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Part II



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Worship: The Last
Great Contest

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From the Editor

Dear Reader:

With this issue, we introduce a new design for our monthly newsletter in the hopes that the new look will be refreshing and more reader-friendly to our subscribers. But although our look has changed, we have not changed our focus. Our focus continues to be the unveiling of deception and the call to preparation for a soon-coming Lord. In this issue, we focus on the issue of worship with a look at how our past-times can interfere with our worship of God. In addition, we take a look at natural healing without drugs, and the seemingly national epidemic of obesity in North America. As you read the articles this quarter, we pray that you will find helpful information and motivation to follow God more closely in all things.

Blessings, The Editor



TRANSLATIONS:

One of our top priorities this year has been getting the Total Onslaught translated into several languages. Here is an update on our progress:

Spanish - ready and in production
Portuguese - voice over half completed (awaiting funding)
Russian - one third complete (awaiting funding)
Romanian - ready with subtitles (awaiting funding)
French - (awaiting funding)

INTERNET STREAMING:

This project started in May 2008 and has been heavy on our hearts. We want to release our material so everyone is able to view it on their computers.

REKINDLING THE REFORMATION: see page 17

EVIDENCE PROJECT: see page 17

Please consider helping with these projects.

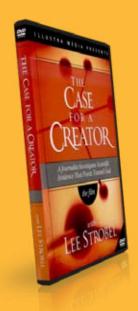


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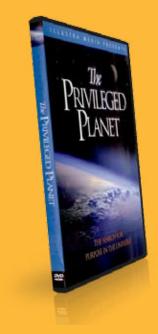
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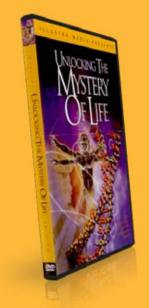


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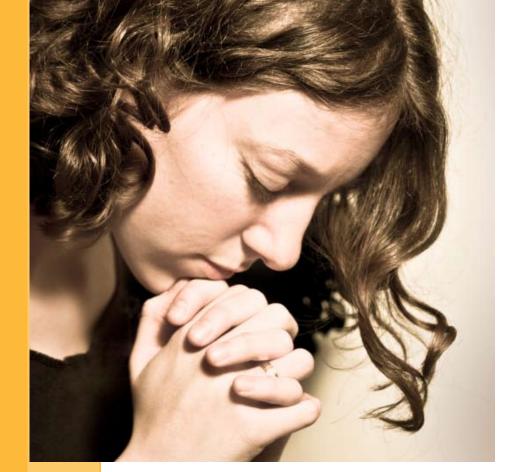


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Last Great Contest



Worship

by Nettie Gill

THERE IS REAL CONTROVERSY IN OUR church over the subject of worship. We hear rumblings of how we need to be more relevant in our style of worship, that we must do all we can attract and keep our youth by having a style worship that will appeal to them. We are told that



of

if we cater to the unconverted, we will draw them by the type of worship service that will make them feel comfortable.

The subject of worship in the Bible begins with Genesis and ends in Revelation. Actually, the subject of whom to worship was contested in heaven, when Lucifer desired to be like the Most High! After his fall, Lucifer continued his controversy here on earth.

The definition of worship from the American Heritage Dictionary states: "The reverent love and allegiance accorded a deity, idol, or sacred object. A set of ceremonies, prayers, or other religious forms by which this love is expressed. Ardent, humble devotion."

Lucifer coveted the worship and adoration of the angels and then of the created beings on this earth as well as the other planets. He indulged in the desire for self exaltation. *Ezekiel 28:7* tells us that his heart was lifted up because of his beauty and his brightness. We are also told that he said in his heart, "... I will exalt my throne above the stars of GodI will be like the Most

High." Isaiah 14:13, 14; Patriarchs and Prophets, p. 36 says that, "Instead of seeking to make God supreme in the affections and allegiance of all created beings, it was his endeavor to secure their service and loyalty to himself." This continues to be his aim and goal even after losing the war in heaven and being cast down to this earth.

We see Satan's continued desire for supremacy and

reverence by his attack on Adam and Eve in the garden of Eden. By partaking of the fruit of the tree of knowledge of good and evil, Adam and Eve fell and forever placed mankind in an environment where Satan could tempt and harass them. For six thousand years the struggle has continued. There are only two sides to choose from, now, just as there were then. Whom will we reverence and worship - our Creator God or the imposter, Satan?

The people in Noah's day also faced the challenge of deciding whom they would yield their allegiance to. "Men put God out of their knowledge and worshiped the creatures of their own imagination; and as the result, they became more and more debased." *Patriarchs and Prophets*, p. 91. Because the people chose not to worship the Creator God,

they suffered the destruction of all but Noah and his family on earth by the flood that God sent.

The Bible is full of examples of people having to make the choice as to whom they would worship and obey. There is Abraham who made the choice to worship the Creator God rather than the gods of the nations around him. Abraham was instructed



to move away from his kindred to a place that God would show him. The Bible tells us that Abraham went, not knowing where he was going. God knew that for Abraham to remain in his home environment would be too great a risk for him. Perhaps there is a lesson here for us to learn.

You will recall the story of the prophet Daniel's faithfulness to the worship of God - even though it took him to the lion's den. Then there were his three friends who faced the fiery furnace because of their decision to worship God alone and not the image on the plains of Dura. The story of Elijah on Mount Carmel also speaks to us of the importance of making the right choice as to whom we will worship. All through the history of the Bible, men and women have been faced with this decision.

There is however, one particular Bible story that I find very intriguing. This is the story of the children of Israel just before they reached the Promised Land and were preparing to enter in. Israel was camped in a beautiful plain, surrounded by tropical plants and beautiful trees. The climate was ideal and the children of Israel found this to be an agreeable retreat while they waited

for Moses, who was busy preparing for the occupation of Canaan. Idle time is not conducive to spiritual growth and this was the case with the children of Israel. They were in a condition of outward ease and indulgence. In addition, they neglected prayer and cherished a spirit of self-confidence.

On every side of this plain, with its attractive surroundings, were places noted for idolatry and

licentiousness. These surroundings, which at first were repugnant to the Israelites, soon exerted a polluting influence on them. Their minds and eyes became familiar with the vile and the idolatrous. Slowly they were departing from God. At first, the Israelites had little to do with their Midian neighbors. But soon the Midianite women began making visits to the camp.

Balaam, a man the Israelites considered to be a prophet of God, also made friendly overtures to God's people. He had been appointed by the king of Moab to induce the Israelites to attend a grand festival in honor of their gods. Balaam had little difficulty in persuading the Israelites to come and join in the festive occasion. Great numbers of the people joined him in witnessing the celebration.

When they ventured on Satan's territory, they became ensnared by his devices.

It didn't take much to cause the people of God to cast off their allegiance to Jehovah. The music, dancing, feasting, drinking of wine, and beautiful women soon had them infatuated. The Spirit of Prophecy tells us that the rulers and the leading men of Israel were among the first to transgress. They led the way for multitudes to apostatize and join themselves to the worship of Baal.

By the time Moses realized what was happening to God's people, many of them were beginning to observe the heathen rites right in the camp of Israel. The aged leader was filled with indignation and God's wrath was poured out by a terrible pestilence that broke out in the camp, killing tens of thousands of the guilty people.

"Now all these things happened unto them for ensamples: and they are written for our admonition, upon whom the ends of the world are come. Wherefore let him that thinketh he standeth take heed lest he fall."

1 Corinthians 10:11, 12

"As we approach the close of time, as the people of God stand upon the borders of the heavenly Canaan, Satan will, as of old, redouble his efforts to prevent them from entering the goodly land. He lays his snares for every soul. It is not the ignorant and the uncultured merely that need to be guarded; he will prepare his temptations for those in the highest positions, in the most holy office; if he can lead them to pollute their souls, he can, through them, destroy many. And he employs the same agents now as he employed three thousand years ago. By worldly friendships,

by the charms of beauty, by pleasure seeking, mirth, feasting, or the wine cup, he tempts to the violation of the seventh commandment – 'Thou shalt not commit adultery.'" *Patriarchs and Prophets*, p. 458.

Do you think that something of this nature might be happening to our people today? Let's just look at this story for a minute. What was it that caused the children of Israel to fall



so easily into apostasy? There are a number of points that we need to consider:

- 1. The fact that they were enjoying leisure time and were not spending time in spiritual renewal and prayer.
- 2. They were gradually enticed to sin. Sin was all around them and they became so familiar with it that it didn't seem so sinful to them after a while.
- 3. They came to enjoy the Moabite music, their feasting, and, finally, their mode of idol worship.
- 4. The leaders were instrumental in causing many to think that there would be nothing wrong with fraternizing

with the heathen around them. After all, "we mustn't think we are better than they are! Else, how can we expect to win them to the 'truth'?"

The Spirit of Prophecy makes it very plain that Israel of old is the type of the modern church of God – the Seventh-day Adventist church. The experiences that they went through can be seen in our church's history. Are we now experiencing the apostasy at the Jordan?

Pages 457, 458 of Patriarchs and Prophets tells us: "As we approach the close of time, as the people of God stand upon the borders of the heavenly Canaan, Satan will, as of old, redouble his efforts to prevent them from entering the goodly land. He lays his snares for every soul. It is not the ignorant and uncultured merely that need to be guarded; he will prepare his temptations for those in the highest positions, in the most holy office; if he can lead them to pollute their souls, he can through them destroy many. And he employs the same agents now as he employed three thousand years ago. By worldly friendships, by the charms of beauty, by pleasure seeking, mirth, feasting, or the wine cup, he tempts to the violation of the seventh commandment.

"...Sensual indulgence weakens the mind and debases the soul. The moral and intellectual powers are benumbed and paralyzed by the gratification of the animal propensities; and it is impossible for the slave of passion to realize the sacred obligation of the law of God, to appreciate the atonement, or to place a right value upon the soul..."

She goes on to say: "By beholding we become changed. By the indulgence of impure thoughts, man can so educate his mind that sin which he once loathed will



become pleasant to him.... Satan is using every means to make crime and debasing vice popular. We cannot walk the streets of our cities without encountering flaring notices of crime presented in some novel or to be acted at some theater. The mind is educated to familiarity with sin." Patriarchs and Prophets, p. 459. Then there is the problem of the way people dress and act that we encounter every day. This, also, becomes a means whereby Satan entices man to sin.

On the following page of the same book she says: "Those who would not fall a prey to Satan's devices must guard well the avenues of the soul; they must avoid reading, seeing, or hearing that which will suggest impure thoughts. The mind should not be left to wander at random upon every subject that the adversary of souls may suggest."

Let us take the points that led to Israel's downfall to our modern age.

The Pursuit of Pleasure

Has there ever been a time in earth's history when there has been more time spent in doing what brings us pleasure than now? I believe it is

right for us to take some time to be with our families and to enjoy some relaxation after having exerted ourselves in the work that we do. But never should this be to the exclusion of time spent with God in His word and on our knees. In fact, this should be our first priority every day.

Familiarity with Evil

The children of Israel were enticed to sin by watching and seeing the evil on every side. Satan has now made such advances in this day and age that we do not need to leave our home in order to see and hear evil. Now he has brought the evil into our homes. No one needs even to know what we are indulging ourselves with. Television has bridged the gap.

Satan was very cunning in how he brought the evil into our homes. To begin with, the programs that were displayed were "innocent" and captivating. Then gradually, the programs became more violent and sensual. The ads also began with innocence. Now there is hardly a program that one as a Christian can watch and know that it would be approved of heaven. Watching the news is also alarming. The ads

that are put in between the news items and meant to attract and captivate the individual are not fit for Christians to see. Even the news items themselves are so graphic, that man has become hardened to scenes of violence and crime. This is just how Satan would have it to be.

Then there are the violent and often demonic games that nearly every home has. Our children play these games by the hour, never realizing that Satan is stealing the march on their souls. All of this is causing us to find the study of God's word boring and uninteresting. And yet, when one feeds their soul on the word of God and communes with Him, the "things of this world will grow strangely dim, in the light of His glory and grace!" It all depends on whom we will worship!

When we pray, we should ask God to help us instantly recognize what Satan is suggesting so we can resist the thought, or take our eyes away from seeing evil. How often after one has seen an immoral suggestion by book, television, or real life, Satan plays that scene over and over again in our minds trying to break us down so that we will fall when the

opportunity comes! The admonition to "Guard well the avenues of the soul" should be taken very seriously. Whom do we intend to worship?

Music

Music is a very controversial subject. The music we listen to and participate in will tell whom we worship! Rick Warren, in his book, *The Purpose Driven Life* says: "Worship has nothing to do with the style or volume or speed of a song. God loves all kinds of music because he invented it all — fast and slow, loud and soft, old and new. You probably don't like it all, but God does! If it is offered to God in spirit and truth, it is an act of worship.

"Christians often disagree over the style of music used in worship.... But there is no biblical style! There are no musical notes in the Bible; we don't even have the instruments they used in Bible.

"There is no such thing as 'Christian' music; there are only Christian lyrics. It is the words that make a song sacred, not the tune. There are no spiritual tunes...." P. 65, 66

Compare the above statements with what the inspired writings say about music. In the book, *Selected Messages*, vol 2, p. 36-38, we read: "...The things you have described as taking place in Indiana, the Lord has shown me would take place just before the close of probation. Every uncouth thing will be demonstrated. There will be shouting, with drums, music and dancing. The senses of rational beings will become so confused that they cannot be trusted to make right decisions. And this is called the moving of the Holy Spirit.

"The Holy Spirit never reveals itself in such methods, in such a bedlam of noise. This is an invention of Satan to cover up his ingenious methods for making of none effect the pure, sincere, elevating, ennobling, sanctifying truth for this time. Better never have the worship of God blended with music than to use musical instruments to do the work which last January was represented to me would be brought into our camp meetings. The truth for this time needs nothing of this kind in its work of converting the souls. A bedlam of noise shocks the senses

singing sounds that come along with even Christian Rock only causes one to become insensitive to the sounds and words of worldly rock. Only the words are different.

Alan O'Day (singer, musician and composer) wrote:

"To me, Contemporary Christian music is the station that I tune in on the radio, thinking that I'm hearing secular music because it sounds

God has an adversary who has a plan to delude people in the name of our precious Savior.

and perverts that which if conducted aright might be a blessing. The powers of satanic agencies blend with the din and noise, to have a carnival, and this is termed the Holy Spirit's working.....

"The Holy Spirit has nothing to do with such a confusion of noise and multitude of sounds as passed before me last January. Satan works amid the din and confusion of such music, which, properly conducted, would be a praise and glory to God. He makes its effect like the poison sting of the serpent.... Satan will make music a snare by the way in which it is conducted...."

We are admonished that the character of our music can elevate our thoughts and feelings or degenerate them. See *Testimonies Vol.* 2, p. 322.

I realize that this quote refers to worldly music, but I also believe that it can apply to so-called Christian Rock. Listening to the beat and the grating so hip — until I catch the words and realize the lyric has a slightly different intent. I am happy to see that Christian music is moving into the 20th century, and that in some cases, the distinction between Christian and secular music is being blurred." Contemporary Christian Music Magazine, November 1982.

Richard Harrington, writing in the Washington Post, says that the religious recording industry recognizes the terrific sales potential in pushing more "positive pop" into the churches. He says it is capitalizing on its opportunity to make big sales by fusing current popular musical styles with religious words. (Inside Rock Music by Vance Ferrel, p. 45, 46)

In the book, Why Should the Devil Have all the Good Music? Paul Baker writes: "Christian rock entered the churches – not through Christian musicians who sought to glorify the Lord – but by unsaved, secular rock performers who capitalized on

religious themes." p. 15

"What is today hailed by church administrators, pastors, and youth leaders as a great victory ... is actually a device of the devil to destroy everyone in the churches!

"Rock music, by its very history and what it does in the lives of those who tamper with it, is unholy. To attempt to use it "to glorify God" is blasphemy.... Rock music began as a rebellious sexual style of music. It remains that today. It is offensive to God and to genuine Christians who love Him and seek to obey His Word, the Bible... trying to unite a holy message with the unholy music of the world is an abomination in the eyes of God" Inside Rock Music, p. 46,47.

When you read about the children of Israel joining with the Moabites in their celebration, can you see a parallel in the Christian church of today joining in the worship celebration using the music of the world. We have been warned that this would happen before the second coming of Jesus.

In Dr. Juanita McElwain's book. Demon Possession and Music, she writes: "The same exact rhythms are used...in African and Indian music, in rock music and in music used in meetings of faith healers. The god comes, whenever he is called by anyone using those rhythm.... Does the god come to celebrationtype worship services, when the god's rhythm is played in Christian rock music, even though the people present do not realize they are calling a god? There is quite a strong consensus that the god does come." There are many testimonials of Christian young people who were bound by Satan as they were listening to Christian rock. It has



only been by sincere confession and turning away from listening to this music, asking God to cover them with His precious blood, that victory was gained. In some cases they said it took months of daily prayer and Bible study to regain the Christian experience that they had lost because of the "Christian" music they had been listening to. The question remains, whom will you worship?

I would like to encourage you not to get lost in the apostasy at the Jordan as the children of Israel did.

My primary objective in writing this article was to point people to the dangers that are surrounding us. God has an adversary who has a plan to delude people in the name of our precious Saviour. I want to challenge you to study and pray that you will not be led by the subtlety of Satan. Let the Word of God be your final authority.

Let me close with the admonition that Joshua gave to the children of Israel before his death in Joshua 24:15: "And if it seem evil unto you to serve the Lord, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the Amorites in whose land ve dwell: but as for me and my house, we will serve the Lord."

Pick Your Side: Part II



by Rudy Davis, N.D., M.T.



"MY ATTENTION WAS THEN CALLED TO THE FIRST CASE, that of the father who had lost his wife and two children. The physician was in the sick-room, standing by the bedside of the afflicted daughter. Again he left the room without giving medicine. The father, when alone in the presence of the physician, seemed deeply moved, and inquired, impatiently, "Do you intend to do nothing? Will you leave my only daughter to die?"

"The physician said: 'I have listened to the sad history of the death of your much-loved wife and your two children, and have learned from your own lips that all three died while in the care of physicians, and while taking medicines prescribed and administered by their hands. Medicine has

not saved your loved ones; and as a physician, I solemnly believe that none of them need, or ought to, have died. They could have recovered if they had not been so drugged that nature was enfeebled by abuse, and finally crushed.' He stated decidedly to the agitated father: 'I can not give medicine to your daughter. I shall only seek to assist nature in her efforts, by removing every obstruction, and then leave nature to recover the exhausted energies of the system.' He placed in the father's hand a few directions, which he enjoined him to follow closely: 'Keep the patient free from excitement, and every influence calculated to depress. Her attendants should be cheerful and hopeful. She should have a simple diet, and should be allowed plenty of pure soft water to drink. She should bathe frequently in pure soft water, and this treatment should be followed by gentle rubbing. Let light and air be freely admitted into her room. She must have quiet and undisturbed rest.'

"The father slowly read the prescription, wondered at the few simple directions it contained, and seemed doubtful that any good would result from such simple means.

Said the physician: 'You have had sufficient confidence in my skill to place the life of your

daughter in my hands. Withdraw not your confidence. I will visit your daughter daily, and direct you in the management of her case. Follow my directions with confidence, and I trust in a few weeks to present her to you in a much better condition of health, if not fully restored."

"The father looked sad and doubtful, but submitted to the decision of the physician. He feared that his daughter must die, if she had no medicine." ... ("Drugs and Their Effects" August 15, 1899, Review and Herald)

Today, so many people think that unless they take a drug they can never be healed; as if there was some magical substance in the drug which God forgot to consider when He made mankind; as if He did not see what mankind would be suffering at the end of time. To try and convince people that we do not need drugs to get well, and in fact that drugs will make us sick, is an uphill battle and one which I fight daily. The amount of darkness that surrounds people is immense and thick and clings to its victims with ferocious tenacity.

The Devil knows very well that what we first hear or see is that which we will most likely hold onto; and as a rule, we compare everything else with what we first learned, instead of comparing what we first learned with truth. For

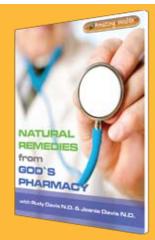


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You Cannot Poison Your Body Into Health

example, if we have been told as a child that the doctor knows best, then that is most likely what we will always believe, even when something which clearly shows that this is not true is presented. I have had people tell me that they did not want to stop taking drugs because their doctor would be upset with them and might not keep them as patients. Some have even told me that they know that chemotherapy is not good for them, but they feel they must continue with it. And guite honestly, I have seen this kind of thinking put a person, who should have lived, in the grave. All the good they did was only counteracted by the extreme poisoning effects of the chemo drugs. The immune system they needed to make them well was annihilated, leaving the body with nothing to defend itself.



I have looked at the bloodwork of someone who had chemotherapy just days before seeing me and their blood looked like a graveyard; all the vitality was gone from the system; the poor soul would stand up and not have enough energy left to do anything else because it took all their energy just to stand up. You cannot poison your body into health.

Our story continues,

"I was brought into the sick-room of the first case, that of the father and his daughter. The daughter was sitting by the side of her father, cheerful and happy. with the glow of health upon her countenance. The father was looking upon her with happy satisfaction, his countenance speaking the gratitude of his heart. that his only child was spared to him. Her physician entered, and after conversing with the father and child for a short time, arose to leave. He addressed the father thus: 'I present to you your daughter restored to health. I gave her no medicine, that I might leave her with an unbroken constitution. Medicine never could have accomplished this. Medicine deranges nature's fine machinery, and breaks down the constitution, and kills, but it never cures. Nature alone possesses restorative powers.

She alone can build up her exhausted energies, and repair the injuries she has received by inattention to her fixed laws.'

"He then asked the father if he was satisfied with his manner of treatment. The happy father expressed his heartfelt gratitude and perfect satisfaction, saying: 'I have learned a lesson I shall never forget. It was painful, yet it is of priceless value. I am now convinced that my wife and children need not have died. Their lives were sacrificed while in the hands of physicians, by their poisonous drugs.' "(Ibid.)

This was a case that was shown to Ellen White by God. In it, I believe ,He was giving us a clear picture of His perfect creation, by how perfectly it heals *itself* when placed under the laws which were made for it. If the body heals itself when placed under the eight natural doctors,

then it only stands to reason that it would only get sick for one of two reasons:

When not following the eight natural doctors OR
 When the Devil is allowed to bring something upon you such as he did to Job.

It takes great patience to allow nature the time to do her work, but she does it wisely and well. We have all been programmed for the quick fix, so we gravitate to whatever seems to work fastest to relieve us from the wrong we have done. In natural healing, there are lessons about repentance that we can all learn from.

Leaving behind the things we have done wrong and turning only to those things that are right is the only way that we can receive healing. What I am talking about here is not an alternative method of healing. It is the only method of healing - true healing; there is no alternative to God's way because He alone knows the end from the beginning therefore His counsel stands amid the myriad of seemingly right healing therapies in our world.

It is written "Remember the former things of old: for I am God, and there is none else; I am God, and there is none like me, Declaring the end from the beginning, and from

ancient times the things that are not yet done, saying, My counsel shall stand, and I will do all my pleasure" *Isaiah* 46:9-10 (KJV)

"There are many ways of practicing the healing art; but there is only one way that Heaven approves. God's remedies are the simple agencies of nature, that will not tax or debilitate the system through their powerful properties. Pure air and water, cleanliness, a proper diet, purity of life, and a firm trust in God, are remedies for the want of which thousands are dying; yet these remedies are going out of date because their skillful use requires work that the people do not appreciate. Fresh air, exercise, pure water, and clean, sweet premises, are within the reach of all, with but little expense; but drugs are expensive, both in the outlay of means, and the effect produced upon the system." Counsels on Diet and Foods p. 301 (Bold emphasis mine)

The *Review and Herald*, had this to say about the use of drugs;

"More deaths have been caused by drug-taking than from all other causes combined. If there was, in the land, one physician in the place of thousands, a vast amount of premature mortality would be prevented. Multitudes of physicians, and multitudes of drugs, have cursed the inhabitants of the earth, and have carried thousands and tens of thousands to untimely graves.

"Indulgence in eating too frequently, and in too large quantities, overtaxes the digestive organs,

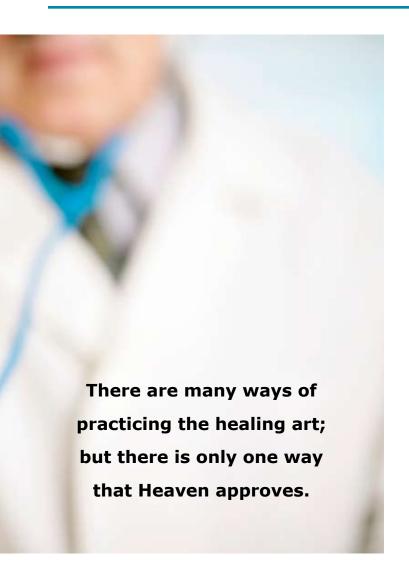




and produces a feverish state of the system. The blood becomes impure, and then diseases of various kinds

occur. A physician is sent for, who prescribes some drug, which gives present relief, but does not cure the disease. It may change the form of disease, but the real evil is increased tenfold. Nature was doing her best to rid the system of an accumulation of impurities; and had she been left to herself, aided by the common blessings of heaven, such as pure air and pure water, a speedy and safe cure would have been effected.

"In such cases, the sufferers can do for themselves that which others can not do as well for them. They should begin to relieve nature of the load they have forced upon her. They should remove the cause by fasting a short time, and giving the stomach time to rest. The feverish state of the system should be reduced by a



careful and understanding application of water. These efforts will help nature in her struggle to free the system of impurities. But generally, the persons who suffer pain become impatient. They are not willing to practise self-denial, and suffer a little from hunger, neither are they willing to wait the slow process of nature to build up the overtaxed energies of the system; but they are determined to obtain relief at once, and so take powerful drugs, prescribed by physicians. Nature was doing her work well, and would have triumphed; but while accomplishing her task, a foreign substance of a poisonous nature was introduced. What a mistake! Abused nature has now two evils to war against instead of one. She leaves the work in which she was engaged, and resolutely takes hold to expel the intruder newly introduced into the system. Nature feels this double draft upon her resources, and becomes enfeebled.

"Drugs never cure disease. They only change its form

and location. Nature alone is the effectual restorer, and how much better can she perform her task if left to herself! But this privilege is seldom allowed her. If crippled nature bears up under the load, and finally accomplishes in a measure her double task, and the patient lives, the credit is given to the physician. But if nature fails in her effort to expel the poison from the system, and the patient dies, it is called a wonderful dispensation of Providence. If the patient had taken a course to relieve overburdened nature in season, and understandingly used pure, soft water, this dispensation of drug mortality might have been wholly averted. The use of water can accomplish but little, if the patient does not realize the necessity of strict attention to his diet.

"When drugs are introduced into the system, they may for a time seem to have a beneficial effect. A change may take place, but the disease is not cured. It will manifest itself in some other form. In nature's efforts to expel the drug from the system, intense suffering is sometimes caused the patient.

"The disease that the drug was given to cure may disappear, but only to reappear in a new form, such as skin diseases, ulcers, painful diseased joints, and sometimes in a more dangerous and deadly form. The liver, heart, and brain are frequently affected by drugs, and often all these organs are burdened with disease; and the unfortunate subjects, if they live, are invalids for life, wearily dragging out a miserable existence. Oh, how much that poisonous drug cost! If it did not cost the life, it cost quite too much. Nature has been crippled in all her efforts. The whole machinery is out of order, and at a future period in life, when these fine works, which have been injured, are to be relied upon to act a more important part in union with all the fine works of nature's machinery, they can not readily and strongly perform their labor, and the whole system

feels the lack. These organs, which should be in a healthy condition, are enfeebled, and the blood becomes impure. Nature keeps struggling, and the patient suffers with different ailments, until there is a sudden break-down, and death follows. More die from the use of drugs than would die from disease, were nature left to do her own work." ("Drugs and Their Effects" August 15, 1899, Review and Herald)

To be continued...



Understanding the Time - Part II



by John Triplett





Lukewarmness. Confusion among the Laity

I t seems that many churchgoers today are not sure what they believe anymore. This according to a recent survey by Pew Forum and Religion and Public Life. I hope we all make a concerted effort to know what we believe. It is a shame that anyone, regardless of their religious background, would not know what they believe. It is even more shameful that people would go to denominational schools and after they graduate, still have not the foggiest idea of what they believe in. If you don't know why you believe something, in reality you don't believe it. If you would like to see the complete article, type this link into your web browser: http://www.christianpost. com/article/20080628/survey-indicates-blandsecularism-among-america-s-religious.htm

Barack Obama, James Dobson, & Joel Osteen

What do these three people have in common? Believe it or not, they have recently been talking theology. I woke Monday morning to find an e-mail from an old friend who had a link to part of a sermon by Joel Osteen. As I watched his sermon, my heart was thrilled about what he said. He described how we, as Christians today, should not be eating unclean foods. You can view the sermon excerpt at: http://www.mydadsrestaurant. com/josteencleanfoodbig.wmv

We should keep this man in prayer. He will undoubtedly receive some heat for this from his evangelical brethren, like Dr. James Dobson. Recently, Dobson was at odds with Democratic Presidential Candidate Barack Obama. He called into question Obama's statements about the Old Testament dietary laws. (http://www.msnbc.msn. com/id/25343812/#storyContinued)

I find it fascinating that Osteen and Obama are preaching in part our health message. Of course, Obama is using

his statements to make a political point, nevertheless, the rocks are indeed crying out.

Pope & Bartholomew Plead for Christian Unity

Pope Benedict the XVI and Ecumenical Patriarch Bartholomew I (leader of 250 million Orthodox Christians) are pleading for Christianity to be unified. The illustrious duo are meeting to end the rift that has separated the two religions, in spite of "key differences." You can read all about the meeting that took place here: http://www.usatoday.com/news/ religion/2008-06-30-vatican-orthodox_N.htm

Gay Marriage Now Legal in California

Homosexuality is very clearly referenced in the Bible. It is not referenced in a favorable light. In fact, God denounces the lifestyle practice. He calls it an abomination. But, in a sense, it is good news that this is taking place. Why? Because Jesus is soon to come, friends! For more information, see this link: http://edition.cnn.com/2008/US/06/16/samesex. marriage/index.html

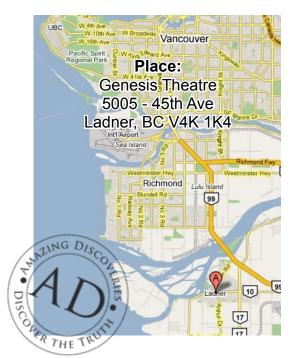
South Carolina Has Special License Plate for Christians

A special licence plate proposal that was rejected by the State of Florida, has been readily accepted by South Carolina. The plate has a picture of a cross and a stained glass window in the background with the words, "I Believe" in the bottom portion of the plate. Some say that this is a violation of the separation of Church and State, so it will be interesting to see if the federal government steps in.

REFORMATION PROJECT

Amazing Discoveries with Prof. Walter Veith will begin production on a new series called *Rekindling the Reformation*. This project will start September 2008 in Canada and continue at an unset date in 2009. The upcoming series will comprise of a 12-part DVD set with focus on past reformation, what it means to us today, and what we can learn for our future.

Make a huge impact in your community by registering your church or other event site as a viewing site for the exciting series *Rekindling The Reformation*. By God's grace the series will be streamed via Internet and possibly broadcasted (3ABN) live starting September 26th through October 5th, 2008. We are working on preparing promotional material and by registering you will have access to all these resources. Please visit the *Rekindling The Reformation* website: www. RekindlingTheReformation.com in order to keep up to date. The internet live streaming can be viewed on the above website as well as at www.amazingdiscoveries.org.



Time: Every evening at 7 PM; Saturdays all day

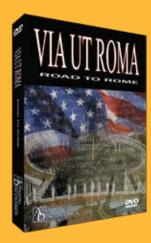
For more details please contact us at info@ amazingdiscoveries.org or call 604-572-9457.

(DVD)

EVIDENCE PROJECT UPDATE

The three part *Evidence* series by Brian Neumann on God's validity, salvation, and current events in view of prophecy, began to unfold in 2007. Through God's grace we have been able to finish the part on prophecy this June. We are pleased to release the first DVD entitled, *Via Ut Roma (Road to Rome)*.

Via Ut Roma (Road to Rome)



DVD **Price: \$25**

plus S/H & Taxes

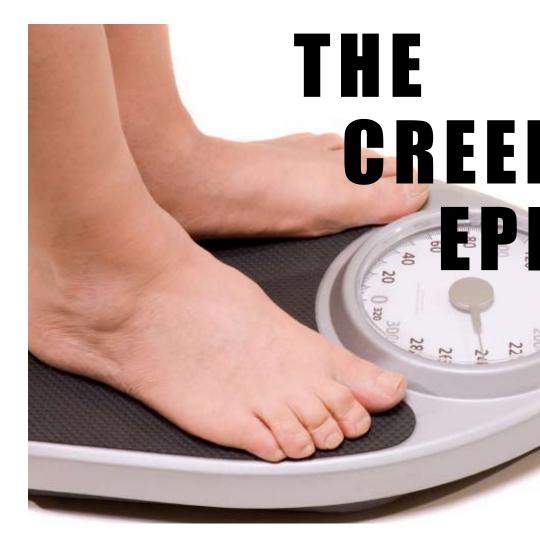
Today, more than ever before, people are alarmed as they observe the restless, strained relations that exist among the nations of this planet. This is a generation that is searching for answers, a generation that wants to know what lies behind the news headlines. Many are starting to wonder if there is some major, unseen, secretive force that is motivating, and perhaps, manipulating unfolding scenes on the global stage.

Call to order: 1-866-572-9457

IF YOU WOULD TRAVEL around the earth, you would quickly notice that the fattest people are North Americans. The average weight of a 5'4" person in the United States is 164 pounds versus 124 pounds for a person of the same height in Asia. It is no wonder then, that obesity is one of North America's leading public health problems. However, an obesity pandemic threatens to engulf the entire world as the poorer countries are quickly learning bad habits.

A body mass index (BMI) chart will help to determine if one is "obese" or "overweight". These charts are freely available through a quick search on the internet. Most official standards indicate that being overweight is having a BMI above twenty-five and being obese is having a BMI over thirty.

It is a fact that two out of three adult North Americans are overweight and one-third of the adult population is obese. What is even sadder is that child obesity rates have about tripled in 15 years. This presents serious problems for them - they are more likely to have behavioral and learning difficulties and the low self worth often established because of their social challenges. can last forever. In addition, they



elevated. Sleep apnea is found in one out of ten obese children. It is a disorder in which you have one one more pauses in breathing or shallow breaths while you sleep, resulting in poor sleep quality and

It is a fact that two out of three adult North Americans are overweight and one-third of the adult population is obese.

are likely to face many medical problems because their cholesterol levels are elevated. Type 2 diabetes is skyrocketing among adolescents and their blood pressures are possible neuro-cognitive problems. These are just a few of the numerous problems found in young obese people that will inevitably follow through into adulthood, causing

lifelong health problems. Proclaimed as our number one health hazard, obesity is becoming an exploding epidemic as more youth than ever are a product of our convenience food society. Today's pre-teens the adults of the future - are on a collision course with early disease and death. The common health risks for overweight and obese adults are also heart disease, high blood pressure, diabetes, cancer, and osteoarthritis. Excess weight sets the stage for nearly every degenerative disease. It is costing North America billions of dollars to house the victims of obesity. So... what is the solution?

A quick-fix fad diet is not the answer, but the solution is rather

PING DEMIC



by Connie Kiefiuk

a whole food, plant-based diet, complemented with a reasonable amount of exercise. The solution is a "life-style" change.

Does it sound too simple? The basic secret to lasting weight loss is to eat generously of high-fiber foods and limiting refined foods and animal products. If you add a daily brisk walk, you can keep away the creeping pounds and even lose those extra ones. Remember that if you eat foods that carry most of their weight as fat, soon you will be doing the same. It is true that losing only 10% of a person's body weight can improve one's health significantly. For example, a 10% weight reduction in men will result in a 20% reduction in coronary heart disease. But a 10%

weight increase would produce a 30% increase in coronary disease.

It is well nigh impossible to lose weight and keep it off without modifying your lifestyle. Diets are only short-term solutions, which is why most dieters regain their lost weight (and then some) within a year. The yo-yo effects of dieting are dangerous because they deplete the body's important body tissues such as muscle and bone. Many people go to extreme measures to lose weight - having their jaws wired, taking a series of shots or pills, having the stomach stapled, getting intestinal bypasses, or checking into a "fat farm". These procedures may produce weight loss for a time, but when people resume their previous lifestyles and eating habits, the pounds come back!

A recent world-wide "obesity" conference that held approximately 2000 scientists and academics agreed that urgent action is needed to address the global epidemic of obesity. Their suggestions were:

- Eliminate governmental agricultural subsidies that lower the price of sugar and fatty foods compared to fruits and vegetables.
- Ban all advertising of junk food to children.
- Educate consumers and politicians about the causes of obesity.
- Re-introduce physical activity into the school curriculum.
- Add nutrition education in schools.

We can all be a voice in our families and our communities and take personal steps to educate and set an example of temperance in eating and lifestyle. If you are having problems with obesity and overweight, try switching to the optimal diet of fruits, vegetables, whole grains and legumes and get into an exercise program. Remember that losing weight can prove to be a lifesaving venture!

Good habits for permanent weight control:

- 1. Eat foods as they are grown which will offer complex carbohydrates that are high in fiber and nutrients but low in calories and contain no cholesterol.
- 2. Eat three meals a day at regular times and never skip breakfast!
- 3. Skip snacks, but if you must have something, have some raw fruit!
- 4. Choose fruit as a dessert after your meal and save the special desserts for special occasions.
- 5. Substitute water for juice and soda pop.
- 6. Do some daily active exercise for at least 30 to 60 minutes.
- 7. Eliminate the consumption of harmful substances such as tobacco, alcohol, caffeine, drugs, etc.

From the Mailbox



There is a national ID Card being issued in America and some of the states are really against it. It says we won't be able to board planes and travel without showing our "papers" or cards. I am very uncomfortable about this and wonder if we aren't supposed to be out of the cities already. It is coming here in Florida under the REAL ID card and uses RFID technology to track citizens. Our Civil Liberties are being slowly taken away after 911 and I don't feel we are talking enough about what is happening, although Walter did a great sermon on exposing the 911 truth. But I can't help but feel as Adventists we are not acknowledging the freedoms that are being ripped away... Do you think we are supposed to be exiting the cities? M.T.

A Dear M., If we can get out of the cities, we should probably strongly think about doing it. If we can't then God will provide at that time. Trust Jesus, stay close to Him, and He will lead you. When the Sunday Law is passed we should definitely get out at that time. A.D.

Dear Editor,

I was very pleased to see the article by Connie Kiefiuk "Have You Had Your Flu Shot?" (Winter 2007) It's so nice to see this info getting out. Also, I really like having the pictures of the Author with the articles. Keep it up. Thanks, S.A.

Dear AD,

Just wanted to thank you for helping me find hope again. God bless. R.D.

Dear AD,

Love you guys. I can't tell you how much I look forward to new lectures every week. These lectures help me so much in building my relationship with the Lord. Please keep up the good work. C.R.

Faith on the Line is a quarterly magazine with the aim of urging Christians to stand up for the truth and to resist error. The title describes the burden of the magazine, which is urging men and women in these last days to keep the faith once delivered to the saints, and to avoid the error which is on every hand. We pray that in times of serious compromise our ministry will be giving you solid information on current issues, trends and separation from the world. Copies are sent to all who request them. Requests should be sent to the addresses below. A suggested minimum donation of \$20 CDN/US or \$30 CDN for International mailouts would be appreciated.

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