation, you will learn the basics of vaccines:

- The history of the smallpox and polio vaccines
- The CDC's recommended vaccine schedules and the challenges associated with combining vaccination ingredients
- The actual risks of contracting hepatitis B, tetanus, chickenpox, pertussis, and rotavirus diarrhea, and if the vaccines are protective
- The facts about flu shots & other pandemic vaccines
- The origins of the mandatory vaccination policy
- & much more



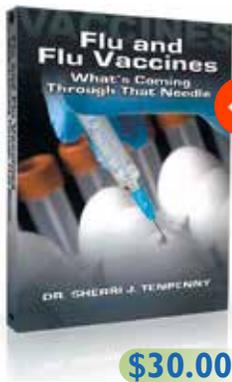
\$25.00



\$25.00

## Vaccine Developers: Heroes or Villains? (DVD)

Vaccination has been declared one of the Top 10 Public Health Achievements of the Century and vaccine developers have been heralded as the heroes of the 21<sup>st</sup> century. But are they truly protectors and defenders of our health? Or, should we be more suspicious of their intent? In this scientifically documented presentation, find out answers to these and more questions. (1 hour)



\$30.00

## Flu and Flu Vaccines: What's Coming Through That Needle (2-DVD Set)

Explore the problems associated with annual flu shots:

- How influenza viruses are selected each year for the vaccine
- The low prevalence of influenza viruses in circulation
- The low number of deaths per year from the flu
- The reality of flu shot side effects and asthma
- Ingredients & adjuvants: animal cells, detergents, polysorbate 80, formaldehyde, gelatin, mercury, aluminum, squalene, etc.



\$19.95

## The Greater Good (DVD)

This film is a character-driven documentary that explores the areas where parenting, modern medicine and states rights clash with politics, group-think and Big Pharma. It highlights several powerful personal stories of vaccine tragedies to bring increased awareness to this important issue. (paper cover, 79 min)

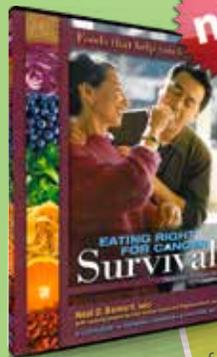
## MORE on Diet

Amazing Discoveries and Amazing Health cannot accept responsibility for adverse outcomes that may result from personal application of any information contained in these DVDs. Consult your doctor or health practitioner before attempting any changes in your lifestyle or diet.

## Eating Right for Cancer Survival (2 DVDs)

by Dr. Neal Barnard

Discover how the right food choices can help you survive! Researchers have been investigating how food choices can help prevent cancer and, when cancer has been diagnosed, how they can improve survival. What they have found is nothing short of dramatic. Certain diet patterns - that of eating a plant based diet - seem to have a major effect, helping people diagnosed with cancer to live longer, healthier lives. Thinking of food as medicine is a simple, delicious way to put yourself on the road to good health. (4 hrs 30 min)



\$19.95

See page 13 for a book by Dr. Barnard "Power Foods for the Brain."



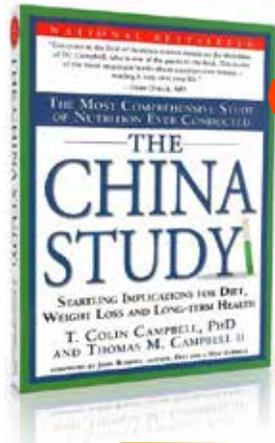
\$25.00

## Fat, Sick & Nearly Dead (DVD)

This inspiring film by Joe Cross chronicles his personal mission to regain his health. With doctors and conventional medicines unable to help long-term, Joe turns to the only option left: the body's ability to heal itself. (97 min)



Check our online store for updated and complete product listing



**\$24.95**

## The China Study (Book)

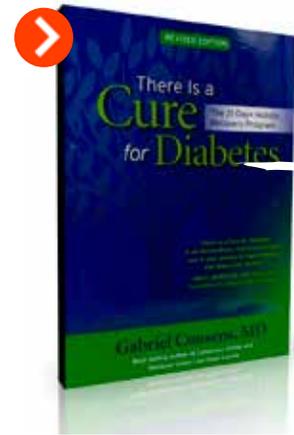
by T. Colin Campbell, PhD and Thomas M. Campbell

This exhaustive presentation of the findings from the China Study conclusively demonstrates the link between nutrition and heart disease, diabetes, and cancer. While revealing that proper nutrition can have a dramatic effect on reducing and reversing these ailments as well as obesity, this text calls into question the practices of many of the current dietary programs, such as the Atkins diet, that enjoy widespread popularity in the West. The impact of the politics of nutrition and the efforts of special interest groups on the creation and dissemination of public information on nutrition are also discussed. (417 pages)

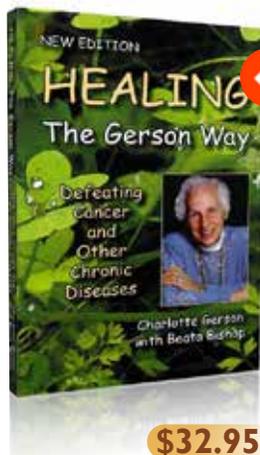
## There is a Cure for Diabetes (Book)

by Dr. Gabriel Cousens

Both practical and inspirational, the book explains how to leave behind the root causes of diabetes and move towards a more natural, nurturing approach. Those who have completed the program outlined by Dr. Cousens have found that insulin and related medicines become unnecessary after an average time of four days. Within the first two weeks, many participants in the program reported blood sugar returning to normal levels, and by the end of two weeks many participants displayed test results consistent with a non-diabetic physiology. The third week of the program focuses on live-food preparation, creating a bridge between the benefits of completing the full program and enjoying the healing properties of living foods, superfoods, and supplements in everyday life. The book includes 100 recipes for a wide variety of delicious raw and living foods, of which many were used to achieve the incredible results described in the documentary film *Simply Raw for 30 Days*. (445 pages)



**\$22.00**



**\$32.95**

## Healing the Gerson Way

Book by Charlotte Gerson

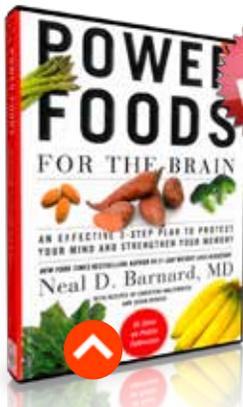
Written by Charlotte Gerson, founder of the Gerson Institute and daughter of Max Gerson, MD, and Beata Bishop, a recovered Gerson Melanoma patient, this is a complete guide to the theory and practice of the Gerson Therapy developed over 80 years ago by Dr. Max Gerson, MD (1881-1959). It shows that an increasingly denatured, nutritionally empty, toxic modern diet is the main cause of today's worsening health crisis. The book offers the solution in the form of a brilliant, precision-built nutritional program that eliminates the underlying causes of disease, leading to lasting cures. (434 pages)

See page 10 for the DVD *Simply Raw*





## RAW/Plant-based Food



**new**

**\$26.99**

### Power Foods for the Brain (Book)

by Dr. Neal Barnard

Everyone knows that good nutrition supports your heart and overall health, but did you know that certain foods can protect your brain and optimize its function? Learn about an Effective 3-Step Plan to Protect Your Mind and Strengthen Your Memory. (292 pages)

## SMOOTHIE Books

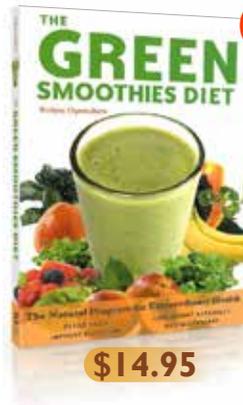


**\$14.95**

### Green Smoothie Revolution (Book)

by Victoria Boutenko

Combining nutrition and know-how with recipes that pack a powerhouse punch, Victoria Boutenko reintroduces long neglected fruits, vegetables, and greens in a most persuasive style for our busy lives—with fast preparation and delicious results. Featuring 200 recipes, *Green Smoothie Revolution* offers both simplicity and enough variety to keep taste buds happy and nutrients coming from a wealth of options. (173 pages)



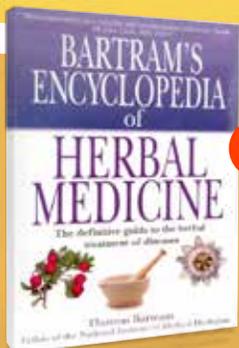
**\$14.95**

### The Green Smoothies Diet (Book)

by Openshaw

*The Green Smoothies Diet* is a bestselling guide to the how and why of a habit that can transform your nutrition with just 10 minutes a day in your kitchen. The author, Robyn Openshaw, gives 10 reasons to undertake the green smoothie habit, and 10 tips for getting your kids to buy in. There's a detox program, a weight loss program, and a plan for incorporating the habit for life. The book includes 50 recipes using a wide variety of superfood ingredients, in addition to everything a busy person needs to know about how to easily make the best use of your time getting the best plant-food nutrition available. (232 pages)

## NATURAL Remedies

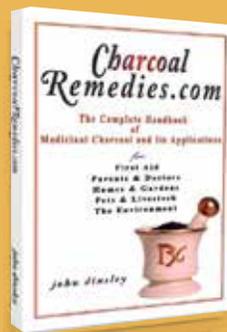


**\$35.00**

### Bartram's Encyclopedia of Herbal Medicine

By Thomas Bartram

A comprehensive coverage of common and rare disorders, with appropriate treatments. Entries for more than 550 herbs and plants. Actions, properties and preparations of herbs, tinctures and essential oils. An excellent resource! (470 pages)

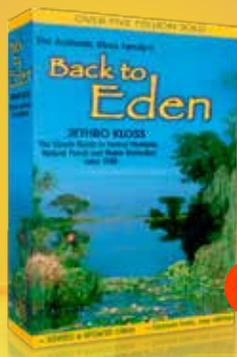


**\$16.95**

### Charcoal Remedies

by John Dinsley

*The Complete Handbook of Medicinal Charcoal and Its Applications for First Aid, Parents and Doctors, Homes and Gardens, Pets and Livestock, The Environment* Charcoal Remedies is the ultimate guide to medicinal charcoal. Learn the history, science, and practical applications of medicinal charcoal in hospitals and homes, for people and for pets. Find out when and how to give activated charcoal internally, and when and how to apply it externally for a broad range of health conditions. (304 pages)



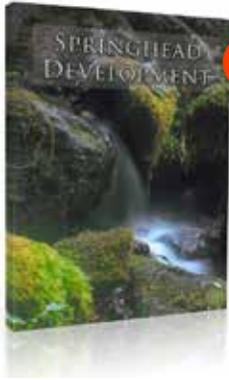
**\$11.00**

### Back to Eden

by Jethro Kloss

Now in its expanded, updated revised edition with a new index to make the book easier to use, this is the original classic text (with more than 4 million copies sold) that helped create the natural foods industry. It remains today one of the major texts on herbs, natural diet and lifestyle and wholistic health. (886 pages)

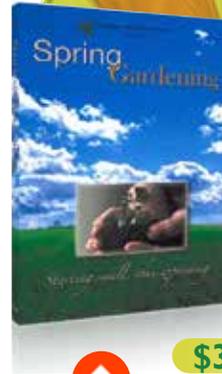
# DVDs on SPROUTING/GARDENING



## Jorgensen - Springhead Development (DVD)

A spring-fed gravity flow water system is the ultimate reliable, independent water system. Those who have a year-round springhead on their property should seriously consider tapping into it as their water source. Bob Jorgensen explains how. (69 min)

**\$20.00**



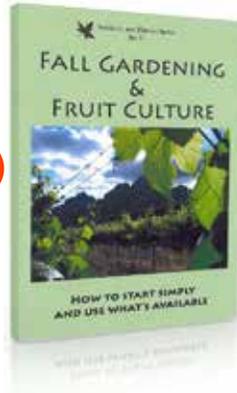
**\$30.00**

## Jorgensen - Fall Gardening (3 DVD Set)

Ever wanted to know the science behind the garden? In this presentation, Bob Jorgensen shares insights he has learned over many years from the Master Gardener. (6 hrs total)



**\$30.00**



## Jorgensen - Spring Gardening (3 DVD Set)

Bob Jorgensen gives helpful advice on crucial gardening aspects such as preparing the ground for planting, caring for your crops, and even building and maintaining a successful compost bin. (6 hrs total)



## Hoag - Planting by the Blueprint (DVD)

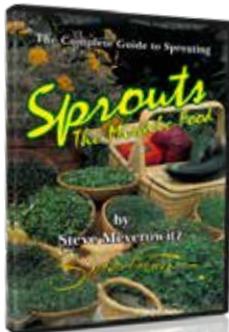
Ever wondered if there is a better way to plant your fruit trees? Wonder no more. Master gardener Lynn Hoag demonstrates, step-by-step, a tried and true method that has yielded bountiful results (DVD). (52 min)



**\$20.00**



# BOOKS on SPROUTING/GARDENING by Meyerowitz



## Sprouts the Miracle Food (Book)

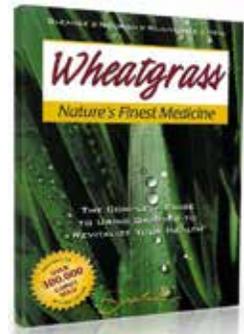
Let the Sproutman, Steve Meyerowitz, show you the joys of indoor organic gardening. Learn how to grow delicious baby greens and mini-vegetables—just one week from seed to salad. (224 pages)

**\$13.00**

Check our online store for updated and complete product listing

## Wheatgrass Nature's Finest Medicine (Book)

Wheatgrass. The earth is covered with it. Four of the world's top five crops come from it. Muscular one-ton animals sustain themselves on it and science has found every nutrient in it. Could it be that the planet's most ubiquitous vegetation is also its finest medicine? One of nature's best kept secrets may be right under our feet! This book is a complete guide to using grass foods and includes everything you need to know about the wonder plant and its miracle cures. (264 pages).



**\$15.00**





## Easy SPROUTING Equipment & Accessories

### EASYGREEN Microfarm Automatic Sprouter

**EasyGreen®**

Turn It On, Tune It Out!  
It's That Easy!



Dim: 24"L x 18"W x 9"D



Comes with 1 large tray and 5 cartridges



 **\$259.00** CDN + S/H

**\$229.00** US

*free shipping, US residents only*

Take the mess and hassle out of sprouting with the EasyGreen Mikrofarm sprouter—the newest design for starting virtually every sproutable seed. Just add water and seeds! Then, let the machine take over.

#### Features:

- Grow wheatgrass and sprouts automatically
- Unique Automatic Disinfecting cycle
- Adjustable for variety of climate conditions
- Harvest daily a variety of exotic, fresh, organic greens at home
- Using 96 activation timer makes it easy to adjust your machine for a variety of climate conditons

### A.Vogel® bioSnacky Original Seed Sprouter



#### 3-Tier Germinator

Thanks to bioSnacky® germinators, growing sprouts and herbs at home is fun and easy. In the modest little bioSnacky, seeds quickly grow into fresh shoots and sprouts that provide both food and vitality, and taste delicious. The 3-tier germinator allows you to grow three types of seeds simultaneously, giving you a variety of delicious fresh sprouts to enjoy.



**\$31.95** + S/H

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It is never too late to start a healthy lifestyle!

Are you worried about your drinking water?  
Consider getting an **Ionizer**.

## JUPITER/IONWAYS IONIZERS

### > Some Facts about Jupiter/Ionways Ionizers

#### Electrode Technology

Jupiter offers you the absolute zenith of cutting-edge electrode technology. It employs the **new mesh electrode**, which effectively increases surface area. The electrodes are now covered in a super-fine mesh with very distinct high points and valleys and are electro-plated platinum, providing the **highest level of conductivity and durability**. The proven durability of electro-plated platinum electrodes ensures you get the **strongest antioxidant power (-ORP)**, year in and year out.

#### Durability: Built to last

An ionizer is an investment and we know you want your investment to last. The electrodes are the crucial component in your ionizer. All other units on the market clean by a reverse polarity, which still allows some scale buildup to decrease the efficiency of the electrode. Jupiter offers the **patented new DARC System (Double Automatic Reverse Cleaning) to eliminate mineral scaling** from the electrodes, ensuring you will have many long years of healthy water.

The DARC system also **cleans as you ionize**, so you never have to wait for a cleaning cycle to complete. You never have to give cleaning a thought!

#### Biostone Plus Water Filter

All Jupiter/Ionways Ionizers use the patented **Biostone Plus Water Filter with 0.1 micron water filtration**. The biostone filtration represents the state of the art in water filtration today. The new Biostone Plus filter removes chlorine, bad taste, giardia and other microorganisms, heavy metals, and other contaminants. The "Plus" refers to the recent re-engineering of the filter to **additionally remove chloramines (cancer causing by-products of chlorination)**. In the new Biostone filter is a band of coral calcium. The calcium bonds with the active fluoride to create a non-reactive and safe calcium fluoride. The filter's activated carbon is embedded (impregnated)

with silver to prevent bacterial growth without leaching silver into your drinking water. Lifespan is 8-12 months for the Standard Biostone, depending on your water source and frequency of use. For example, if your tap water contains between 0.4 and 1.0 ppm of chlorine, a water filter can last 12-16 months for 1 person's use. If greater than 1.0 ppm, the water filter may last 9-12 months. A family of 3 on a typical North American municipal water supply will use a water filter every 12 months.

**A LED indicator on the front panel** gives an approximate indication of remaining water filter life. By changing your water filter at regular intervals, you are assured of the inner hygiene of the filter.

#### Warranty Information:

The Limited Lifetime Warranty covers the original purchaser for life on all parts and 100% of labor costs in the first 5 years. After the first five years, the purchaser is responsible for any labor costs (billed at \$60/hr) to a maximum of \$199 per occurrence. Average repair time is less than 1 hour. Shipping costs are covered for 1 year, and then return shipping for up to 5 years from date of purchase. Thereafter, the purchaser is responsible for all shipping. Items that have not been assigned an RMA number ("return authorization") will not be accepted. The warranty begins as of date of purchase.

#### Well Water Information:

Water ionizers can be used with most well water. The two most common problems found in well water are hydrogen sulfide (rotten egg, sulfur smell), and high iron content. Both of these conditions can often be remedied by proper pre-filtration. **If you have a well, please call us first, preferably with a copy of your well's water analysis.**

Call 1-888-856-9472 for more information.



# JUPITER - MELODY Water Ionizer

**>** Jupiter Science's Melody water ionizer gives you full control of the water you drink while enhancing flavor and health. Computer circuitry and a built-in cleaning system ensures that your Melody ionizer will have a long, trouble free life.

## Integrated Computer Circuitry Computer

With the Melody ionizer, you are not restricted by the pH of your incoming water, but can adjust to the optimal pH for your own needs. Computer circuitry also allows hot water and low pressure protection.

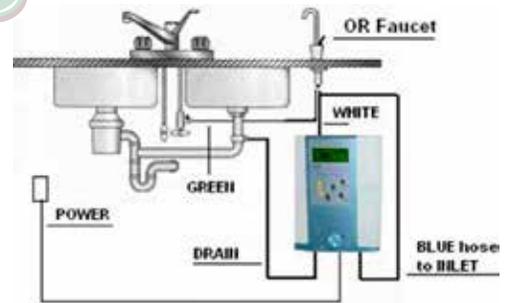
**You are alerted by voice confirmation** to any change of pH. This safety feature can also be reduced in volume or turned off once you have learned how to use the ionizer properly.

## Minutes to install

- Optional Under-sink Conversion Kit: First model to always give alkaline water—even when cleaning! No other brands have this patented feature.
- Lifetime warranty on all parts (even plates) and lifetime limited warranty on labor.
- Four levels of alkaline water. Four levels of acid water.
- 5-plate polymer ion-plated, platinum coated, titanium ionizing plates with estimated life of 20 years (latest Japanese university technology).
- Stainless steel output spout.
- Integrated MICOM computer circuitry throughout.
- 9 levels of pH to choose from, giving it an extremely broad range of 3.8 (acid) to 11.0 (alkaline), through the on-board MICOM Computer.
- Voice confirmation every time you choose another output pH.
- Optional ability to connect direct to main water pipes and operate under municipal water pressure.
- LCD shows filter use and pH levels, and includes hot water and low flow alarms.



 /  **\$1695.00** + S/H



<b>Input voltage</b>	110V or 220V AC (please specify if you require 220V)
<b>Power Consumption</b>	110 W
<b>Weight</b>	12lbs. (5.5 kg)
<b>Dimensions</b>	26.5 x 14.5 x 33 cm (10.5 x 5.5 x 13 in.)
<b>Output flow</b>	.8 gal./min (3 liters/min)
<b>Electrode materials</b>	Platinum-coated titanium
<b>Filter life</b>	8-12 months
<b>Temperature control</b>	Auto-Shutoff
<b>Test Kit</b>	pH test kit included

## Uses for Alkaline Water:

- Balance body pH
- Reduce acidosis
- Increased energy
- Help dissolve urea stones
- Cooked foods taste better
- Reverse aging
- Helps digestive problems
- Preventative health measure
- May regulate blood pressure

## Uses for Acidic Water:

- Extends the life of cut flowers
- Promotes plant growth
- Excellent hair rinse
- Reduces acne
- Complexion enhancement
- Relieves athlete's foot, eczema
- Mouth wash
- Wounds heal faster
- Soothes dry, itchy skin
- Sterilizes burns or heat rash



# JUPITER - DELPHI The First Full Featured Undersink Water Ionizer



◀ This premium under-the-counter ionizer is for those who demand the absolute best. The Delphi's contemporary design and cutting edge technology set it apart from any other ionizer available today.

### The Delphi is two components in one:

- At your sink or on your counter a beautiful Euro-styled remote-controlled **faucet**, with spouts for both alkaline water (for drinking and cooking) and acid water. With this sleek and elegant faucet, you control operation and settings with just a tap of your finger on the touch pad.
- Under the sink and completely out of sight, a powerful ionizer unit with the very latest Jupiter technology.

### The Delphi comes with:

- A Lifetime warranty and installation kit.
- Voice Confirmation.
- Mesh technology.
- Auto cleaning with reversible chamber.

### Specifications

Input voltage	AC 120V / 220V / 240V
Input Electricity	0.38 A (80W)
Weight	8.5 kg (18.5 lb)
Dimensions	24.5x13x33cm (9.6x5x13in.)
Inflow water pressure	0.7-5 kg/cm2
Inflow water temp.	5-30° C
Electrode materials	Platinum / Titanium
Filter life	5-6 months at 20 liters/day
Temperature sensor	Auto-shutoff

*US residents only*

🇨🇦 **\$2895.00 CDN** + S/H

🇺🇸 **\$2745.00 US** + S/H

# JUPITER - ATHENA Water Ionizer



◀ The Athena represents the best of performance, features, functionality, and modern styling available in a countertop water ionizer today—all backed by the dependability and certainty of Jupiter/Emco Tech, the world leader in ionization.

### Filtration

The Athena is the only Jupiter ionizer that offers on-board dual filtration capability. It cleans your water to be 99.9% contaminant free. The Athena incorporates a pre-filter and the revolutionary Biostone filtration system. The pre-filter makes the Athena the only ionizer that gives you the ability to quickly and easily add a specialty cartridge to your system—onboard! There are no filter housings to hook up or difficult connections to make. If you have a Reverse Osmosis (RO) system or a unique filtration requirement, such as needing to remove lead or arsenic, you can order and install these specialty cartridges directly into your ionizer.

### The Athena can be installed three different ways :

1. At your sink with a diverter from the tap.
2. At your sink plumbed directly to your cold water line.  
There is no diverter and you can operate the Athena while running the hot water out of your tap.
3. Undersink completely out of sight with a small dedicated faucet (optional undersink kit required).

### Specifications

Input Electricity	110V or 220V, 0.5 A (110 watts)
Weight	15.9 lb
Dimensions	13x10.5x5.75 in.
Applicable Water Temp.	41-86°F / 5-30°C
Operation Type	One touch: Automatic ionization start
Output	3 litres per minute
Cleaning	DARC: patented self-cleaning
Electrodes	Platinum-Titanium

It employs the new mesh electrode, which effectively increases surface area. Don't be fooled by other manufacturers who claim that a large plate size is vital to ionization. Effective conductivity is the key.

### Protective features

- Low Pressure Alarm
- Temperature Shutdown
- Electrical Protection
- Hot Water Alarm

### Convenient User-Friendly Features

- Voice Confirmation
- Alkaline and Acidic level indicators
- Dual-Filter Life Indicator
- Change Filter Reminder
- pH test kit
- Installation DVD and Kit

🇨🇦 / 🇺🇸  
**\$2295.00** + S/H

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# BIOSTONE PLUS FILTER (ION LIFE)



We are proud to offer you our new and improved biostone plus filter. Our new chlorine and chloramines filter, made of superior NSF-certified ingredients is designed to replace the internal filter inside of your ionizer—as well as removing harmful oxidants, it is also helpful in removing heavy metals, and improving taste and odor.

These filters are good for approximately 3000 gallons of great tasting, healthy water.



**\$98.95 CDN** + S/H



**\$98.95 US** + S/H



Check our online store for updated and complete product listing

# DOUBLE-SPOUTED FAUCET UNDERSINK KIT (Patent Pending)



We are proud to introduce a single control, double spouted and vented faucet for water ionizers. This configuration allows for full access to the acidic water produced by the ionizer, and installation is a snap.

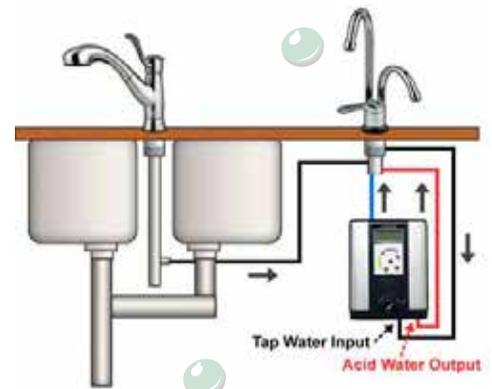
With acid water access and a vented, double-spouted faucet, our faucet undersink kit is the perfect solution to your water ionizer problems. The kit comes with everything necessary for quick and easy installation. Colors and finishes available include polished chrome, brushed chrome, brushed nickel, brass, and white. The kit has no electric controls so access to the ionizer under the counter is still needed to change pH settings, adjust flow rate or check filter life indicator. This kit is a perfect fit for the Jupiter Melody water ionizer.



**\$199.95 CDN** + S/H



**\$199.95 US** + S/H



HYDRATION

# AOK Alkaline Water Pitcher

AOK Alkaline Water Pitcher converts regular tap water into alkaline and ionized water. It comes with a year supply of filters.



**\$74.95** + S/H

**Item Capacity:** 2 Liters of filtered water (total capacity 3.5 liters)  
**Material:** Body: foodgrade AS. Lid and handle: ABS.  
**Item Color:** White and blue for selection, other colors can be customized.  
**Weight:** N.W: 1 kg/pcs, G.W:1.2kg/pcs

- Creates a silky-smooth and sweet tasting water.
- Helps filter out chlorine and other contaminants and permanently absorbs metals such as lead and copper.
- Adjusts your water to a level of pH 8.5-10.0. This supports systemic pH balance in your body, helping it function optimally.
- Transforms ordinary tap water into a potent antioxidant with low negative ORP: -100mv to -200mv. By reducing oxidation in your body, the water serves as an anti-aging agent.
- Contains alkalizing minerals that support your natural vitality.

Replacement filters are available for \$54.95 (2pk)



# ANYWATER Portable Alkalizer



AnyWater is the unique portable solution to healthy drinking water. Its central cartridge contains a powerful filter, alkaline minerals, and magnetic media. It filters out chlorine, heavy metals, and bacteria. But that's not all. It also re-mineralizes and ionizes ordinary tap water.

## Features

- Bio-ceramic/carbon filter reduces impurities such as chlorine, heavy metals, and insecticides.
- Eliminates E. Coli, B. Subtilis, S. Aurene.
- Quickly re-mineralizes tap water with alkaline mineral cartridge.
- Fills easily from any tap.
- No landfill waste from discarded store-bought water bottles.
- Replaceable filter/cartridge lasts for 90 days.
- Price includes 1 filter inside the unit and 3 additional filter cartridges to last a full year.
- Compact size (20 fl oz/ 600ml), lightweight—no electricity or tap connection required.
- Silver activated carbon suppresses bacterial growth.
- Activated coral sand increases alkalinity (pH) and imparts a smooth taste.
- Silica sand adds sediment filtration.
- Geolite, somelite, and other minerals increase alkaline trace mineral content.
- Bio-ceramic ball keeps water fresh and flavorful.

 **\$129.95 CDN** + S/H

 **\$124.95 US** + S/H  
*US residents only*

## AnyWater Replacement Filters



Contains:  
3 filters and mineral cartridge packs for the AnyWater portable alkalizer. Enough for 12 months.

 **\$73.00 CDN** + S/H  **\$72.95 US** + S/H



# PH TEST KIT



Test the pH of your drinking water with this handy test kit.

This pH test kit tests the alkalinity or acidity of your water. It includes reagent and a color chart.

 /  **\$12** + S/H

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# FITNESS TRAMPOLINES



## Overview

Old-style mini-trampolines or "rebounders" have been used for many years for a wide variety of workouts, but most are very stiff and uncomfortable to bounce on. Our fitness trampolines employ uniquely formulated elastic cords, which unlike the jarring sensation found with steel-coil spring rebounders, provide a smooth, low-impact bounce that is nearly silent.

Our fitness trampolines give you a total body, low impact workout that is easy on the joints, and tremendously fun. Whether you are looking to get back in shape with fast, high calorie burn, or want to get a little exercise without walking or jogging on a hard surface, our trampolines provide a challenging workout that meets you where you are.

## Benefits of Fitness Trampolines

- Fitness that's fun for everyone!
- Fast, High Calorie Burn - Trim fat and tone your whole body
- Excellent Cardio Routines
- Great Core Exercises
- Detox / Body Cleansing
- Improve your balance & spatial awareness
- Physical Rehab
- Low Impact Workout with a wide variety of exercises
- Exercise at your own convenience



## Model 350



Free Shipping

Canada / USA \$299.00

- Mat Design: Skirt
- Mat Diameter: 32.5"
- Exercise Area: 830 sq. in.
- 6 arched legs
- Max. user weight: 250 lbs
- FlexBounce III
- Endurolast 3 Cords
- 3 year cord warranty
- Lifetime Warranty on frame

## Model 350f (Folding)



Check [amazingdiscoveries.tv](http://amazingdiscoveries.tv) for inspiring videos to help you use fitness trampolines

## Model 370



Free Shipping

Canada / USA \$379.00

- 39" Frame Diameter
- 35.5" Padded Petal Mat
- 6 arched legs
- Max. user weight: 250 lbs
- FlexBounce VII - 7 adjustable tension settings
- 30 count EnduroLast 4 elastic cords
- 4 workouts in 1 Fitness DVD
- 3 year cord warranty
- Lifetime Warranty on frame



Free Shipping

- Easy to fold
- No tools required
- Frame: 39"
- Mat Design: Skirt
- Mat Diameter: 32.5"
- Exercise Area: 830 sq. in.
- FlexBounce III
- 30 Endurolast 3 Cords
- 3 year cord warranty
- 4-in-1 DVD Compilation Included
- Lifetime Warranty on frame

USA \$359.00 US

Available only in US

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# TRIBEST - PERSONAL BLENDER



Blending containers can also be purchased separately



The PB-250 Blending and Grinding Package Includes the following:

- BPA free
- Personal Blender Motor Base
- 1 Blending Blade Assembly
- 1 Grinding Blade Assembly
- 2 16 oz Blending Containers
- 2 8 oz Grinding Containers
- 1 commuter sipping lid
- 3 Regular Lids

Specifications:

- 21.7 [w] x 13.4 [h] x 15.8 [d] in.
- 200 Watt Motor
- Weight: 3.7 lbs.
- Voltage: 110 V (USA, Canada, Mexico)
- Casing: High Impact Polycarbonate
- 1-Year Limited Warranty

🇨🇦 \$105 CDN + S/H

🇺🇸 \$69.95 US + S/H

US residents only

As versatile as it is portable, the Tribest personal blender is compact and smartly designed with high-impact polycarbonate plastic containers for blending, grinding, or serving. You'll use this kitchen tool the most--and wonder how you ever did without it.

## Carrying Container



Take the Personal Blender with you wherever you go! Fits the blender base and three 2 cup (16 fl. oz.) containers so you can take the blender on your travels! Comes with case dividers.



Practical!

🇨🇦 \$17 CDN + S/H

🇺🇸 \$13.95 US + S/H

US residents only

# EXCALIBUR DEHYDRATORS

## OVERVIEW

An Excalibur dehydrator is all you need to make a never-ending supply of wholesome and healthy dried fruits, healthy lunch box snacks, and vegetable dishes! It is the best-selling dehydrator in the world because of its physical design, broad versatility, and reliable performance.

Base Color: black or appliance white. All units come with a black door and black trays. Add \$10 for white model.

Features the Parallex™ drying system for even drying:

- Horizontal airflow for even drying.
- Hyperwave™ Fluctuation Technology : the food temperature stays low enough to keep the enzymes active, and the air temperature gets high enough to dry food fast.
- Adjustable thermostat.
- Removable trays, dishwasher-safe trays.
- Electronics are back-mounted so spills won't bake on.



Free book included!

🇨🇦 \$300 CDN + S/H

🇺🇸 \$250 US + S/H

🇨🇦 \*Note: This product is manufactured in the US. Canadians pay additional shipping charges of \$65 for the 5-Tray and \$79 for the 9-Tray on all shipments to Canada.

🇺🇸 \$300 US + S/H

It is economical; just 8¢ - 11¢ of electricity an hour!



## 5-Tray SMALL GARDEN - Excalibur #3500

The 5-Tray Excalibur dehydrator is great for families, small gardens, or specialty gardens. Contains 5 large trays with 8 sq. ft. of tray area. Perfect for families with small gardens and a few fruit trees. Specifications: 5" fan, 400 watts, Dim. 8-1/2"H x 17"W x 19"D, Shipping Weight: 15 lbs., 10 yrs warranty.

## ParaFlex™ Disposable Non Stick Drying Sheets (36 Sheets)

Packs of 36 Specially designed to fit Excalibur 5 & 9 Tray Models **\$8.00** + S/H

## Excalibur Dehydrator - 9-Tray Large-Excalibur #3900

The 9-tray Excalibur dehydrator is ideal for large families, large gardens, craftspeople, and sportsmen. This dehydrator contains 9 large trays with 15 sq. ft. of tray area, making it the biggest and best dehydrator there is! Specifications: 7" fan, 600 watts, adjustable thermostat, Dimensions: 12 1/2"H x 17"W x 19"D, Shipping Weight: 22 lbs., 10 yrs warranty.

## ParaFlex™ Premium Non Stick Drying Sheets

Super flexible non-stick sheets for fruit leathers, rollups, taffies, flax crackers, and much more. Easy to clean and reusable for years. These non-stick drying sheets are perfect for use in your Excalibur dehydrator. Size: 14" x 14".

**\$11.00** + S/H

Buy 5 or more sheets and price is discounted to \$7.50



It is never too late to start a healthy lifestyle!



# VITA-MIX BLENDERS



## OVERVIEW

It's Truly an Extraordinary Machine!

The Vita-Mix machine has the power to perform a wide variety of food processes with just one machine, faster and more effectively than ordinary kitchen appliances and without a single attachment. And it cleans up in just seconds. Most importantly, the Vita-Mix machine has the power to break open the cell walls of whole foods—that releases added nutrition you simply can't get from chewing alone.

### STANDARD FEATURES (for all 3 models):

- Versatile 64 oz. Wet Blade Eastman™ container and lid.
- Patented tamper for quicker, easier processing.
- Your choice of black, white, or red base with powerful 2+ peak HP motor.

Start your 30-day no-risk in-home trial today and we'll give you FREE Standard Ground Shipping!

### Healthy Whole Food Meals are Quick, Easy, and Delicious!

- Make whole food juice that's full of fiber and flavor in under a minute.
- Cook soup from scratch that's hot, hearty, and satisfying in just 4 minutes.
- Make frozen treats that are full of fruit and low in fat in only 30 seconds.
- Grind fresh whole grains into flour and knead dough for healthy homemade bread in one 5-minute operation.

### FREE SHIPPING!

Orders must be placed directly with Vitamix with code 06-004305 for free shipping. Call: 1-800-848-2649 and ask for Janet (ext. 2316)

KITCHEN AIDS



Essential for every kitchen!

## The Vita-Mix® 5200 or TOTAL NUTRITION CENTER/STANDARD (in Canada)

- Standard Features (as listed) PLUS:
- Getting Started guide and DVD, Whole Food Recipes for Better Living Cookbook.
- Available in white, black, or red.



\$579 CDN



\$449 US

plus applicable taxes



Available in white, black, or red.

## The Vita-Mix® Super 5200 or SUPER PACKAGE (in Canada)

- Standard Features (as listed above) PLUS:
- Compact 32-oz. Dry Blade Tritan™ container and lid for grain grinding.
- Getting Started guide and DVD, Whole Food Recipes for Better Living Cookbook and Whole Grains Cookbook.



\$699 CDN



\$549 US

plus applicable taxes



Available in white, black, or red.

## The Vita-Mix® Deluxe 5200 or DELUXE PACKAGE (in Canada)

- Standard Features (as listed above) PLUS:
- Compact 32 oz. Dry Blade Eastman™ container and lid for grain grinding
- Second 32 oz. Wet Blade Eastman™ container.
- Getting Started guide and DVD, Whole Food Recipes for Better Living, Cookbook and Whole Grains Cookbook, Low Fat/Low Carb Recipe book, Vita-Mix Flexible Cutting Boards, Vita-Mix Spatulas.



\$819 CDN



\$649 US

plus applicable taxes

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# NATURAL REMEDIES

Check our online store for updated and complete product listing



\$25.95



TABLETS - 360 tablets



\$14.95



TABLETS - 130 tablets

## charcoal

Activated Charcoal is a powerful adsorbing agent, capable of attracting and holding many poisons in its incredible surface area. One teaspoon of activated charcoal contains hundreds of feet of surface area in its tiny crevices. Activated charcoal is commonly used to adsorb drugs in overdoses, and in many filtering applications to remove poisons and contaminants. It is also effective in adsorbing gases, however, it does not adsorb nutrients (including salt and vitamins), strong acids or alkali, or petroleum distillates well. Consult professional for specific applications.

## chia seeds

### CHIA SEEDS - 1360 Grams (3 LB)

The Chia seed has the highest and safest combination of Omega-3 fatty acids, antioxidants, fiber, and phytonutrients of any source on the planet. It is non-GMO (Genetically Modified Organism) and pesticide-free!

Mix Chia seeds into yogurt, sprinkle them on cereal in the morning, add to salads, or even add them to your baking. There are many ways to add chia seeds into your daily routine!

1. Help weight loss: Chia seeds are popular for weight loss. They reduce food cravings by preventing some of the food that you eat from getting absorbed into your system. This blockage of calorie absorption makes them a great diet helper.
2. Feel fuller faster: They can also help your diet by making you feel full. This is because they absorb 10 times their weight in water, forming a bulky gel.
3. Hydration for athletes: They are also great for athletes because the "Chia gel" can hydrate the body.
4. Reduce your blood pressure: There's evidence to suggest they can reduce blood pressure.
5. Omega-3: They are the richest plant source of Omega-3 (the vital fats that protect against inflammation – such as arthritis – and heart disease). In fact, they contain more Omega-3 than salmon!
6. Benefits for diabetes: Because Chia seeds slow down how fast our bodies convert carbohydrates into simple sugars, studies indicate they can control blood sugar. This leads scientists to believe Chia seeds may have great benefits for diabetics.
7. Easy to digest: They are easier to digest than flax seeds, and don't need to be ground up.



\$39.99

## grapefruit seed extract

### NutriBiotic: Grapefruit Seed Extract - 100 Tablets

NEW HIGHTER POTENCY! Same beneficial uses as GSE Liquid Extract but in convenient tablet form.

Nutribiotic Grapefruit Seed Extract tablets contain Citricidal®, a natural extract of citrus used by many health care professionals. An excellent infection fighter and nutritional support.

\$17.95



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# HEALING SILVER

Silver compounds have been used medicinally for centuries. Greek and Roman societies stored liquids in silver-lined containers to keep them fresh. American settlers traveling west would put a silver dollar in milk to delay its spoiling. The use of silver as medicine was widespread until World War II when antibiotics became the standard treatment for infections. However, due to overuse, many pathogenic organisms are becoming resistant to antibiotics. Recently, silver has been reintroduced as a **natural alternative to fight bacterial infections** at early stages of illness. Research indicates that silver (with Aqua Sol Technology) is an **effective immune system booster**, discouraging the growth of unwanted invaders, but found harmless against friendly bacteria or flora.



## ◀ Silver Biotics® Mouthwash with Spray Top

(4 oz/118 ml bottle)

Silver Biotics is a fantastic natural way to combat unwanted bacteria, viruses, mold, or fungi. Silver Guard disarms and suffocates these unhealthy and unwanted microbes without harming the body's natural enzymes. Take Silver Biotics to help fight off any bacterial infection.

**\$19.95**

Throw it in your backpack, camping gear, bag, picnic basket, purse, or glove compartment to keep those summertime activities enjoyable. Try on bug bites, sunburns, scrapes and bruises, burns, and even around irritated eyes.

## ASAP Silver Sol Ultimate Skin or Body Care Gel

(4 oz/118 ml)

Numerous studies have already been completed using this product to help alleviate skin and body discomfort and speed natural healing. Two reports have been issued by a large cancer clinic, stating that the product soothes the pain and irritation on burns the patients receive when being treated

with radiation, and the heal times have been exceptionally fast. Two written reports have been received from dentists who use the product in a number of dental applications, including brushing their gums with it to promote healthy gums and teeth. Hundreds of MDs and NDs are currently using the product with their patients, and are reporting exciting results on things like diaper rash, yeast infections, rashes, cuts, bug bites, and sunburns, where the product soothes pain and itch and helps promote natural healing.



**\$19.95**



## ◀ Silver Biotics® Mouthwash Bottle

(16 oz/472 ml bottle)

**\$40.95**

# wheatgrass



## ◀ Dr. Wheatgrass

### DR WHEATGRASS SUPERBALM

Formulated by the world's leading wheatgrass therapist, Dr. Chris Reynolds, SuperBalm counteracts muscle stiffness and other sports-related discomfort. Dr. Wheatgrass SuperBalm is the perfect product for all who are physically active.

Indications: Stiff, uncomfortable muscles; superficial and deep soft tissue massage. Skin

**\$47.00**



## DR WHEATGRASS Antioxidant Recovery Spray

The world's first and only stabilized liquid wheatgrass for oral consumption.

100% Satisfaction Guaranteed! Risk-free, proven recovery agent for various skin conditions such as eczema, molluscum, acne, burns, and cuts.

## ◀ Dr. Wheatgrass

**\$33.00**

all prices are subject to change without notice

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BODY CARE

# CHLORELLA

It is never too late to start a healthy lifestyle!



**\$185.00**

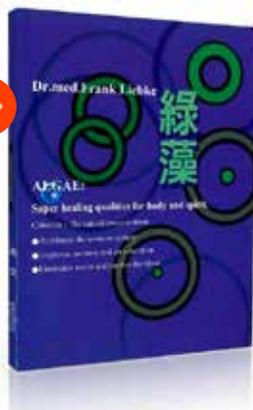
Algae: Super healing qualities for body and spirit  
Chlorella - the natural power nutrient

## Algae: Super Healing Qualities for Body and Spirit

Book by Frank Liebke

This book tells you everything about Chlorella:

- Everything about the unique constituents of Chlorella and their benefits for the organism
- Slimming gently with Chlorella
- How Chlorella protect against poisons
- Chlorella and nicotine
- FAQs about Chlorella
- Toxic substances in my body
- And many other subjects (93 pages)



**\$6.00**



## GreenManna Chlorella

Manufactured in Taiwan, GreenManna Chlorella activates the production of T-Cells, B-Cells, Interferon, and Macrophages.

This box contains 1 kg (2.2 lbs) of Chlorella. There are 4000 tablets of 250mg each. There are 4 sealed zip pouches, each containing 1000 tablets totaling 250 grams (8.8 oz.) each.

These convenient zip pouches can be kept in your vehicle, purse, desk, gym bag, or wherever you do not want to be without your GreenManna.

## What is GreenManna Chlorella?

Chlorella is one of over 23,000 varieties of algae known on our planet. It is a microscopic organism that was not discovered until 1890 by M. W. Beijerinck, a Dutch biologist.

This freshwater algae multiplies vigorously in the presence of intense sunlight. GreenManna Chlorella is a specific type of unicellular green alga, known as Chlorella pyrenoidosa, that has been grown under the strictest sanitary conditions to ensure an uncontaminated, highly nutritious super food. Chlorella pyrenoidosa has a tough cell wall which has the added benefit of binding toxins and safely removing them from the body.

GreenManna Chlorella seems to be good for almost every ailment humanity suffers from. This whole-food product seems to offer relief from a whole host of health issues.

Not only does Chlorella eliminate heavy metals from the body, but it also removes insecticides and pesticides, alcohol, nicotine, and radioactive substances.

## This amazing food product is made up of the following:

- 60% protein (contains all the amino acids known to be essential for nutrition)
- 20% carbohydrates
- 11% lipids
- 9% additional components such as water, fiber, minerals, and vitamins.

GreenManna Chlorella is the highest food source of beta-carotene, iron, calcium, magnesium, manganese, choline, lutein, and vitamins B1, B2, B3, B6, and E. It is also the highest vegetarian source of B5, B12, and zinc.

## GreenManna Chlorella

Zip Pouch of 250 grams (8.8 oz.)



**\$55.00**



excellent source of vitamin B12



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## EUCALYPTUS OIL

This organic oil comes from the central New South Wales region of Australia, a semi-arid area which is home to the richest cineole-bearing Polybractea (blue mallee) variety of eucalyptus. It is extracted using a chemical-free, double distillation process to ensure the highest level of purity. The result is a colorless, mobile liquid with heavenly wood-scented undertones. It blends well with thyme, rosemary, lavender, marjoram, pine, cedar wood and lemon. To qualify as an active agent, eucalyptus oil must contain at least 70% cineole (a major component of camphor-scented essential oils found in eucalyptus leaves).



◀ V-VAX Eucalyptus Oil contains 85% to 90% cineole.

Size: 2 fl oz (59.1 ml) Pump spray bottle.

**\$13.00**



*Amazing Health cannot accept responsibility for adverse outcomes that may result from personal application of these products. Consult your doctor or health practitioner to ensure this supplement does not interfere with any of your underlying health conditions.*

## Rose Hip Seed Oil

Rose hip seed oil contains Vitamin A, which helps to delay the effects of skin aging, assists with cell regeneration, promotes collagen, and increases elastin levels. This results in firmer, smoother, and more youthful skin with greater elasticity. Rose hip seed oil also contains a high amount of essential fatty acids and Vitamin E, which further promotes healthy skin. It is rich in linoleic acids, which are important skin nutrients.

Rose hip oil may help the following skin problems:

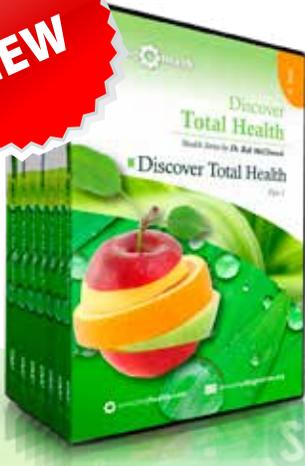
- Stretch marks
- Scars from surgery, burns, and acne
- Eczema
- Psoriasis
- Wrinkles and premature skin aging
- Hyper-pigmentation
- Dermatitis
- Burns, including radiation and sunburns
- Age spots
- Brittle nails
- Dry and damaged hair
- UV damage from overexposure to the sun

Size: 2 oz/59mL Vial with dropper.



**\$17.00**





# Discover Total Health



Featured Product (listed on page 7):

*Health Series by Dr. Rob McClintock*

**7-Part Set:** **\$74.00** **Singles:** **\$14.00**



**361 - Diabetes - It Can Kill You**  
Diabetes has been called a silent killer. Over 200 million people in the world suffer from this disease, and millions of dollars are spent treating diabetes. As Dr. Rob McClintock explains in this lecture, however, he believes diabetes is preventable and shares how and why.



**362 - Osteoporosis**  
Dr. Rob McClintock explains that osteoporosis is not a necessary disease but one that is preventable and treatable with the proper exercise and diet - including cutting out dairy. He explains the plain facts about osteoporosis, discussing how prevalent it is, who gets it, why they get it, and how they can prevent it.



**363 - Cardiovascular Diseases**  
Naturopathic doctor, Dr. Rob McClintock brings his medical expertise and research to the subject of cardiovascular disease. Watch this lecture to learn steps on how to prevent heart disease and actions you can take to reverse it.



**364 - Alcohol - Are You Sure You Wanna Drink?**  
In this lecture, Dr. Rob McClintock tells the truth and exposes deceptions about alcohol. Among other things, he discusses how alcohol affects pregnancy as well as the startling link between alcohol and crime.



**365 - Autoimmune Diseases - Curing My Multiple Sclerosis**  
In this engaging lecture, Dr. Rob McClintock speaks about autoimmune diseases, of which there are over 100 - including rheumatoid arthritis, lupus, and multiple sclerosis. Dr. McClintock's interest in this area arose from his own experience with MS over twenty years ago. Since overcoming the disease, he shares his valuable insights about the cause and prevention of autoimmune diseases to audiences worldwide.



**366 - Discover Total Health - part 1 of 2**  
Not many people think about their immune system until something goes wrong, but it is important to take care of this important bodily mechanism on a regular basis so you are not just fighting disease, but helping to prevent it in the first place.



**367 - Discover Total Health - part 2 of 2**



### About Dr. McClintock:

Dr. McClintock is a naturopathic doctor from Idaho who specializes in treating autoimmune diseases. He travels the world giving presentations about how the average person can prevent diseases and live longer, healthier lives. His interest in health began when he lost his own health to multiple sclerosis over 20 years ago, and overcame this debilitating illness with the information he now shares with audiences worldwide. He has a health ministry called "Healing Leaves" based in Priest River, Idaho.



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